



Crisis Resources

These organizations provide services for Suicide Prevention. This listing is provided as information only. Lifering can not and does not check all information and can offer no guarantees that a listed site is as described or that its services will meet the user's needs.

For the United States:

Call the National Suicide Prevention Lifeline at 1-800-273-TALK (8255), a free, 24-hour hotline available to anyone in suicidal crisis or emotional distress. Your call will be routed to the crisis center nearest you.

National Suicide Prevention Lifeline
<http://www.suicidepreventionlifeline.org/>

Suicide.org: Prevention, Awareness, Support
<http://www.suicide.org/index.html>

To Reach Suicide Hotlines State by State or Zip Code
<http://www.suicidepreventionlifeline.org/CrisisCenters/Locator.aspx>

In Canada:

Centre for Suicide Prevention: Canadian Crisis Centers by Province
<http://suicideinfo.ca/>

International:

International Association for Suicide Prevention: Crisis Centers by Continent
http://www.iasp.info/resources/Crisis_Centres/

Suicide.org: Crisis Centers by Continent
<http://suicide.org/index.html>

Suicide.org: Crisis Centers by Country
<http://www.suicide.org/international-suicide-hotlines.html>

Please contact LifeRingChatCoordinator@lifering.org with your feedback based on your experiences.