

Have you attended an in-person mutual help group meeting?



We invite you to participate in an important study funded by the National Institutes of Health to learn more about the nature and effectiveness of LifeRing, SMART Recovery, and Women for Sobriety (WFS). The study will also provide new information on traditional 12-step groups, such as AA.

Earn \$80 in Amazon gift certificates and help advance addiction science by participating in the PAL study

You may be eligible to participate if you:

- Have attended an in-person LifeRing/SMART/WFS/AA/NA meeting within the past 30 days
- Are willing to take an **online survey** and able to read English
- Are over 18 years and a U.S. citizen

To learn more about the study, visit www.thepalstudy.org.

We encourage you to take part in this important study!

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