

# United States LifeRing Meetings

3/21/2018

For additions or changes, please contact the LifeRing Service Center at 1-800-811-4142 or [service@lifering.org](mailto:service@lifering.org)

## LifeRing United States Face-to-Face Meetings

### State: CA

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#### Antioch **Monday 11:00am Kaiser CDRP** 330

*Address:* 3454 Hillcrest Ave., Antioch, CA 94531 USA

*Building/Room:* Rm 2A

*Focus:* How Was Your Week?

*Note:* Does not meet if Kaiser is closed

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://liferingsf.org/>

*Contact:* Bob D.

*Phone:* 925.301.3277

*Email:* [bob00driskell@gmail.com](mailto:bob00driskell@gmail.com)

*Contact:*

*Phone:*

*Email:*

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#### Glen Ellen **Monday 4:15pm Mountain Vista Farm** 47

*Address:* 3020 Warm Springs Rd, Glen Ellen, CA 95442 USA

*Building/Room:* Conference Building

*Focus:* How Was Your Week?

*Note:* Due to the fires this meeting is closed until further notice

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://liferingsr.org>

*Contact:* Dennis S.

*Phone:*

*Email:* [liferingsr@gmail.com](mailto:liferingsr@gmail.com)

*Contact:*

*Phone:*

*Email:*

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#### Sacramento **Monday 4:15pm Strategies for Change South** 337

*Address:* 4343 Williamsborough Drive, Sacramento, CA 95823 USA

*Building/Room:*

*Focus:* Meetings may have a Child Protective Services Orientation

*Note:*

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://www.liferingsacramento.org/>

*Contact:* Strategies for Change South

*Phone:* (916) 395-3552

*Email:* [saclifering@gmail.com](mailto:saclifering@gmail.com)

*Contact:*

*Phone:*

*Email:*

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#### Livermore **Monday 6:00pm Unitarian Universalist Church** 92

*Address:* 1893 N.Vasco Rd., Livermore, CA 94551 USA

*Building/Room:*

*Focus:* How Was Your Week?

*Note:*

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://liferingsf.org/>

*Contact:* Geoffrey L.

*Phone:* 415-845-3799

*Email:* [geoff.lane.phd@gmail.com](mailto:geoff.lane.phd@gmail.com)

*Contact:*

*Phone:*

*Email:*

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#### Fresno **Monday 6:30pm Kaiser Permanente Medical Center** 131

*Address:* 7300 N. Fresno St, Fresno, CA 93720 USA

*Building/Room:* 3rd floor Wawona room

*Focus:* How Was Your Week?

*Note:* Located between Herndon & Alluvial

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://liferingcalifornia.org/>

*Contact:* Jim B.

*Phone:*

*Email:* [jim-bat@pacbell.net](mailto:jim-bat@pacbell.net)

*Contact:*

*Phone:*

*Email:*

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<b>Burlingame</b>	<b>Monday</b>	<b>7:00pm</b>	<b>Mills-Peninsula Hospital</b>	<b>85</b>
<i>Address:</i> 1501 Trousdale Dr., Burlingame, CA 94010 USA				
<i>Building/Room:</i> Bldg B, 1st floor, Rm D				
<i>Focus:</i> How Was Your Week?				
<i>Note:</i>				
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>		
<i>Contact:</i> Christine G.	<i>Phone:</i>	<i>Email:</i> <a href="mailto:christinegamba@live.com">christinegamba@live.com</a>		
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>		
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<b>San Diego</b>	<b>Monday</b>	<b>7:00pm</b>	<b>St Timothy's Episcopal Church</b>	<b>298</b>
<i>Address:</i> 10125 Azuaga St., San Diego, CA 92129 USA				
<i>Building/Room:</i>				
<i>Focus:</i> How Was Your Week?				
<i>Note:</i> Down the breezeway, second door on the left				
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcalifornia.org/">http://liferingcalifornia.org/</a>		
<i>Contact:</i> Greg H.	<i>Phone:</i>	<i>Email:</i> <a href="mailto:lsrgreg@gmail.com">lsrgreg@gmail.com</a>		
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>		
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<b>Union City</b>	<b>Monday</b>	<b>7:00pm</b>	<b>Kaiser Medical Building</b>	<b>166</b>
<i>Address:</i> 3551 Whipple Rd., Union City, CA 94587 USA				
<i>Building/Room:</i> Building B, 3rd Floor, Rooms A & B				
<i>Focus:</i> How Was Your Week?				
<i>Note:</i> Does not meet if Kaiser is closed.				
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>		
<i>Contact:</i> Chris H.	<i>Phone:</i>	<i>Email:</i> <a href="mailto:cshappraisals@gmail.com">cshappraisals@gmail.com</a>		
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>		
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<b>Vacaville</b>	<b>Monday</b>	<b>7:00pm</b>	<b>Kaiser Hospital</b>	<b>358</b>
<i>Address:</i> 1 Quality Dr, Vacaville, CA 95688 USA				
<i>Building/Room:</i> Bldg A, 1st Floor				
<i>Focus:</i> How Was Your Week?				
<i>Note:</i> behind Peets Coffee				
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>		
<i>Contact:</i> Darlene B.	<i>Phone:</i> 707.392-8056	<i>Email:</i> <a href="mailto:lrvacaville@gmail.com">lrvacaville@gmail.com</a>		
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>		
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<b>San Francisco</b>	<b>Monday</b>	<b>7:15pm</b>	<b>Kaiser CDRP</b>	<b>70</b>
<i>Address:</i> 1201 Fillmore St, San Francisco, CA 94115 USA				
<i>Building/Room:</i> Room 5				
<i>Focus:</i> How Was Your Week?				
<i>Note:</i> We do not meet on holidays				
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>		
<i>Contact:</i> Jim V.	<i>Phone:</i> 415.515.0321	<i>Email:</i> <a href="mailto:jimvanover@sbcglobal.net">jimvanover@sbcglobal.net</a>		
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>		
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<b>San Jose</b>	<b>Monday</b>	<b>7:30pm</b>	<b>Kaiser</b>	214
<i>Address:</i> 5755 Cottle Rd., San Jose, CA 95123 USA				
<i>Building/Room:</i> Building #23, Room #3				
<i>Focus:</i> How Was Your Week with introduction to LifeRing included				
<i>Note:</i>				
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>		
<i>Contact:</i> Byron K.	<i>Phone:</i> 925-922-3553	<i>Email:</i> <a href="mailto:byron@lifering.org">byron@lifering.org</a>		
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>		
<b>San Rafael</b>	<b>Monday</b>	<b>7:30pm</b>	<b>Bayside Marin</b>	172
<i>Address:</i> 718 4th St., San Rafael, CA 94901 USA				
<i>Building/Room:</i> Meeting Room				
<i>Focus:</i> How Was Your Week?				
<i>Note:</i>				
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>		
<i>Contact:</i> Bryan C.	<i>Phone:</i> 415.450.5376	<i>Email:</i> <a href="mailto:bcca@chevron.com">bcca@chevron.com</a>		
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>		
<b>Santa Rosa</b>	<b>Monday</b>	<b>7:30pm</b>	<b>UNITARIAN CHURCH</b>	2
<i>Address:</i> 547 Mendocino Ave, Santa Rosa, CA 95401 USA				
<i>Building/Room:</i>				
<i>Focus:</i> How Was Your Week?				
<i>Note:</i>				
<i>Map:</i> <a href="#">Click here for a Google Map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsr.org">http://liferingsr.org</a>		
<i>Contact:</i> GARY W.	<i>Phone:</i> 707-596-8860	<i>Email:</i> <a href="mailto:liferingsr@gmail.com">liferingsr@gmail.com</a>		
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>		
<b>Berkeley</b>	<b>Monday</b>	<b>8:00pm</b>	<b>Herrick Hospital</b>	28
<i>Address:</i> 2001 Dwight Way, Berkeley, CA 94704 USA				
<i>Building/Room:</i> Basement Level A				
<i>Focus:</i> How Was Your Week?				
<i>Note:</i> Follow signs				
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>		
<i>Contact:</i> Bill C.	<i>Phone:</i> 510.548.9111	<i>Email:</i> <a href="mailto:andreegraham@yahoo.com">andreegraham@yahoo.com</a>		
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>		
<b>Sacramento</b>	<b>Monday</b>	<b>9:00am</b>	<b>Strategies for Change North</b>	426
<i>Address:</i> 4441 Auburn Blvd, Ste E, Sacramento, CA 95841 USA				
<i>Building/Room:</i> Conf Room				
<i>Focus:</i>				
<i>Note:</i>				
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://www.liferingsacramento.org/">http://www.liferingsacramento.org/</a>		
<i>Contact:</i> Strategies for Change North	<i>Phone:</i> (916) 473-5764	<i>Email:</i> <a href="mailto:saclifering@gmail.com">saclifering@gmail.com</a>		
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>		

<b>San Francisco</b>	<b>Tuesday</b>	<b>1:00pm</b>	<b>Kaiser CDRP</b>	<b>90</b>
<i>Address:</i> 1201 Fillmore St., San Francisco, CA 94115 USA				
<i>Building/Room:</i> Room 8				
<i>Focus:</i> How Was Your Week?				
<i>Note:</i> We do not meet on holidays				
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>		
<i>Contact:</i> Jim V.	<i>Phone:</i> 415.515.0321	<i>Email:</i> <a href="mailto:jimvanover@sbcglobal.net">jimvanover@sbcglobal.net</a>		
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>		
<b>Vallejo</b>	<b>Tuesday</b>	<b>12:00pm</b>	<b>Kaiser CDRP</b>	<b>110</b>
<i>Address:</i> 800 Sereno Dr., Vallejo, CA 94589 USA				
<i>Building/Room:</i>				
<i>Focus:</i> How Was Your Week?				
<i>Note:</i> Sign @ check-in desk				
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>		
<i>Contact:</i> Darren M.	<i>Phone:</i>	<i>Email:</i> <a href="mailto:dginam@aol.com">dginam@aol.com</a>		
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>		
<b>Sacramento</b>	<b>Tuesday</b>	<b>4:15pm</b>	<b>Strategies for Change South</b>	<b>427</b>
<i>Address:</i> 4343 Williamsborough Drive, Sacramento, CA 95823 USA				
<i>Building/Room:</i>				
<i>Focus:</i> Meetings may have a Child Protective Services Orientation				
<i>Note:</i>				
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://www.liferingsacramento.org/">http://www.liferingsacramento.org/</a>		
<i>Contact:</i> Strategies for Change South	<i>Phone:</i> (916) 395-3552	<i>Email:</i> <a href="mailto:saclifering@gmail.com">saclifering@gmail.com</a>		
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>		
<b>Roseville</b>	<b>Tuesday</b>	<b>5:00pm</b>	<b>Roseville Raley's</b>	<b>340</b>
<i>Address:</i> 1915 Douglas Blvd., Roseville, CA 95661 USA				
<i>Building/Room:</i> meeting is inside the store near the magazines in the event center				
<i>Focus:</i>				
<i>Note:</i>				
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://www.liferingsacramento.org/">http://www.liferingsacramento.org/</a>		
<i>Contact:</i> Brady F.	<i>Phone:</i> 831-214-3500	<i>Email:</i> <a href="mailto:bradybehrtr@yahoo.com">bradybehrtr@yahoo.com</a>		
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>		
<b>San Leandro</b>	<b>Tuesday</b>	<b>6:15pm</b>	<b>Kaiser Hospital</b>	<b>75</b>
<i>Address:</i> 2500 Merced St., San Leandro, CA 94577 USA				
<i>Building/Room:</i> Room A-13, first floor				
<i>Focus:</i> How Was Your Week?				
<i>Note:</i>				
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>		
<i>Contact:</i> Craig O.	<i>Phone:</i> 510-517-3345	<i>Email:</i> <a href="mailto:bigox54@sbcglobal.net">bigox54@sbcglobal.net</a>		
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>		

<b>Oakland</b>	<b>Tuesday</b>	<b>6:45pm</b>	<b>Kaiser CDRP</b>	<b>23</b>
<i>Address:</i> 969 Broadway, Oakland, CA 94607 USA				
<i>Building/Room:</i> Group Room 3				
<i>Focus:</i> How Was Your Week?				
<i>Note:</i> Does not meet if Kaiser is closed				
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>		
<i>Contact:</i> D. Woodsum	<i>Phone:</i>	<i>Email:</i> <a href="mailto:woodsumconstructioninc@gmail.com">woodsumconstructioninc@gmail.com</a>		
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>		
<b>Benicia</b>	<b>Tuesday</b>	<b>7:00pm</b>	<b>First Baptist Church of Benicia</b>	<b>289</b>
<i>Address:</i> 1055 Southampton Rd, Benicia, CA 94510 USA				
<i>Building/Room:</i> Meeting Room D				
<i>Focus:</i> How Was Your Week?				
<i>Note:</i> Look for sign				
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>		
<i>Contact:</i> George K.	<i>Phone:</i> 707-771-0490	<i>Email:</i> <a href="mailto:denkst@gmail.com">denkst@gmail.com</a>		
<i>Contact:</i> Greg C.	<i>Phone:</i>	<i>Email:</i> <a href="mailto:gsc Cox@pacbell.net">gsc Cox@pacbell.net</a>		
<b>Healdsburg</b>	<b>Tuesday</b>	<b>7:00pm</b>	<b>Good Shepherd Lutheran Church</b>	<b>217</b>
<i>Address:</i> 1402 University Street, Healdsburg, CA 95448 USA				
<i>Building/Room:</i> Conference Room				
<i>Focus:</i> How Was Your Week?				
<i>Note:</i>				
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsr.org/">http://liferingsr.org</a>		
<i>Contact:</i> Chris L.	<i>Phone:</i> 707-566-8790	<i>Email:</i> <a href="mailto:chris@chrislamela.com">chris@chrislamela.com</a>		
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>		
<b>Sebastopol</b>	<b>Tuesday</b>	<b>7:00pm</b>	<b>St. Stephen's Episcopal church</b>	<b>136</b>
<i>Address:</i> 500 Robinson Rd., Sebastopol, CA 95472 USA				
<i>Building/Room:</i>				
<i>Focus:</i> How Was Your Week?				
<i>Note:</i>				
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsr.org/">http://liferingsr.org</a>		
<i>Contact:</i> Eric F.	<i>Phone:</i> 707-596-8860	<i>Email:</i> <a href="mailto:liferingsr@gmail.com">liferingsr@gmail.com</a>		
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>		
<b>Petaluma</b>	<b>Tuesday</b>	<b>7:30pm</b>	<b>Olympia House, Tus</b>	<b>50</b>
<i>Address:</i> 11207 Valley Ford Rd., Petaluma, CA 94952 USA				
<i>Building/Room:</i>				
<i>Focus:</i> How Was Your Week?				
<i>Note:</i>				
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsr.org/">http://liferingsr.org</a>		
<i>Contact:</i> John H	<i>Phone:</i> 707-596-8860	<i>Email:</i> <a href="mailto:liferingsr@gmail.com">liferingsr@gmail.com</a>		
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>		

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<b>Sacramento</b>	<b>Tuesday</b>	<b>7:30pm</b>	<b>Kaiser Watt</b>	<b>383</b>
<i>Address:</i> 2829 Watt Blvd., Sacramento, CA 95821 USA				
<i>Building/Room:</i> Suite 150, Room 2				
<i>Focus:</i> How Was Your Week?				
<i>Note:</i>				
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://www.liferingsacramento.org/">http://www.liferingsacramento.org/</a>		
<i>Contact:</i> Stan K	<i>Phone:</i>	<i>Email:</i> <a href="mailto:stanistan@gmail.com">stanistan@gmail.com</a>		
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>		
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<b>San Jose</b>	<b>Tuesday</b>	<b>7:30pm</b>	<b>Humanist House</b>	<b>179</b>
<i>Address:</i> 1180 Coleman Ave, San Jose, CA 95110 USA				
<i>Building/Room:</i>				
<i>Focus:</i> How Was Your Week?				
<i>Note:</i>				
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>		
<i>Contact:</i> Byron K.	<i>Phone:</i> 925-922-3553	<i>Email:</i> <a href="mailto:byron@lifering.org">byron@lifering.org</a>		
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>		
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<b>Walnut Creek</b>	<b>Tuesday</b>	<b>7:30pm</b>	<b>Kaiser Medical Center</b>	<b>160</b>
<i>Address:</i> 1425 S. Main St, Walnut Creek, CA 94596 USA				
<i>Building/Room:</i> MAPLE CONFERENCE ROOM				
<i>Focus:</i> How Was Your Week?				
<i>Note:</i>				
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>		
<i>Contact:</i> Rick M.	<i>Phone:</i>	<i>Email:</i> <a href="mailto:mcpeakrs@comcast.net">mcpeakrs@comcast.net</a>		
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>		
<hr/>				
<b>Oakland</b>	<b>Tuesday</b>	<b>8:30pm</b>	<b>MPI</b>	<b>119</b>
<i>Address:</i> 3100 Summit St., Oakland, CA 94609 USA				
<i>Building/Room:</i> 5th Floor, Rm 4				
<i>Focus:</i> How Was Your Week?				
<i>Note:</i>				
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>		
<i>Contact:</i> Liisa P.	<i>Phone:</i>	<i>Email:</i> <a href="mailto:liisapine@gmail.com">liisapine@gmail.com</a>		
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>		
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<b>San Francisco</b>	<b>Wednesday</b>	<b>12:15pm</b>	<b>SF VAMC</b>	<b>339</b>
<i>Address:</i> 4150 Clement St, San Francisco, CA 94121 USA				
<i>Building/Room:</i> Bldg 203, Rm GA-48				
<i>Focus:</i> How Was Your Week?				
<i>Note:</i> Open to military, active or retired only				
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>		
<i>Contact:</i> Tonisa C.	<i>Phone:</i> 806.290.1293	<i>Email:</i> <a href="mailto:tclardy2002@gmail.com">tclardy2002@gmail.com</a>		
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>		
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<b>Walnut Creek</b>	<b>Wednesday 12:15pm</b>	<b>Kaiser Medical Center</b>	329
<i>Address:</i> 710 South Broadway, Walnut Creek, CA 94596 USA			
<i>Building/Room:</i> Room 3-C			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> Laura M	<i>Phone:</i> 925.699.5566	<i>Email:</i> <a href="mailto:mosleyldance@yahoo.com">mosleyldance@yahoo.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<b>Pacifica</b>	<b>Wednesday 6:00pm</b>	<b>Pacifica Resource Center</b>	4
<i>Address:</i> 1809 Palmetto Ave., Pacifica, CA 94044 USA			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Closed on the major holidays			
<i>Map:</i> <a href="#">Click here for a Google Map</a>		<i>Local LifeRing Website:</i> <a href="https://twitter.com/lifering94044">https://twitter.com/lifering94044</a>	
<i>Contact:</i> Corrinne E.	<i>Phone:</i>	<i>Email:</i> <a href="mailto:liferingcorrinnepacifica@gmail.com">liferingcorrinnepacifica@gmail.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<b>San Diego</b>	<b>Wednesday 6:00pm</b>	<b>Lasting Recovery</b>	121
<i>Address:</i> 6046 Cornerstone Ct W, San Diego, CA 92121 USA			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Dial #113 if late			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcalifornia.org/">http://liferingcalifornia.org/</a>	
<i>Contact:</i> Dave I.	<i>Phone:</i>	<i>Email:</i> <a href="mailto:liferingsandiego@gmail.com">liferingsandiego@gmail.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<b>San Rafael</b>	<b>Wednesday 6:15pm</b>	<b>San Rafael Kaiser CDU</b>	134
<i>Address:</i> 111 Smith Ranch Rd., San Rafael, CA 94903 USA			
<i>Building/Room:</i> Yosemite Room			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Look for sign			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> Steve B.	<i>Phone:</i> (415) 320-2181	<i>Email:</i> <a href="mailto:sberkley@me.com">sberkley@me.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<b>Alameda</b>	<b>Wednesday 6:30pm</b>	<b>Home of Truth Spiritual Center</b>	241
<i>Address:</i> 1300 Grand St, Alameda, CA 94501 USA			
<i>Building/Room:</i> Upstairs			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> Gary B	<i>Phone:</i> no phone number	<i>Email:</i> <a href="mailto:lfrngary@gmail.com">lfrngary@gmail.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	

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<b>Martinez</b>	<b>Wednesday 7:00pm</b>	<b>Veteran's Hospital</b>	251
<i>Address:</i> 150 Muir Road, Martinez, CA 94553 USA			
<i>Building/Room:</i> conf. rm in Bldg 20			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> Dennis M	<i>Phone:</i> 925.768.0049	<i>Email:</i> <a href="mailto:d5n@aol.com">d5n@aol.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
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<b>San Diego</b>	<b>Wednesday 7:00pm</b>	<b>St. Timothy's Episcopal Church</b>	297
<i>Address:</i> 10125 Azuaga St., San Diego, CA 92129 USA			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcalifornia.org/">http://liferingcalifornia.org/</a>	
<i>Contact:</i> Greg H.	<i>Phone:</i>	<i>Email:</i> <a href="mailto:lsrgreg@yahoo.com">lsrgreg@yahoo.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
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<b>Fresno</b>	<b>Wednesday 8:00pm</b>	<b>Fresno Kaiser CDRP</b>	80
<i>Address:</i> 4785 North 1st St., Fresno, CA 93726 USA			
<i>Building/Room:</i> 4th floor Conference room			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcalifornia.org/">http://liferingcalifornia.org/</a>	
<i>Contact:</i> Tony W.	<i>Phone:</i>	<i>Email:</i> <a href="mailto:twilhelm@extremecom3.com">twilhelm@extremecom3.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
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<b>Santa Rosa</b>	<b>Wednesday 8:00pm</b>	<b>Kaiser CDRP</b>	15
<i>Address:</i> 3554 Round Barn Blvd., Santa Rosa, CA 95401 USA			
<i>Building/Room:</i> Room H			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> between 7th & 10th			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsr.org">http://liferingsr.org</a>	
<i>Contact:</i> Chris A.	<i>Phone:</i> 707-596-8860	<i>Email:</i> <a href="mailto:liferingsr@gmail.com">liferingsr@gmail.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
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<b>Sacramento</b>	<b>Wednesday 9:00am</b>	<b>Strategies for Change North</b>	423
<i>Address:</i> 4441 Auburn Blvd, Ste E, Sacramento, CA 95841 USA			
<i>Building/Room:</i> Conf Room			
<i>Focus:</i>			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://www.liferingsacramento.org/">http://www.liferingsacramento.org/</a>	
<i>Contact:</i> Strategies for Change North	<i>Phone:</i> (916) 473-5764	<i>Email:</i> <a href="mailto:saclifering@gmail.com">saclifering@gmail.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
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<b>San Bruno</b>	<b>Thursday</b>	<b>12:00pm</b>	<b>San Bruno VA Clinic</b>	<b>328</b>
<i>Address:</i> 1001 Sneath Lane, San Bruno, CA 94066 USA				
<i>Building/Room:</i> V.A. Clinic, 3rd Floor				
<i>Focus:</i> How Was Your Week?				
<i>Note:</i> 1 hour meeting				
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>		
<i>Contact:</i> Edward G.	<i>Phone:</i> 415-468-4814	<i>Email:</i> <a href="mailto:emg1946@comcast.net">emg1946@comcast.net</a>		
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>		
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<b>Hayward</b>	<b>Thursday</b>	<b>12:30pm</b>	<b>Aldon Oliver Sports Park</b>	<b>151</b>
<i>Address:</i> 2580 Eden Park PI, Hayward, CA 94587 USA				
<i>Building/Room:</i> park benches by the ticket office near the main parking lot				
<i>Focus:</i> How Was Your Week?				
<i>Note:</i>				
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>		
<i>Contact:</i> Greg S.	<i>Phone:</i>	<i>Email:</i> <a href="mailto:starke49@pacbell.net">starke49@pacbell.net</a>		
<i>Contact:</i> Jacqueline R.	<i>Phone:</i>	<i>Email:</i> <a href="mailto:jaykr@att.net">jaykr@att.net</a>		
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<b>Mill Valley</b>	<b>Thursday</b>	<b>6:15pm</b>	<b>Recovery Without Walls</b>	<b>162</b>
<i>Address:</i> 3 Madrona Street, Mill Valley, CA 94941 USA				
<i>Building/Room:</i>				
<i>Focus:</i> How Was Your Week?				
<i>Note:</i> Corner of Madrona Street @ Throckmorton Ave				
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>		
<i>Contact:</i> Coby S.	<i>Phone:</i> 415-747-5709	<i>Email:</i> <a href="mailto:cobysmolens@gmail.com">cobysmolens@gmail.com</a>		
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>		
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<b>San Diego</b>	<b>Thursday</b>	<b>6:30pm</b>	<b>North Park Behavioral Health Center</b>	<b>183</b>
<i>Address:</i> 2136 El Cajon Blvd., San Diego, CA 92104 USA				
<i>Building/Room:</i>				
<i>Focus:</i> How Was Your Week?				
<i>Note:</i>				
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcalifornia.org/">http://liferingcalifornia.org/</a>		
<i>Contact:</i> Greg H.	<i>Phone:</i>	<i>Email:</i> <a href="mailto:lsrgregh@gmail.com">lsrgregh@gmail.com</a>		
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>		
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<b>Oakland</b>	<b>Thursday</b>	<b>6:45pm</b>	<b>Kaiser CDRP</b>	<b>104</b>
<i>Address:</i> 969 Broadway, Oakland, CA 94607 USA				
<i>Building/Room:</i> Group Room 9				
<i>Focus:</i> How Was Your Week?				
<i>Note:</i> Does not meet if Kaiser is closed				
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>		
<i>Contact:</i> Marilyn K.	<i>Phone:</i>	<i>Email:</i> <a href="mailto:service@lifering.org">service@lifering.org</a>		
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>		
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<b>Concord</b>	<b>Thursday</b>	<b>7:00pm</b>	<b>Center for Recovery</b>	264
<i>Address:</i> 2740 Grant Street, Concord, CA 94520 USA				
<i>Building/Room:</i> Medical Pavilion, Suit 3				
<i>Focus:</i> How Was Your Week?				
<i>Note:</i>				
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>		
<i>Contact:</i> Kathy L	<i>Phone:</i> 925-256-1850	<i>Email:</i> <a href="mailto:kthrn_lennon@yahoo.com">kthrn_lennon@yahoo.com</a>		
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>		
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<b>Folsom</b>	<b>Thursday</b>	<b>7:00pm</b>	<b>Kaiser Folsom</b>	368
<i>Address:</i> 2155 Iron Point Road, Folsom, CA 95630 USA				
<i>Building/Room:</i> 1st floor room across from vending machines				
<i>Focus:</i> How Was Your Week?				
<i>Note:</i>				
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://www.liferingsacramento.org/">http://www.liferingsacramento.org/</a>		
<i>Contact:</i> Stan K.	<i>Phone:</i>	<i>Email:</i> <a href="mailto:stanistan@gmail.com">stanistan@gmail.com</a>		
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>		
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<b>Huntington Beach</b>	<b>Thursday</b>	<b>7:00pm</b>	<b>Huntington Beach Senior Center</b>	354
<i>Address:</i> 18041 Goldenwest St, Huntington Beach, CA 92648 USA				
<i>Building/Room:</i> Travel Resources Room				
<i>Focus:</i> How Was Your Week?				
<i>Note:</i> Orange County Lifering meeting				
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcalifornia.org/">http://liferingcalifornia.org/</a>		
<i>Contact:</i> Winsor B	<i>Phone:</i>	<i>Email:</i> <a href="mailto:oclifering@gmail.com">oclifering@gmail.com</a>		
<i>Contact:</i> Ginny D	<i>Phone:</i>	<i>Email:</i> <a href="mailto:oclifering@gmail.com">oclifering@gmail.com</a>		
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<b>Santa Rosa</b>	<b>Thursday</b>	<b>7:00pm</b>	<b>Unitarian Universalist Church</b>	36
<i>Address:</i> 547 Mendocino Ave, Santa Rosa, CA 95401 USA				
<i>Building/Room:</i> classroom #2				
<i>Focus:</i> How Was Your Week?				
<i>Note:</i>				
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsr.org">http://liferingsr.org</a>		
<i>Contact:</i> Todd W.	<i>Phone:</i> 707-596-8860	<i>Email:</i> <a href="mailto:liferingsr@gmail.com">liferingsr@gmail.com</a>		
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>		
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<b>Vacaville</b>	<b>Thursday</b>	<b>7:00pm</b>	<b>Kaiser Hospital</b>	293
<i>Address:</i> 1 Quality Dr, Vacaville, CA 95688 USA				
<i>Building/Room:</i> Bldg A, 1st Floor				
<i>Focus:</i> How Was Your Week?				
<i>Note:</i> behind Peets Coffee				
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>		
<i>Contact:</i> Brian P.	<i>Phone:</i> 707.689.8036	<i>Email:</i> <a href="mailto:lrvacaville@gmail.com">lrvacaville@gmail.com</a>		
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>		
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<b>Sacramento</b>	<b>Thursday</b>	<b>7:15pm</b>	<b>Kaiser Wyndham</b>	<b>380</b>
<i>Address:</i> 7300 Wyndham Dr, Sacramento, CA 95823 USA				
<i>Building/Room:</i> Second Floor, Room 3				
<i>Focus:</i> How Was Your Week?				
<i>Note:</i>				
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://www.liferingsacramento.org/">http://www.liferingsacramento.org/</a>		
<i>Contact:</i> Staff	<i>Phone:</i>	<i>Email:</i> <a href="mailto:iferingsouthsac@yahoo.com">iferingsouthsac@yahoo.com</a>		
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>		
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<b>Berkeley</b>	<b>Thursday</b>	<b>7:30pm</b>	<b>Herrick Hospital</b>	<b>129</b>
<i>Address:</i> 2001 Dwight Way, Berkeley, CA 94704 USA				
<i>Building/Room:</i>				
<i>Focus:</i> How Was Your Week?				
<i>Note:</i>				
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>		
<i>Contact:</i> Paul A.	<i>Phone:</i>	<i>Email:</i> <a href="mailto:eastbay.paul@gmail.com">eastbay.paul@gmail.com</a>		
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>		
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<b>Walnut Creek</b>	<b>Thursday</b>	<b>7:30pm</b>	<b>Mt. Diablo UU Church</b>	<b>198</b>
<i>Address:</i> 55 Eckley Lane, Walnut Creek, CA 94596 USA				
<i>Building/Room:</i> Oak Room				
<i>Focus:</i> How Was Your Week?				
<i>Note:</i>				
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>		
<i>Contact:</i> Arnold P.	<i>Phone:</i>	<i>Email:</i> <a href="mailto:arnoldpustilnik@yahoo.com">arnoldpustilnik@yahoo.com</a>		
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>		
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<b>Fresno</b>	<b>Thursday</b>	<b>8:00pm</b>	<b>Kaiser Permanente Medical Center</b>	<b>301</b>
<i>Address:</i> 7300 N. Fresno St, Fresno, CA 93720 USA				
<i>Building/Room:</i> 3rd floor in the Sierra Conference Room				
<i>Focus:</i> How Was Your Week?				
<i>Note:</i> Located between Herndon & Alluvial				
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcalifornia.org/">http://liferingcalifornia.org/</a>		
<i>Contact:</i> David Roberts	<i>Phone:</i> 559.213.0098	<i>Email:</i> <a href="mailto:profilesplus@sbcglobal.net">profilesplus@sbcglobal.net</a>		
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>		
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<b>Sacramento</b>	<b>Thursday</b>	<b>9:00am</b>	<b>Strategies for Change North</b>	<b>424</b>
<i>Address:</i> 4441 Auburn Blvd, Ste E, Sacramento, CA 95841 USA				
<i>Building/Room:</i> Conf Room				
<i>Focus:</i>				
<i>Note:</i>				
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://www.liferingsacramento.org/">http://www.liferingsacramento.org/</a>		
<i>Contact:</i> Strategies for Change North	<i>Phone:</i> (916) 473-5764	<i>Email:</i> <a href="mailto:saclifering@gmail.com">saclifering@gmail.com</a>		
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>		
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<b>Santa Rosa</b>	<b>Friday</b>	<b>1:00pm</b>	<b>Interlink Self Help Center</b>	<b>48</b>
<i>Address:</i> 1033 4th St., Santa Rosa, CA 95404 USA				
<i>Building/Room:</i>				
<i>Focus:</i> How Was Your Week?				
<i>Note:</i>				
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsr.org">http://liferingsr.org</a>		
<i>Contact:</i> Jenn P.	<i>Phone:</i> 707-546-4481 extension 2	<i>Email:</i> <a href="mailto:liferingsr@gmail.com">liferingsr@gmail.com</a>		
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>		
<b>Sacramento</b>	<b>Friday</b>	<b>12:00pm</b>	<b>LifeRing Meeting</b>	<b>88</b>
<i>Address:</i> 1416 9th Street Ste. 113, Sacramento, CA 95814 USA				
<i>Building/Room:</i>				
<i>Focus:</i> How Was Your Week?				
<i>Note:</i> First meeting starts March 2, 2018 and every Friday after that date.				
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://www.liferingsacramento.org/">http://www.liferingsacramento.org/</a>		
<i>Contact:</i> Forrest G.	<i>Phone:</i> (916) 827-0248	<i>Email:</i> <a href="mailto:forrest.gardens@att.net">forrest.gardens@att.net</a>		
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>		
<b>Vallejo</b>	<b>Friday</b>	<b>12:00pm</b>	<b>Kaiser CDRP</b>	<b>127</b>
<i>Address:</i> 800 Sereno Dr., Vallejo, CA 94589 USA				
<i>Building/Room:</i>				
<i>Focus:</i> How Was Your Week?				
<i>Note:</i>				
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>		
<i>Contact:</i> Terry H.	<i>Phone:</i>	<i>Email:</i> <a href="mailto:terryghill@att.net">terryghill@att.net</a>		
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>		
<b>Walnut Creek</b>	<b>Friday</b>	<b>12:15pm</b>	<b>Kaiser Medical Center</b>	<b>399</b>
<i>Address:</i> 710 South Broadway, Walnut Creek, CA 94596 USA				
<i>Building/Room:</i> Room 3-E				
<i>Focus:</i> How Was Your Week?				
<i>Note:</i>				
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>		
<i>Contact:</i> Laura M.	<i>Phone:</i> 925.699.5566	<i>Email:</i> <a href="mailto:mosleyldance@yahoo.com">mosleyldance@yahoo.com</a>		
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>		
<b>Sacramento</b>	<b>Friday</b>	<b>4:25pm</b>	<b>Strategies for Change South</b>	<b>338</b>
<i>Address:</i> 4343 Williamsborough Drive, Sacramento, CA 95823 USA				
<i>Building/Room:</i>				
<i>Focus:</i> Meetings may have a Child Protective Services Orientation				
<i>Note:</i>				
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://www.liferingsacramento.org/">http://www.liferingsacramento.org/</a>		
<i>Contact:</i> Strategies for Change South	<i>Phone:</i> (916) 395-3552	<i>Email:</i> <a href="mailto:saclifering@gmail.com">saclifering@gmail.com</a>		
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>		

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<b>Elk Grove</b>	<b>Friday</b>	<b>6:00pm</b>	<b>Raley's Elk Grove</b>	421
<i>Address:</i> 4900 Elk Grove Blvd, Elk Grove, CA 95758 USA				
<i>Building/Room:</i> Event Center Room				
<i>Focus:</i> How Was Your Week?				
<i>Note:</i> Meeting sometimes at Peet's Coffee - Look for signs				
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://www.liferingsacramento.org/">http://www.liferingsacramento.org/</a>		
<i>Contact:</i> Lisa J.	<i>Phone:</i>	<i>Email:</i> <a href="mailto:liferingsouthsac@yahoo.com">liferingsouthsac@yahoo.com</a>		
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>		
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<b>Sacramento</b>	<b>Friday</b>	<b>6:00pm</b>	<b>Natomas Raley's</b>	432
<i>Address:</i> 4650 Natomas Blvd, Sacramento, CA 95835 USA				
<i>Building/Room:</i> Event Center Inside next to the pharmacy				
<i>Focus:</i> How Was Your Week?				
<i>Note:</i>				
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://www.liferingsacramento.org/">http://www.liferingsacramento.org/</a>		
<i>Contact:</i> Buzz	<i>Phone:</i>	<i>Email:</i> <a href="mailto:saclifering@gmail.com">saclifering@gmail.com</a>		
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>		
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<b>San Francisco</b>	<b>Friday</b>	<b>6:00pm</b>	<b>Women's Building</b>	372
<i>Address:</i> 3543 18th St, San Francisco, CA 94110 USA				
<i>Building/Room:</i> Room B				
<i>Focus:</i> Workbook Meeting				
<i>Note:</i> between Valencia and Guerrero				
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>		
<i>Contact:</i> David H.	<i>Phone:</i> (415) 651-4558	<i>Email:</i> <a href="mailto:davidh.lifering@gmail.com">davidh.lifering@gmail.com</a>		
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>		
<hr/>				
<b>Union City</b>	<b>Friday</b>	<b>6:00pm</b>	<b>Kaiser Medical Building</b>	212
<i>Address:</i> 3551 Whipple Rd, Union City, CA 94587 USA				
<i>Building/Room:</i> Building B, Third Floor, Room 3D or Room 3C				
<i>Focus:</i> How Was Your Week?				
<i>Note:</i> Does not meet if Kaiser is closed				
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>		
<i>Contact:</i> Tim B.	<i>Phone:</i>	<i>Email:</i> <a href="mailto:timothybliss@comcast.net">timothybliss@comcast.net</a>		
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>		
<hr/>				
<b>San Rafael</b>	<b>Friday</b>	<b>6:30pm</b>	<b>San Rafael Kaiser CDU</b>	315
<i>Address:</i> 111 Smith Ranch Rd., San Rafael, CA 94903 USA				
<i>Building/Room:</i> Yosemite Room				
<i>Focus:</i> How Was Your Week?				
<i>Note:</i> Look for sign				
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>		
<i>Contact:</i> Coby S.	<i>Phone:</i> 415-747-5709	<i>Email:</i> <a href="mailto:cobysmolens@gmail.com">cobysmolens@gmail.com</a>		
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>		
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<b>San Jose</b>	<b>Friday</b>	<b>7:30pm</b>	<b>Christ the Good Shepherd Church</b>	72
<i>Address:</i> 1550 Meridian Ave., San Jose, CA 95125 USA				
<i>Building/Room:</i>				
<i>Focus:</i> How Was Your Week?				
<i>Note:</i>				
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>		
<i>Contact:</i> Byron K.	<i>Phone:</i> 925-922-3553	<i>Email:</i> <a href="mailto:byron@lifering.org">byron@lifering.org</a>		
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>		
<hr/>				
<b>Los Angeles</b>	<b>Saturday</b>	<b>1:30pm</b>	<b>LifeRing Secular Recovery - Cafe Tropical</b>	215
<i>Address:</i> 2900 W. Sunset Bl., Los Angeles, CA 90026 USA				
<i>Building/Room:</i> in the Silver Lake neighborhood				
<i>Focus:</i> How Was Your Week?				
<i>Note:</i> First meeting March 24				
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcalifornia.org/">http://liferingcalifornia.org/</a>		
<i>Contact:</i> Christopher s	<i>Phone:</i>	<i>Email:</i> <a href="mailto:christopherjohn_smith@yahoo.com">christopherjohn_smith@yahoo.com</a>		
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>		
<hr/>				
<b>Oakland</b>	<b>Saturday</b>	<b>10:00am</b>	<b>Kaiser CDRP</b>	82
<i>Address:</i> 969 Broadway, Oakland, CA 94607 USA				
<i>Building/Room:</i> Group Room 7				
<i>Focus:</i> How Was Your Week?				
<i>Note:</i> Does not meet if Kaiser is closed				
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>		
<i>Contact:</i> Gloria C	<i>Phone:</i>	<i>Email:</i>		
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>		
<hr/>				
<b>San Francisco</b>	<b>Saturday</b>	<b>10:00am</b>	<b>San Francisco LGBT Community Center</b>	207
<i>Address:</i> 1800 Market Street, San Francisco, CA 94102 USA				
<i>Building/Room:</i> Room Q13, 1st Floor				
<i>Focus:</i> How Was Your Week?				
<i>Note:</i>				
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>		
<i>Contact:</i> Monica F	<i>Phone:</i>	<i>Email:</i> <a href="mailto:monica@pacetua.com">monica@pacetua.com</a>		
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>		
<hr/>				
<b>Dublin</b>	<b>Saturday</b>	<b>11:00am</b>	<b>John Knox Presbyterian Church</b>	199
<i>Address:</i> 7421 Amarillo Rd., Dublin, CA 94568 USA				
<i>Building/Room:</i> Look for signs				
<i>Focus:</i> How Was Your Week?				
<i>Note:</i>				
<i>Map:</i> <a href="#">Click here for a Google Map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>		
<i>Contact:</i> Dru B.	<i>Phone:</i>	<i>Email:</i> <a href="mailto:dru.boyd@yahoo.com">dru.boyd@yahoo.com</a>		
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>		
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<b>San Mateo</b>	<b>Saturday</b>	<b>12:00pm</b>	<b>Mills Peninsula Health Services</b>	232
<i>Address:</i> 100 S. San Mateo Dr, San Mateo, CA 94401 USA				
<i>Building/Room:</i> 4th floor Millennium Room				
<i>Focus:</i> How Was Your Week?				
<i>Note:</i>				
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>		
<i>Contact:</i> Betsy Y.	<i>Phone:</i> 650.576.9316	<i>Email:</i> <a href="mailto:betsyyawn@aol.com">betsyyawn@aol.com</a>		
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>		
<hr/>				
<b>Sebastopol</b>	<b>Saturday</b>	<b>12:00pm</b>	<b>Azure Acres Recovery Center</b>	270
<i>Address:</i> 2264 Green Hill Rd., Sebastopol, CA 95472 USA				
<i>Building/Room:</i>				
<i>Focus:</i> How Was Your Week?				
<i>Note:</i>				
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsr.org">http://liferingsr.org</a>		
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i> <a href="mailto:liferingsr@gmail.com">liferingsr@gmail.com</a>		
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>		
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<b>Hayward</b>	<b>Saturday</b>	<b>5:00pm</b>	<b>New Bridges Outreach Center</b>	64
<i>Address:</i> 27287 Patrick Ave, Hayward, CA 94544 USA				
<i>Building/Room:</i> 2nd Floor				
<i>Focus:</i> How Was Your Week?				
<i>Note:</i>				
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>		
<i>Contact:</i> Chris H.	<i>Phone:</i>	<i>Email:</i> <a href="mailto:cshappraisals@gmail.com">cshappraisals@gmail.com</a>		
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>		
<hr/>				
<b>Fair Oaks</b>	<b>Saturday</b>	<b>9:00am</b>	<b>Fair Oaks Raley's</b>	411
<i>Address:</i> 4840 San Juan Ave, Fair Oaks, CA 95628 USA				
<i>Building/Room:</i>				
<i>Focus:</i> How Was Your Week?				
<i>Note:</i> Sunset and San Juan				
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://www.liferingsacramento.org/">http://www.liferingsacramento.org/</a>		
<i>Contact:</i> Jody A.	<i>Phone:</i>	<i>Email:</i> <a href="mailto:saclifering@gmail.com">saclifering@gmail.com</a>		
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>		
<hr/>				
<b>San Leandro</b>	<b>Saturday</b>	<b>9:30am</b>	<b>All Saint's Episcopal Church</b>	250
<i>Address:</i> 911 Dowling Boulevard, San Leandro, CA 94577 USA				
<i>Building/Room:</i> Fireside Room				
<i>Focus:</i> How Was Your Week?				
<i>Note:</i>				
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>		
<i>Contact:</i> John O	<i>Phone:</i> (510) 357-5273	<i>Email:</i> <a href="mailto:lsrsanleandro@gmail.com">lsrsanleandro@gmail.com</a>		
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>		
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<b>Forestville</b>	<b>Sunday</b>	<b>1:00pm</b>	<b>Food For Thought</b>	76
<i>Address:</i> 6550 Railroad Ave, Forestville, CA 95436 USA				
<i>Building/Room:</i>				
<i>Focus:</i> How Was Your Week?				
<i>Note:</i>				
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsr.org">http://liferingsr.org</a>		
<i>Contact:</i> David V.	<i>Phone:</i> 707-596-8860	<i>Email:</i> <a href="mailto:liferingsr@gmail.com">liferingsr@gmail.com</a>		
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>		
<b>Roseville</b>	<b>Sunday</b>	<b>10:00am</b>	<b>Roseville Raley's</b>	412
<i>Address:</i> 1915 Douglas Blvd., Roseville, CA 95661 USA				
<i>Building/Room:</i> meeting is inside the store near the magazines in the event center				
<i>Focus:</i> How Was Your Week?				
<i>Note:</i>				
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://www.liferingsacramento.org/">http://www.liferingsacramento.org/</a>		
<i>Contact:</i> Harold M.	<i>Phone:</i>	<i>Email:</i> <a href="mailto:saclifering@gmail.com">saclifering@gmail.com</a>		
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>		
<b>San Francisco</b>	<b>Sunday</b>	<b>10:00am</b>	<b>Sessions (the former Alano Club)</b>	331
<i>Address:</i> 1748 Market St., Ste 202, San Francisco, CA 94102 USA				
<i>Building/Room:</i> Room 1				
<i>Focus:</i> How Was Your Week?				
<i>Note:</i>				
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>		
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>		
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>		
<b>Oakland</b>	<b>Sunday</b>	<b>11:00am</b>	<b>Kaiser Hospital</b>	156
<i>Address:</i> 3600 Broadway, Oakland, CA 94611 USA				
<i>Building/Room:</i> Room at (lower lever) LL HH-2				
<i>Focus:</i> How Was Your Week?				
<i>Note:</i>				
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>		
<i>Contact:</i> John A.	<i>Phone:</i>	<i>Email:</i> <a href="mailto:jra8300@sbcglobal.net">jra8300@sbcglobal.net</a>		
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>		
<b>Sacramento</b>	<b>Sunday</b>	<b>11:00am</b>	<b>Natomas Raley's</b>	13
<i>Address:</i> 4650 Natomas Blvd, Sacramento, CA 95835 USA				
<i>Building/Room:</i> Event Center Inside next to the pharmacy				
<i>Focus:</i> How Was Your Week?				
<i>Note:</i>				
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://www.liferingsacramento.org/">http://www.liferingsacramento.org/</a>		
<i>Contact:</i> Staff	<i>Phone:</i>	<i>Email:</i> <a href="mailto:saclifering@gmail.com">saclifering@gmail.com</a>		
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>		



<b>Hayward</b>	<b>Sunday</b>	<b>5:00pm</b>	<b>New Bridges Outreach Center</b>	446
<i>Address:</i> 27287 Patrick Ave, Hayward, CA 94544 USA				
<i>Building/Room:</i> 2nd Floor				
<i>Focus:</i> How Was Your Week?				
<i>Note:</i>				
<i>Map:</i> <a href="#">Click here for a Google map</a>			<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> Don S		<i>Phone:</i> 510-331-5629	<i>Email:</i> <a href="mailto:arthurdonaldsalazar53@gmail.com">arthurdonaldsalazar53@gmail.com</a>	
<i>Contact:</i>		<i>Phone:</i>	<i>Email:</i>	
<b>Placerville</b>	<b>Sunday</b>	<b>5:00pm</b>	<b>Here &amp; Tao Hypnotherapy</b>	300
<i>Address:</i> 419 Main Street, Placerville, CA 95667 USA				
<i>Building/Room:</i> Suite 318				
<i>Focus:</i> How Was Your Week?				
<i>Note:</i>				
<i>Map:</i> <a href="#">Click here for a Google map</a>			<i>Local LifeRing Website:</i> <a href="http://www.liferingsacramento.org/">http://www.liferingsacramento.org/</a>	
<i>Contact:</i> Ben		<i>Phone:</i>	<i>Email:</i> <a href="mailto:saclifering@gmail.com">saclifering@gmail.com</a>	
<i>Contact:</i>		<i>Phone:</i>	<i>Email:</i>	
<b>San Diego</b>	<b>Sunday</b>	<b>6:00pm</b>	<b>Lasting Recovery</b>	65
<i>Address:</i> 6046 Cornerstone Ct W, San Diego, CA 92121 USA				
<i>Building/Room:</i>				
<i>Focus:</i> Workbook meeting				
<i>Note:</i> Dial #113 if late				
<i>Map:</i> <a href="#">Click here for a Google map</a>			<i>Local LifeRing Website:</i> <a href="http://liferingcalifornia.org/">http://liferingcalifornia.org/</a>	
<i>Contact:</i> Leigh J.		<i>Phone:</i>	<i>Email:</i> <a href="mailto:liferingsandiego@gmail.com">liferingsandiego@gmail.com</a>	
<i>Contact:</i>		<i>Phone:</i>	<i>Email:</i>	
<b>State: CO</b>				
<b>Fort Collins</b>	<b>Monday</b>	<b>6:00pm</b>	<b>Lee Christian Law Office</b>	16
<i>Address:</i> 415 Mason Court, Fort Collins, CO 80524 USA				
<i>Building/Room:</i> Building 2				
<i>Focus:</i> How Was Your Week?				
<i>Note:</i>				
<i>Map:</i> <a href="#">Click here for a Google map</a>			<i>Local LifeRing Website:</i> <a href="http://liferingcolorado.org/">http://liferingcolorado.org/</a>	
<i>Contact:</i> Pat R.		<i>Phone:</i> 970 227-6650	<i>Email:</i> <a href="mailto:renworth@frii.com">renworth@frii.com</a>	
<i>Contact:</i>		<i>Phone:</i>	<i>Email:</i>	
<b>Denver</b>	<b>Monday</b>	<b>6:30pm</b>	<b>Washington Park Church of Christ</b>	102
<i>Address:</i> 400 South Williams St., Denver, CO 80209 USA				
<i>Building/Room:</i> Alley entrance				
<i>Focus:</i> How Was Your Week?				
<i>Note:</i>				
<i>Map:</i> <a href="#">Click here for a Google map</a>			<i>Local LifeRing Website:</i> <a href="http://liferingcolorado.org/">http://liferingcolorado.org/</a>	
<i>Contact:</i> Bonnie M.		<i>Phone:</i> 303-726-2155	<i>Email:</i> <a href="mailto:d8adoc@msn.com">d8adoc@msn.com</a>	
<i>Contact:</i>		<i>Phone:</i>	<i>Email:</i>	

<b>Lafayette</b>	<b>Monday</b>	<b>6:30pm</b>	<b>Sister Carmen Center</b>	<b>255</b>
<i>Address:</i> 655 Aspen Ridge Dr, Lafayette, CO 80026 USA				
<i>Building/Room:</i>				
<i>Focus:</i> How Was Your Week?				
<i>Note:</i>				
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcolorado.org/">http://liferingcolorado.org/</a>		
<i>Contact:</i> Jeff M.	<i>Phone:</i> 303-521-2672	<i>Email:</i> <a href="mailto:jeffjames05@gmail.com">jeffjames05@gmail.com</a>		
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>		
<b>Boulder</b>	<b>Monday</b>	<b>7:00pm</b>	<b>Boulder County Addiction Recovery Center (ARC)</b>	<b>203</b>
<i>Address:</i> 3180 Airport Rd., Boulder, CO 80301 USA				
<i>Building/Room:</i> Conference room directly across from the admissions counter				
<i>Focus:</i> How Was Your Week?				
<i>Note:</i> Open to the public				
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcolorado.org/">http://liferingcolorado.org/</a>		
<i>Contact:</i> Gary G	<i>Phone:</i>	<i>Email:</i> <a href="mailto:garytaylorgibbs@yahoo.com">garytaylorgibbs@yahoo.com</a>		
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>		
<b>Aurora</b>	<b>Tuesday</b>	<b>6:00pm</b>	<b>Kaiser Permanente Regional Headquarters</b>	<b>132</b>
<i>Address:</i> 10350 E. Dakota Ave., Aurora, CO 80247 USA				
<i>Building/Room:</i> Vohs 1 Conference Room				
<i>Focus:</i> How Was Your Week?				
<i>Note:</i> Meeting to the left after entering, west side of building				
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcolorado.org/">http://liferingcolorado.org/</a>		
<i>Contact:</i> Mary Lee P.	<i>Phone:</i> 303-364-2999	<i>Email:</i> <a href="mailto:liferingcolorado@gmail.com">liferingcolorado@gmail.com</a>		
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>		
<b>Denver</b>	<b>Tuesday</b>	<b>6:30pm</b>	<b>St John's Episcopal Cathedral</b>	<b>404</b>
<i>Address:</i> 1350 Washington St, Denver, CO 80203 USA				
<i>Building/Room:</i> 202				
<i>Focus:</i> How Was Your Week?				
<i>Note:</i>				
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcolorado.org/">http://liferingcolorado.org/</a>		
<i>Contact:</i> Chris N.,	<i>Phone:</i> 720.280.0836	<i>Email:</i> <a href="mailto:dooversbycici@gmail.com">dooversbycici@gmail.com</a>		
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>		
<b>Broomfield</b>	<b>Tuesday</b>	<b>7:00pm</b>	<b>Cross of Christ Lutheran Church</b>	<b>279</b>
<i>Address:</i> 12099 Lowell Blvd., Broomfield, CO 80020 USA				
<i>Building/Room:</i>				
<i>Focus:</i> How Was Your Week?				
<i>Note:</i>				
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcolorado.org/">http://liferingcolorado.org/</a>		
<i>Contact:</i> Tom B.	<i>Phone:</i> 303.808.3299	<i>Email:</i> <a href="mailto:cyclommuter@yahoo.com">cyclommuter@yahoo.com</a>		
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>		

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<b>Lafayette</b>	<b>Tuesday 7:30pm</b>	<b>Cairn Christian Church</b>	178
<i>Address:</i> 1700 Stonehenge Dr, Lafayette, CO 80026 USA			
<i>Building/Room:</i> Community Room			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcolorado.org/">http://liferingcolorado.org/</a>	
<i>Contact:</i> Bob C.	<i>Phone:</i> 612-437-9291	<i>Email:</i> <a href="mailto:rtcrosby@comcast.net">rtcrosby@comcast.net</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<hr/>			
<b>Denver</b>	<b>Wednesday 12:00pm</b>	<b>Secular Hub</b>	265
<i>Address:</i> 3100 Downing, Denver, CO 80205 USA			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcolorado.org/">http://liferingcolorado.org/</a>	
<i>Contact:</i> Kathleen G.	<i>Phone:</i> (303) 514-4788	<i>Email:</i> <a href="mailto:liferingcolorado@gmail.com">liferingcolorado@gmail.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
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<b>Denver</b>	<b>Wednesday 6:00pm</b>	<b>First Unitarian Church</b>	292
<i>Address:</i> 1400 Lafayette St, Denver, CO 80218 USA			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcolorado.org/">http://liferingcolorado.org/</a>	
<i>Contact:</i> Jim C	<i>Phone:</i> 303 875-5088	<i>Email:</i> <a href="mailto:jim.cress@hro.com">jim.cress@hro.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
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<b>Edwards</b>	<b>Wednesday 6:00pm</b>	<b>"Vail"-Trinity Baptist Church</b>	145
<i>Address:</i> 90 Lariat Loop, Edwards, CO 81632 USA			
<i>Building/Room:</i> Building A (Upper level of Cabin Building)			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcolorado.org/">http://liferingcolorado.org/</a>	
<i>Contact:</i> Erika S.	<i>Phone:</i> 970-445-0821	<i>Email:</i> <a href="mailto:liferingvail@yahoo.com">liferingvail@yahoo.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<hr/>			
<b>Longmont</b>	<b>Wednesday 6:00pm</b>	<b>Longmont United Hospital</b>	182
<i>Address:</i> 1950 Mountain View Ave., Longmont, CO 80501 USA			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcolorado.org/">http://liferingcolorado.org/</a>	
<i>Contact:</i> Leana D.	<i>Phone:</i> 724-466-0543	<i>Email:</i> <a href="mailto:ldefurio72@yahoo.com">ldefurio72@yahoo.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
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<b>Boulder</b>	<b>Wednesday 7:00pm</b>	<b>Boulder Bridgehouse Ready to Work</b>	<b>192</b>
<i>Address:</i> 4747 Table Mesa, Boulder, CO 80301 USA			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcolorado.org/">http://liferingcolorado.org/</a>	
<i>Contact:</i> Ray R.	<i>Phone:</i> (720) 261-3922	<i>Email:</i> <a href="mailto:heyraj@icloud.com">heyraj@icloud.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<hr/>			
<b>Arvada</b>	<b>Thursday 5:30pm</b>	<b>Kaiser Hidden Lake Medical Office Building</b>	<b>133</b>
<i>Address:</i> 7701 Sheridan Blvd., Arvada, CO 80003 USA			
<i>Building/Room:</i> Rapids Room			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcolorado.org/">http://liferingcolorado.org/</a>	
<i>Contact:</i> Rob C.	<i>Phone:</i> 720-708-4840	<i>Email:</i> <a href="mailto:liferingcolorado@gmail.com">liferingcolorado@gmail.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<hr/>			
<b>Denver</b>	<b>Thursday 6:00pm</b>	<b>Denver Drug Court</b>	<b>202</b>
<i>Address:</i> 520 W Colfax Ave, Denver, CO 80224 USA			
<i>Building/Room:</i> Lindsey Flanagan Courthouse			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Fifth Thursday of the month only			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcolorado.org/">http://liferingcolorado.org/</a>	
<i>Contact:</i> Jim C; Gary C	<i>Phone:</i> Gary C: 720-399-4314	<i>Email:</i> <a href="mailto:ljim.cress@hro.com">ljim.cress@hro.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<hr/>			
<b>Boulder</b>	<b>Thursday 6:30pm</b>	<b>The Lookout</b>	<b>165</b>
<i>Address:</i> 6901 Lookout Road, Boulder, CO 80301 USA			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcolorado.org/">http://liferingcolorado.org/</a>	
<i>Contact:</i> Richenda B.	<i>Phone:</i> 303-350-0055	<i>Email:</i> <a href="mailto:pbiles@comcast.net">pbiles@comcast.net</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<hr/>			
<b>Denver</b>	<b>Thursday 7:00pm</b>	<b>Highlands United Methodist Church</b>	<b>77</b>
<i>Address:</i> 3131 Osceola, Denver, CO 80212 USA			
<i>Building/Room:</i>			
<i>Focus:</i>			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google Map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcolorado.org/">http://liferingcolorado.org/</a>	
<i>Contact:</i> Brett M.	<i>Phone:</i>	<i>Email:</i> <a href="mailto:brettmendes@gmail.com">brettmendes@gmail.com</a>	
<i>Contact:</i> Shawn M	<i>Phone:</i>	<i>Email:</i>	
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<b>Denver</b>	<b>Thursday</b>	<b>7:00pm</b>	<b>Washington Park Church of Christ</b>	<b>302</b>
<i>Address:</i> 400 South Williams St., Denver, CO 80209 USA				
<i>Building/Room:</i> Alley entrance				
<i>Focus:</i> How Was Your Week?				
<i>Note:</i>				
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcolorado.org/">http://liferingcolorado.org/</a>		
<i>Contact:</i> Tom J.	<i>Phone:</i> (303) 514-4788	<i>Email:</i> <a href="mailto:liferingcolorado@gmail.com">liferingcolorado@gmail.com</a>		
<i>Contact:</i> Kathleen G.	<i>Phone:</i> (303) 514-4788	<i>Email:</i> <a href="mailto:liferingcolorado@gmail.com">liferingcolorado@gmail.com</a>		
<hr/>				
<b>Tabernash</b>	<b>Thursday</b>	<b>7:00pm</b>	<b>Tabernash</b>	<b>191</b>
<i>Address:</i> 100 County Road 515, Tabernash, CO 80478 USA				
<i>Building/Room:</i>				
<i>Focus:</i> How Was Your Week?				
<i>Note:</i> First and Third Thursday of each month; 1 mile north of Tabernash Co				
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcolorado.org/">http://liferingcolorado.org/</a>		
<i>Contact:</i> Dick S.	<i>Phone:</i> (303) 898-3125	<i>Email:</i> <a href="mailto:liferingwesternslope@gmail.com">liferingwesternslope@gmail.com</a>		
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>		
<hr/>				
<b>Louisville</b>	<b>Thursday</b>	<b>7:30pm</b>	<b>Centennial Peaks Hospital</b>	<b>6</b>
<i>Address:</i> 2255 South 88th Street, Louisville, CO 80027 USA				
<i>Building/Room:</i>				
<i>Focus:</i> How Was Your Week?				
<i>Note:</i>				
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcolorado.org/">http://liferingcolorado.org/</a>		
<i>Contact:</i> Dave F.	<i>Phone:</i> 303.517.5696	<i>Email:</i> <a href="mailto:dave1fletcher@gmail.com">dave1fletcher@gmail.com</a>		
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>		
<hr/>				
<b>Denver</b>	<b>Thursday</b>	<b>9:00am</b>	<b>VA Medical Center</b>	<b>51</b>
<i>Address:</i> 1055 Clermont Street, Denver, CO 80220 USA				
<i>Building/Room:</i> Room 3E108				
<i>Focus:</i> How Was Your Week?				
<i>Note:</i>				
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcolorado.org/">http://liferingcolorado.org/</a>		
<i>Contact:</i> Bobby G.	<i>Phone:</i> 303.955.5673	<i>Email:</i> <a href="mailto:liferingcolorado@gmail.com">liferingcolorado@gmail.com</a>		
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>		
<hr/>				
<b>Golden</b>	<b>Friday</b>	<b>11:30am</b>	<b>Jefferson County Combined Courthouse</b>	<b>101</b>
<i>Address:</i> 100 Jefferson County Pkwy, Golden, CO 80419 USA				
<i>Building/Room:</i>				
<i>Focus:</i> How Was Your Week?				
<i>Note:</i> 2nd and 4th Fridays Only				
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcolorado.org/">http://liferingcolorado.org/</a>		
<i>Contact:</i> Ray R.	<i>Phone:</i> 720.261.3922	<i>Email:</i> <a href="mailto:heyrajy@icloud.com">heyrajy@icloud.com</a>		
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>		
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<b>Longmont</b>	<b>Friday</b>	<b>6:00am</b>	<b>Behavioral Health Group</b>	<b>282</b>
<i>Address:</i> 850 23rd Avenue, Unit A, Longmont, CO 80501 USA				
<i>Building/Room:</i>				
<i>Focus:</i> How Was Your Week?				
<i>Note:</i> 1st meeting date 7/28/2017				
<i>Map:</i> <a href="#">Click here for a Google map</a>			<i>Local LifeRing Website:</i> <a href="http://liferingcolorado.org/">http://liferingcolorado.org/</a>	
<i>Contact:</i> Gary G.		<i>Phone:</i> 720-326-4401	<i>Email:</i> <a href="mailto:garytaylorgibbs@yahoo.com">garytaylorgibbs@yahoo.com</a>	
<i>Contact:</i>		<i>Phone:</i>	<i>Email:</i>	
<b>Lafayette</b>	<b>Friday</b>	<b>6:30pm</b>	<b>Cairn Christian Church</b>	<b>107</b>
<i>Address:</i> 1700 Stonehenge Dr, Lafayette, CO 80026 USA				
<i>Building/Room:</i> Community Room				
<i>Focus:</i> How Was Your Week?/Workbook study				
<i>Note:</i>				
<i>Map:</i> <a href="#">Click here for a Google map</a>			<i>Local LifeRing Website:</i> <a href="http://liferingcolorado.org/">http://liferingcolorado.org/</a>	
<i>Contact:</i> Jeff M.		<i>Phone:</i>	<i>Email:</i> <a href="mailto:jeffjames05@gmail.com">jeffjames05@gmail.com</a>	
<i>Contact:</i> Paula G.		<i>Phone:</i>	<i>Email:</i> <a href="mailto:pgillen01@gmail.com">pgillen01@gmail.com</a>	
<b>Boulder</b>	<b>Saturday</b>	<b>11:30am</b>	<b>Boulder Addiction Recovery Center</b>	<b>69</b>
<i>Address:</i> 3081 Airport Rd., Boulder, CO 80301 USA				
<i>Building/Room:</i>				
<i>Focus:</i>				
<i>Note:</i>				
<i>Map:</i> <a href="#">Click here for a Google Map</a>			<i>Local LifeRing Website:</i> <a href="http://liferingcolorado.org/">http://liferingcolorado.org/</a>	
<i>Contact:</i> Gary G.		<i>Phone:</i> 720-326-4401	<i>Email:</i> <a href="mailto:garytaylorgibbs@yahoo.com">garytaylorgibbs@yahoo.com</a>	
<i>Contact:</i>		<i>Phone:</i>	<i>Email:</i>	
<b>Loveland</b>	<b>Saturday</b>	<b>5:00pm</b>	<b>InnerBalance Health Center</b>	<b>31</b>
<i>Address:</i> 1402 W. 28th St., Loveland, CO 80538 USA				
<i>Building/Room:</i>				
<i>Focus:</i> Intro to LifeRing				
<i>Note:</i> now meets every week				
<i>Map:</i> <a href="#">Click here for a Google map</a>			<i>Local LifeRing Website:</i> <a href="http://liferingcolorado.org/">http://liferingcolorado.org/</a>	
<i>Contact:</i> Gary G.		<i>Phone:</i> 720-326-4401	<i>Email:</i> <a href="mailto:garytaylorgibbs@yahoo.com">garytaylorgibbs@yahoo.com</a>	
<i>Contact:</i>		<i>Phone:</i>	<i>Email:</i>	
<b>Lakewood</b>	<b>Saturday</b>	<b>6:00pm</b>	<b>Solace Counseling</b>	<b>22</b>
<i>Address:</i> 6655 West Jewell Ave, #100, Lakewood, CO 80232 USA				
<i>Building/Room:</i>				
<i>Focus:</i> Speaker, group discussion				
<i>Note:</i>				
<i>Map:</i> <a href="#">click here for a Google map</a>			<i>Local LifeRing Website:</i> <a href="http://liferingcolorado.org/">http://liferingcolorado.org/</a>	
<i>Contact:</i> Dale O.		<i>Phone:</i>	<i>Email:</i> <a href="mailto:arias154@aol.com">arias154@aol.com</a>	
<i>Contact:</i>		<i>Phone:</i>	<i>Email:</i>	

**Longmont Sunday 1:30pm Center for Change 63***Address:* 1225 Ken Pratt , Suite 200, Longmont, CO 80501 USA*Building/Room:**Focus:* How We Get and Stay Clean and Sober*Note:* This location is right behind Le Peep restaurant.*Map:* [Click here for a Google map](#)*Local LifeRing Website:* <http://liferingcolorado.org/>*Contact:* Robert H.*Phone:* (720) 924-2013*Email:* [liferingcolorado@gmail.com](mailto:liferingcolorado@gmail.com)*Contact:**Phone:**Email:***Denver Sunday 10:30am Blake St. Meeting 444***Address:* 1730 Blake St. ste 310, Denver, CO 80202 USA*Building/Room:**Focus:* How Was Your Week?*Note:**Map:* [Click here for a Google map](#)*Local LifeRing Website:* <http://liferingcolorado.org/>*Contact:* Mary Lee P*Phone:**Email:* [mlpeterson318@gmail.com](mailto:mlpeterson318@gmail.com)*Contact:**Phone:**Email:***Longmont Sunday 10:30am Center for Change 308***Address:* 1225 Ken Pratt - Su 200, Longmont, CO 80501 USA*Building/Room:**Focus:* How We Get and Stay Clean and Sober*Note:* This location is right behind Le Peep restaurant.*Map:* [Click here for a Google map](#)*Local LifeRing Website:* <http://liferingcolorado.org/>*Contact:* Gary S.*Phone:* (970) 420-2202*Email:* [GLSandifer@hotmail.com](mailto:GLSandifer@hotmail.com)*Contact:**Phone:**Email:***Wheat Ridge Sunday 7:30pm Exempla West Pines Treatment Center 278***Address:* 3400 Lutheran Parkway, Wheat Ridge, CO 80233 USA*Building/Room:* Sun Room, Gymnasium Bldg*Focus:* How Was Your Week?*Note:**Map:* [Click here for a Google map](#)*Local LifeRing Website:* <http://liferingcolorado.org/>*Contact:* Greg C.*Phone:**Email:* [liferingcolorado@gmail.com](mailto:liferingcolorado@gmail.com)*Contact:**Phone:**Email:***State: CT****Greenwich Monday 7:30pm Greenwich Hospital 112***Address:* 5 Perryridge Rd., Greenwich, CT 06830 USA*Building/Room:* Cafeteria Conf Rm*Focus:* How Was Your Week?*Note:**Map:* [Click here for a Google map](#)*Local LifeRing Website:* <http://liferingct.com/>*Contact:* Cindy K.*Phone:* 772.205.1289*Email:* [cindy.lifering@gmail.com](mailto:cindy.lifering@gmail.com)*Contact:**Phone:**Email:*

**Greenwich** **Wednesday 7:30pm** **Greenwich Hospital** 307*Address:* 5 Perryridge Rd, Greenwich, CT 06830 USA*Building/Room:* Cafeteria Conf Rm*Focus:* How Was Your Week?*Note:**Map:* [Click here for a Google map](#)*Local LifeRing Website:* <http://liferingct.com/>*Contact:* Cindy K.*Phone:* 772.205.1289*Email:* [cindy.lifering@gmail.com](mailto:cindy.lifering@gmail.com)*Contact:**Phone:**Email:***Greenwich** **Friday 6:00pm** **Greenwich Hospital** 171*Address:* 5 Perryridge Rd., Greenwich, CT 06830 USA*Building/Room:* Cafeteria Conf Rm*Focus:* How Was Your Week?*Note:**Map:* [Click here for a Google map](#)*Local LifeRing Website:* <http://liferingct.com/>*Contact:* Cindy K.*Phone:* 772.205.1289*Email:* [cindy.lifering@gmail.com](mailto:cindy.lifering@gmail.com)*Contact:**Phone:**Email:***Greenwich** **Sunday 2:45pm** **Greenwich Hospital** 10*Address:* 5 Perryridge Rd, Greenwich, CT 06830 USA*Building/Room:* Cafeteria Conf Rm*Focus:* How Was Your Week?*Note:**Map:* [Click here for a Google map](#)*Local LifeRing Website:* <http://liferingct.com/>*Contact:* Cindy K.*Phone:* 772.205.1289*Email:* [cindy.lifering@gmail.com](mailto:cindy.lifering@gmail.com)*Contact:**Phone:**Email:***Greenwich** **Sunday 4:00pm** **Greenwich Hospital** 281*Address:* 5 Perryridge Rd., Greenwich, CT 06830 USA*Building/Room:* Cafeteria Conf Rm*Focus:* How Was Your Week?*Note:**Map:* [Click here for a Google map](#)*Local LifeRing Website:* <http://liferingct.com/>*Contact:* Cindy K.*Phone:* 772.205.1289*Email:* [cindy.lifering@gmail.com](mailto:cindy.lifering@gmail.com)*Contact:**Phone:**Email:***State: FL****Clearwater** **Monday 8:00pm** **Sylvan Abbey United Methodist Church** 54*Address:* 2817 Sunset Point Road, Clearwater, FL 33759 USA*Building/Room:* Building in rear of church parking lot.*Focus:* How Was Your Week?*Note:**Map:* [Click here for a Google map](#)*Local LifeRing Website:* <http://www.liferingtampabay.com>*Contact:* Andy F.*Phone:* 727-385-6363*Email:* [andytnc@yahoo.com](mailto:andytnc@yahoo.com)*Contact:**Phone:**Email:*



**Pinellas Park** **Friday** **8:00pm** **Good Samaritan Church** 19*Address:* 6085 Park Blvd, Pinellas Park, FL 33781 USA*Building/Room:* Adult Center - Rear*Focus:* How Was Your Week?*Note:**Map:* [Click here for a Google map](#)*Local LifeRing Website:* <http://www.liferingtampabay.com>*Contact:* Tom S.*Phone:* 727.866.6797*Email:* [tshelley@tampabay.rr.com](mailto:tshelley@tampabay.rr.com)*Contact:**Phone:**Email:***State: MA****New Bedford** **Saturday** **11:30am** **First Unitarian Church** 5*Address:* 71 8th Street, New Bedford, MA 02740 USA*Building/Room:**Focus:* How Was Your Week?*Note:* Enter through side door near parking lot*Map:* [Click here for a Google Map](#)*Local LifeRing Website:**Contact:* Jessie F.*Phone:* 508-994-9686*Email:* [lifering.newbedford@lifering.org](mailto:lifering.newbedford@lifering.org)*Contact:* Ewa C.*Phone:* 508-994-9686*Email:* [lifering.newbedford@lifering.org](mailto:lifering.newbedford@lifering.org)**State: MI****Sturgis** **Tuesday** **6:00pm** **St John's Episcopal Church** 114*Address:* 110 S. Clay St, Sturgis, MI 49091 USA*Building/Room:* Basement meeting room*Focus:* Recovery*Note:**Map:* [Click here for a Google map](#)*Local LifeRing Website:**Contact:* Tim P.*Phone:* (269) 319-9983*Email:* [timpugh76@gmail.com](mailto:timpugh76@gmail.com)*Contact:**Phone:**Email:***Petoskey** **Tuesday** **6:30pm** **Harbor Hall** 94*Address:* 704 Emmet St, Petoskey, MI 49770 USA*Building/Room:* Basement*Focus:* Recovery*Note:**Map:* [Click here for a Google map](#)*Local LifeRing Website:**Contact:* Doug*Phone:**Email:* [wildblueyonder1986@gmail.com](mailto:wildblueyonder1986@gmail.com)*Contact:**Phone:**Email:***Constantine** **Wednesday** **10:00am** **Messiah Lutheran Church** 382*Address:* 185 W. Fifth St., Constantine, MI 49042 USA*Building/Room:**Focus:* How Was Your Week?*Note:* 1st meeting Wednesday, 06/10/2017*Map:* [Click here for a Google map](#)*Local LifeRing Website:**Contact:* Leonard B.*Phone:* 269-365-8436*Email:* [constantinelifering@gmail.com](mailto:constantinelifering@gmail.com)*Contact:**Phone:**Email:*

**Petoskey** **Wednesday 7:00pm** **Red Sky Stage** 142*Address:* 445 E. Mitchell St., Petoskey, MI 49770 USA*Building/Room:**Focus:* How Was Your Week?*Note:**Map:* [Click here for a Google map](#)*Local LifeRing Website:**Contact:* Tom M.*Phone:* 231-881-6017*Email:* [recoveringtom@aol.com](mailto:recoveringtom@aol.com)*Contact:**Phone:**Email:***Sturgis** **Thursday 10:00am** **Hope House** 113*Address:* 131 S Nottawa St, Sturgis, MI 49091 USA*Building/Room:**Focus:* How Was Your Week?*Note:* Women only*Map:* [Click here for a Google map](#)*Local LifeRing Website:**Contact:* Christina*Phone:**Email:* [cgieber31@yahoo.com](mailto:cgieber31@yahoo.com)*Contact:**Phone:**Email:***Alpena** **Thursday 7:00pm** **Sunrise Center** 81*Address:* 360 Walnut St., Alpena, MI 49707 USA*Building/Room:* Sunrise Center; Modular*Focus:* How Was Your Week?*Note:**Map:* [Click here for a Google map](#)*Local LifeRing Website:**Contact:* Matt R.*Phone:* 1.231.445.2589*Email:* [rileymatt69@yahoo.com](mailto:rileymatt69@yahoo.com)*Contact:**Phone:**Email:***State: MN****Rochester** **Wednesday 7:30pm** **Recovery is Happening** 355*Address:* 25 16th St NE, Rochester, MN 55906 USA*Building/Room:**Focus:* How Was Your Week?*Note:**Map:* [Click here for a Google map](#)*Local LifeRing Website:**Contact:* Andrew F.*Phone:**Email:* [liferingrochester@yahoo.com](mailto:liferingrochester@yahoo.com)*Contact:**Phone:**Email:***State: NM****Albuquerque** **Wednesday 6:00pm** **Kaseman Hospital** 276*Address:* 8300 Constitution Ave. NE, Albuquerque, NM 87110 USA*Building/Room:* Aspen Room*Focus:* How Was Your Week?*Note:* Enter Emergency Room, turn left down hallway, through doors, Aspen is first room*Map:* [Click here for a Google map](#)*Local LifeRing Website:**Contact:* Chris. J.*Phone:**Email:* [cwjerman@yahoo.com](mailto:cwjerman@yahoo.com)*Contact:**Phone:**Email:*

**Los Alamos** **Wednesday 6:30pm** **Los Alamos Unitarian Church** 93*Address:* 1738 N Sage Loop, Los Alamos, NM 87544 USA*Building/Room:* Room #2*Focus:* How Was Your Week?*Note:**Map:* [Click here for a Google map](#)*Local LifeRing Website:**Contact:* Chris B.*Phone:**Email:* [sobercb@gmail.com](mailto:sobercb@gmail.com)*Contact:**Phone:**Email:***W/S Albuquerque-Rio Rancho** **Saturday 5:00pm** **Rust Medical Center** 24*Address:* 2400 Unser Blvd., W/S Albuquerque-Rio Rancho, NM 87124 USA*Building/Room:* Room 401*Focus:* How Was Your Week?*Note:* Take elevator to lower level*Map:* [Click here for a Google map](#)*Local LifeRing Website:**Contact:* Mary S.*Phone:* (505) 508-4259*Email:* [maryshortell2@gmail.com](mailto:maryshortell2@gmail.com)*Contact:**Phone:**Email:***State: NY****Harrison** **Sunday 1:00pm** **St. Vincent's Hospital** 206*Address:* 275 North Street, Harrison, NY 10528 USA*Building/Room:**Focus:* How Was Your Week?*Note:**Map:* [Click here for a Google Map](#)*Local LifeRing Website:* <https://www.liferingny.org/>*Contact:* Mark Fichtel*Phone:**Email:* [mark.lifering@gmail.com](mailto:mark.lifering@gmail.com)*Contact:**Phone:**Email:***State: OH****Akron** **Tuesday 7:00pm** **Firestone Park Community Center** 57*Address:* 1480 Girard St., Akron, OH 44301 USA*Building/Room:**Focus:* How Was Your Week?*Note:**Map:* [Click here for a Google map](#)*Local LifeRing Website:* <http://liferingakron.yolasite.com/>*Contact:* Lisa S.*Phone:* 234.220.5770*Email:* [LifeRingAkron@gmail.com](mailto:LifeRingAkron@gmail.com)*Contact:**Phone:**Email:***Akron** **Thursday 6:00pm** **Firestone Park Community Center** 320*Address:* 1480 Girard St., Akron, OH 44301 USA*Building/Room:**Focus:* How Was Your Week?*Note:**Map:* [Click here for a Google map](#)*Local LifeRing Website:* <http://liferingakron.yolasite.com/>*Contact:* Ethen W*Phone:**Email:* [ewcommando72@gmail.com](mailto:ewcommando72@gmail.com)*Contact:**Phone:**Email:*

**State: PA**

**Williamsport**

**Monday 4:30pm St Luke's Lutheran Church**

7

*Address:* 1400 Market Street, Williamsport, PA 17701 USA

*Building/Room:*

*Focus:* HWYW and Topics

*Note:* Front door entrance of white building behind church.

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:*

*Contact:* Jay G.

*Phone:* 570-428-2766

*Email:* [Jaygrandis@gmail.com](mailto:Jaygrandis@gmail.com)

*Contact:*

*Phone:*

*Email:*

**Lebanon**

**Tuesday 6:00pm Lebanon Recovery Center**

256

*Address:* 701 Chestnut Street, Lebanon, PA 17042 USA

*Building/Room:*

*Focus:* How Was Your Week?

*Note:*

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:*

*Contact:* Michael H.

*Phone:* 717-469-2874

*Email:*

*Contact:*

*Phone:*

*Email:*

**State: TX**

**Cedar Park**

**Wednesday 7:30pm Live Oak U.U. Church**

273

*Address:* 3315 El Salido Parkway, Cedar Park, TX 78613 USA

*Building/Room:* Room 103

*Focus:* How Was Your Week?

*Note:*

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://austinflifering.org/>

*Contact:* Robert M.

*Phone:* 512.663.4754

*Email:* [codemeisterbob@gmail.com](mailto:codemeisterbob@gmail.com)

*Contact:*

*Phone:*

*Email:*

**State: UT**

**Salt Lake City**

**Monday 5:00pm First Unitarian Church**

126

*Address:* 569 South 1300 East, Salt Lake City, UT 84102 USA

*Building/Room:* south entrance, 2nd floor

*Focus:* How Was Your Week?

*Note:* south entrance, 2nd floor

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://www.liferingutah.org/>

*Contact:* Mahala K.

*Phone:*

*Email:* [mahala.kephart@comcast.net](mailto:mahala.kephart@comcast.net)

*Contact:*

*Phone:*

*Email:*

**Cottonwood Heights**

**Tuesday 7:00pm South Valley UU Society**

169

*Address:* 6876 South Highland Drive, Cottonwood Heights, UT 84121 USA

*Building/Room:* Room #10

*Focus:* how was your week?

*Note:*

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://www.liferingutah.org/>

*Contact:* Marcia W.

*Phone:*

*Email:* [mwhitney1947@gmail.com](mailto:mwhitney1947@gmail.com)

*Contact:*

*Phone:*

*Email:*

<b>Salt Lake City</b>	<b>Wednesday 12:00pm</b>	<b>SLC Foothill Meeting</b>	<b>59</b>
<i>Address:</i> 2319 Foothill Drive #100, Salt Lake City, UT 84109 USA			
<i>Building/Room:</i> Conference Room, Suite 120, Foothill & Parley's Way			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> 50 minutes; Free parking. Near I-80 and I-215 (Belt Route) exchange, in the Lefavi Business Center.			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://www.liferingutah.org/">http://www.liferingutah.org/</a>	
<i>Contact:</i> John B.	<i>Phone:</i>	<i>Email:</i> <a href="mailto:johnwellsbennett@gmail.com">johnwellsbennett@gmail.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
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<b>Salt Lake City</b>	<b>Wednesday 6:30pm</b>	<b>UNI (University Neuropsychiatric Institute)</b>	<b>58</b>
<i>Address:</i> 501 Chipeta Way, Salt Lake City, UT 84108 USA			
<i>Building/Room:</i> Recovery Works, room #1074			
<i>Focus:</i> recovery by choice workbook discussion group			
<i>Note:</i> Ample free parking. Non-smoking campus. Enter through front doors and follow signs.			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://www.liferingutah.org/">http://www.liferingutah.org/</a>	
<i>Contact:</i> Sally B.	<i>Phone:</i>	<i>Email:</i> <a href="mailto:sally_boland@comcast.net">sally_boland@comcast.net</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
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<b>Salt Lake City</b>	<b>Thursday 7:00pm</b>	<b>USARA</b>	<b>68</b>
<i>Address:</i> 180 East 2100 South, Salt Lake City, UT 84115 USA			
<i>Building/Room:</i> Suite 100			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://www.liferingutah.org/">http://www.liferingutah.org/</a>	
<i>Contact:</i> John B.	<i>Phone:</i>	<i>Email:</i> <a href="mailto:johnwellsbennett@gmail.com">johnwellsbennett@gmail.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
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<b>Salt Lake City</b>	<b>Friday 7:00pm</b>	<b>Empowering Your Sober Self Reading Group</b>	<b>252</b>
<i>Address:</i> 2212 South West Temple #29, Salt Lake City, UT 84115 USA			
<i>Building/Room:</i>			
<i>Focus:</i> book-study group			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://www.liferingutah.org/">http://www.liferingutah.org/</a>	
<i>Contact:</i> Ty	<i>Phone:</i>	<i>Email:</i> <a href="mailto:slcmidas@gmail.com">slcmidas@gmail.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
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<b>Salt Lake City</b>	<b>Saturday 11:00am</b>	<b>First Baptist Church of Salt Lake City</b>	<b>83</b>
<i>Address:</i> 777 South 1300 East, Salt Lake City, UT 84102 USA			
<i>Building/Room:</i> 2nd floor, library room			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Parking lots behind church, enter from 800 South/Sunnyside Avenue			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://www.liferingutah.org/">http://www.liferingutah.org/</a>	
<i>Contact:</i> Lawrence C.	<i>Phone:</i>	<i>Email:</i> <a href="mailto:lawrence.culver@usu.edu">lawrence.culver@usu.edu</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
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**Salt Lake City                      Sunday      10:00am      University Neuropsychiatric Institute (UNI)                      32***Address:* 501 Chipeta Way, Salt Lake City, UT 84108 USA*Building/Room:* Room #1566*Focus:* How Was Your Week?*Note:**Map:* [Click here for a Google map](#)*Local LifeRing Website:* <http://www.liferingutah.org/>*Contact:* Mary A.*Phone:**Email:* [maldous@xmission.com](mailto:maldous@xmission.com)*Contact:**Phone:**Email:***State: WA****Spokane                                      Monday      7:00pm      The Delaney Apts                                      120***Address:* 242 W. Riverside Ave, Spokane, WA 99201 USA*Building/Room:**Focus:* How Was Your Week?*Note:* 1st meeting April 9th. Please call 707.304.1947 to gain admittance to the building*Map:* [Click here for a Google map](#)*Local LifeRing Website:**Contact:* Paul P*Phone:* 707.304.1947*Email:**Contact:**Phone:**Email:***Walla Walla                                      Wednesday 7:00pm      First Congregational Church                                      181***Address:* 73 S. Palouse, Walla Walla, WA 99362 USA*Building/Room:* Fireplace Room (3rd floor)*Focus:* How Was Your Week?*Note:**Map:* [Click here for a Google map](#)*Local LifeRing Website:**Contact:* Tim K.*Phone:* 425-445-4430*Email:* [liferingww@gmail.com](mailto:liferingww@gmail.com)*Contact:**Phone:**Email:***Port Angeles                                      Thursday      7:00pm      Olympic Medical Center                                      428***Address:* 939 Caroline St., Port Angeles, WA 98362 USA*Building/Room:* Wendel room (in basement)*Focus:* How Was Your Week?*Note:* Enter through Main Entrance, basement door is left of entrance, follow signs.*Map:* [Click here for a Google map](#)*Local LifeRing Website:**Contact:* Craig W.*Phone:* 510-848-2369*Email:* [cswhalley@lifering.org](mailto:cswhalley@lifering.org)*Contact:**Phone:**Email:***Seattle    Thursday      8:00pm      Homestreet Bank Meeting                                      105***Address:* 7307 Greenwood Ave N, Seattle, WA 98103 USA*Building/Room:* Homestreet Bank community meeting room*Focus:* How Was Your Week?*Note:* access the meeting room via the south door off the parking lot*Map:* [Click here for a Google map](#)*Local LifeRing Website:**Contact:* Jeremy K*Phone:**Email:* [jrtking73@yahoo.com](mailto:jrtking73@yahoo.com)*Contact:**Phone:**Email:*