

# United States LifeRing Meetings

1/11/2019

For additions or changes, please contact the LifeRing Service Center at 1-800-811-4142 or [service@lifering.org](mailto:service@lifering.org)

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## LifeRing United States Face-to-Face Meetings

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### States AR

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#### Fort Smith

**Monday 6:00pm**

**LifeRing at Harbor House**

138

*Address:* 4500 Kelley Hwy., Fort Smith, AR 72904

*Building/Room:*

*Focus:* How Was Your Week?

*Note:*

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:*

*Contact:* Tosha W.

*Phone:* 479-785-4083 ext. 120

*Email:* [twilson@recoveryhhi.org](mailto:twilson@recoveryhhi.org)

*Contact:*

*Phone:*

*Email:*

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### States CA

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#### Antioch

**Monday 11:00am**

**Kaiser CDRP**

330

*Address:* 3454 Hillcrest Ave., Antioch, CA 94531

*Building/Room:* Rm 2A

*Focus:* How Was Your Week?

*Note:* Does not meet if Kaiser is closed

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://liferingsf.org/>

*Contact:* Scott H.

*Phone:* 9252508572

*Email:* [ichabodx9@yahoo.com](mailto:ichabodx9@yahoo.com)

*Contact:*

*Phone:*

*Email:*

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#### Sacramento

**Monday 4:15pm**

**Strategies for Change South**

337

*Address:* 4343 Williamsborough Drive, Sacramento, CA 95823

*Building/Room:*

*Focus:* Meetings may have a Child Protective Services Orientation

*Note:*

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://www.liferingsacramento.org/>

*Contact:* Strategies for Change South

*Phone:* (916) 395-3552

*Email:* [harold@lifering.org](mailto:harold@lifering.org)

*Contact:*

*Phone:*

*Email:*

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#### Livermore

**Monday 6:00pm**

**Unitarian Universalist Church**

92

*Address:* 1893 N.Vasco Rd., Livermore, CA 94551

*Building/Room:*

*Focus:* How Was Your Week?

*Note:*

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://liferingsf.org/>

*Contact:* Geoffrey L.

*Phone:* 415-845-3799

*Email:* [geoff.lane.phd@gmail.com](mailto:geoff.lane.phd@gmail.com)

*Contact:*

*Phone:*

*Email:*

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<b>Fresno</b>	<b>Monday 6:30pm</b>	<b>Kaiser Permanente Medical Center</b>	131
<i>Address:</i> 7300 N. Fresno St, Fresno, CA 93720			
<i>Building/Room:</i> 3rd floor Wawona room			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Located between Herndon & Alluvial			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcalifornia.org/">http://liferingcalifornia.org/</a>	
<i>Contact:</i> Jim B.	<i>Phone:</i>	<i>Email:</i> <a href="mailto:jim-bat@pacbell.net">jim-bat@pacbell.net</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<b>Moreno Valley</b>	<b>Monday 6:30pm</b>	<b>Kaiser Permanente - Addiction Medicine Department</b>	62
<i>Address:</i> 12815 Heacock St., Moreno Valley, CA 92553			
<i>Building/Room:</i> Room #116			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Meeting will not convene on Holidays when Kaiser is closed			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcalifornia.org/">http://liferingcalifornia.org/</a>	
<i>Contact:</i> Mike M	<i>Phone:</i> 510-928-8256	<i>Email:</i> <a href="mailto:ie.lifering@gmail.com">ie.lifering@gmail.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<b>Burlingame</b>	<b>Monday 7:00pm</b>	<b>Mills-Peninsula Hospital</b>	85
<i>Address:</i> 1501 Trousdale Dr., Burlingame, CA 94010			
<i>Building/Room:</i> Bldg B, 1st floor, Rm D			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> Mary Beth	<i>Phone:</i>	<i>Email:</i> <a href="mailto:marybeth@lifering.org">marybeth@lifering.org</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<b>San Diego</b>	<b>Monday 7:00pm</b>	<b>St Timothy's Episcopal Church</b>	298
<i>Address:</i> 10125 Azuaga St., San Diego, CA 92129			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Down the breezeway, second door on the left			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcalifornia.org/">http://liferingcalifornia.org/</a>	
<i>Contact:</i> Greg H.	<i>Phone:</i>	<i>Email:</i> <a href="mailto:lsrgreg@gmail.com">lsrgreg@gmail.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<b>Union City</b>	<b>Monday 7:00pm</b>	<b>Kaiser Medical Building</b>	166
<i>Address:</i> 3551 Whipple Rd., Union City, CA 94587			
<i>Building/Room:</i> Building B, 3rd Floor, Rooms A & B			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Does not meet if Kaiser is closed.			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> Chris H.	<i>Phone:</i>	<i>Email:</i> <a href="mailto:cshappraisals@gmail.com">cshappraisals@gmail.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	

<b>Vacaville</b>	<b>Monday 7:00pm</b>	<b>Kaiser Hospital</b>	358
<i>Address:</i> 1 Quality Dr, Vacaville, CA 95688			
<i>Building/Room:</i> Bldg A, 1st Floor			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> behind Peets Coffee			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> Darlene B.	<i>Phone:</i> 707.392-8056	<i>Email:</i> <a href="mailto:lvacaville@gmail.com">lvacaville@gmail.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<b>San Francisco</b>	<b>Monday 7:15pm</b>	<b>Kaiser CDRP</b>	70
<i>Address:</i> 1201 Fillmore St, San Francisco, CA 94115			
<i>Building/Room:</i> Room 5			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> We do not meet on holidays			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> Jim V.	<i>Phone:</i> 415.515.0321	<i>Email:</i> <a href="mailto:jimvanover@sbcglobal.net">jimvanover@sbcglobal.net</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<b>San Jose</b>	<b>Monday 7:30pm</b>	<b>Kaiser</b>	214
<i>Address:</i> 5755 Cottle Rd., San Jose, CA 95123			
<i>Building/Room:</i> Building #23, Room #3			
<i>Focus:</i> How Was Your Week with introduction to LifeRing included			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> Rob A.	<i>Phone:</i> 831-212-0297	<i>Email:</i> <a href="mailto:liferingsj@gmail.com">liferingsj@gmail.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<b>San Rafael</b>	<b>Monday 7:30pm</b>	<b>Bayside Marin</b>	172
<i>Address:</i> 718 4th St., San Rafael, CA 94901			
<i>Building/Room:</i> Meeting Room			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> Coby S.	<i>Phone:</i>	<i>Email:</i> <a href="mailto:cobysmolens@gmail.com">cobysmolens@gmail.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<b>Santa Rosa</b>	<b>Monday 7:30pm</b>	<b>UNITARIAN CHURCH</b>	2
<i>Address:</i> 547 Mendocino Ave, Santa Rosa, CA 95401			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google Map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsr.org/">http://liferingsr.org/</a>	
<i>Contact:</i> Peter P.	<i>Phone:</i> 707-596-8860	<i>Email:</i> <a href="mailto:liferingsr@gmail.com">liferingsr@gmail.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	

<b>Berkeley</b>	<b>Monday 8:00pm</b>	<b>Herrick Hospital</b>	28
<i>Address:</i> 2001 Dwight Way, Berkeley, CA 94704			
<i>Building/Room:</i> Basement Level A			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> Bill C.	<i>Phone:</i> 510.548.9111	<i>Email:</i> <a href="mailto:andreegraham@yahoo.com">andreegraham@yahoo.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<b>Sacramento</b>	<b>Monday 9:00am</b>	<b>Strategies for Change North</b>	426
<i>Address:</i> 4441 Auburn Blvd, Ste E, Sacramento, CA 95841			
<i>Building/Room:</i> Conf Room			
<i>Focus:</i>			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://www.liferingsacramento.org/">http://www.liferingsacramento.org/</a>	
<i>Contact:</i> Strategies for Change North	<i>Phone:</i> (916) 473-5764	<i>Email:</i> <a href="mailto:harold@lifering.org">harold@lifering.org</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<b>San Francisco</b>	<b>Tuesday 1:00pm</b>	<b>Kaiser CDRP</b>	90
<i>Address:</i> 1201 Fillmore St., San Francisco, CA 94115			
<i>Building/Room:</i> Room 8			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> We do not meet on holidays			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> Jim V.	<i>Phone:</i> 415.515.0321	<i>Email:</i> <a href="mailto:jimvanover@sbcglobal.net">jimvanover@sbcglobal.net</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<b>Vallejo</b>	<b>Tuesday 12:00pm</b>	<b>Kaiser CDRP</b>	110
<i>Address:</i> 800 Sereno Dr., Vallejo, CA 94589			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Sign @ check-in desk			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> Charisse L.	<i>Phone:</i> 707 712-8481	<i>Email:</i> <a href="mailto:Charisselee1@hotmail.com">Charisselee1@hotmail.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<b>Sacramento</b>	<b>Tuesday 4:15pm</b>	<b>Strategies for Change South</b>	427
<i>Address:</i> 4343 Williamsborough Drive, Sacramento, CA 95823			
<i>Building/Room:</i>			
<i>Focus:</i> Meetings may have a Child Protective Services Orientation			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://www.liferingsacramento.org/">http://www.liferingsacramento.org/</a>	
<i>Contact:</i> Strategies for Change South	<i>Phone:</i> (916) 395-3552	<i>Email:</i> <a href="mailto:harold@lifering.org">harold@lifering.org</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	

<b>Roseville</b>	<b>Tuesday 5:00pm</b>	<b>Roseville Raley's</b>	340
<i>Address:</i> 1915 Douglas Blvd., Roseville, CA 95661			
<i>Building/Room:</i> meeting is inside the store near the magazines in the event center			
<i>Focus:</i>			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://www.liferingsacramento.org/">http://www.liferingsacramento.org/</a>	
<i>Contact:</i> Brady F.	<i>Phone:</i> 831-214-3500	<i>Email:</i> <a href="mailto:harold@lifering.org">harold@lifering.org</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<b>San Leandro</b>	<b>Tuesday 6:15pm</b>	<b>Kaiser Hosptial</b>	75
<i>Address:</i> 2500 Merced St., San Leandro, CA 94577			
<i>Building/Room:</i> Room A-13, first floor			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> Craig O.	<i>Phone:</i> 510-517-3345	<i>Email:</i> <a href="mailto:bigox54@sbcglobal.net">bigox54@sbcglobal.net</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<b>Oakland</b>	<b>Tuesday 6:45pm</b>	<b>Kaiser AMRS</b>	23
<i>Address:</i> 380 W. MacArthur Blvd, Oakland, CA 94609			
<i>Building/Room:</i> Room 4			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Does not meet if Kaiser is closed			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> D. Woodsum	<i>Phone:</i>	<i>Email:</i> <a href="mailto:woodsumconstructioninc@gmail.com">woodsumconstructioninc@gmail.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<b>Benicia</b>	<b>Tuesday 7:00pm</b>	<b>First Baptist Church of Benicia</b>	289
<i>Address:</i> 1055 Southampton Rd, Benicia, CA 94510			
<i>Building/Room:</i> Meeting Room D			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Look for sign			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> George K.	<i>Phone:</i> 805-220-8328	<i>Email:</i> <a href="mailto:denkst@gmail.com">denkst@gmail.com</a>	
<i>Contact:</i> Greg C.	<i>Phone:</i> 707-771-0490	<i>Email:</i> <a href="mailto:gsc Cox@pacbell.net">gsc Cox@pacbell.net</a>	
<b>Healdsburg</b>	<b>Tuesday 7:00pm</b>	<b>Good Shepherd Lutheran Church</b>	217
<i>Address:</i> 1402 University Street, Healdsburg, CA 95448			
<i>Building/Room:</i> Conference Room			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsr.org/">http://liferingsr.org/</a>	
<i>Contact:</i> Chris L.	<i>Phone:</i> 707-566-8790	<i>Email:</i> <a href="mailto:chris@chrislamela.com">chris@chrislamela.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	

<b>Sebastopol</b>	<b>Tuesday 7:00pm</b>	<b>St. Stephen's Episcopal church</b>	136
<i>Address:</i> 500 Robinson Rd., Sebastopol, CA 95472			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsr.org">http://liferingsr.org</a>	
<i>Contact:</i> Eric F.	<i>Phone:</i> 707-596-8860	<i>Email:</i> <a href="mailto:liferingsr@gmail.com">liferingsr@gmail.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<b>Petaluma</b>	<b>Tuesday 7:30pm</b>	<b>Olympia House</b>	50
<i>Address:</i> 11207 Valley Ford Rd., Petaluma, CA 94952			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsr.org">http://liferingsr.org</a>	
<i>Contact:</i> John H	<i>Phone:</i> 707-596-8860	<i>Email:</i> <a href="mailto:liferingsr@gmail.com">liferingsr@gmail.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<b>Sacramento</b>	<b>Tuesday 7:30pm</b>	<b>Kaiser Watt</b>	383
<i>Address:</i> 2829 Watt Blvd., Sacramento, CA 95821			
<i>Building/Room:</i> Suite 150, Room 2			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://www.liferingsacramento.org/">http://www.liferingsacramento.org/</a>	
<i>Contact:</i> Stan K	<i>Phone:</i>	<i>Email:</i> <a href="mailto:harold@lifering.org">harold@lifering.org</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<b>Walnut Creek</b>	<b>Tuesday 7:30pm</b>	<b>Kaiser Medical Center</b>	160
<i>Address:</i> 1425 S. Main St, Walnut Creek, CA 94596			
<i>Building/Room:</i> MAPLE CONFERENCE ROOM			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> Rick M.	<i>Phone:</i>	<i>Email:</i> <a href="mailto:mcpeakrs@comcast.net">mcpeakrs@comcast.net</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<b>Oakland</b>	<b>Tuesday 8:30pm</b>	<b>MPI</b>	119
<i>Address:</i> 3100 Summit St., Oakland, CA 94609			
<i>Building/Room:</i> 5th Floor, Rm 4			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> Liisa P.	<i>Phone:</i>	<i>Email:</i> <a href="mailto:liisapine@gmail.com">liisapine@gmail.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	

**San Francisco****Wednesday 12:15pm SF VAMC**

339

*Address:* 4150 Clement St, San Francisco, CA 94121*Building/Room:* Bldg 203, Rm GA-48*Focus:* How Was Your Week?*Note:* Open to military, active or retired only*Map:* [Click here for a Google map](#)*Local LifeRing Website:* <http://liferingsf.org/>*Contact:* Tonisa C.*Phone:* 806.290.1293*Email:* [tclardy2002@gmail.com](mailto:tclardy2002@gmail.com)*Contact:**Phone:**Email:***Walnut Creek****Wednesday 12:15pm Kaiser Medical Center**

329

*Address:* 710 South Broadway, Walnut Creek, CA 94596*Building/Room:* Room 3-C*Focus:* How Was Your Week?*Note:**Map:* [Click here for a Google map](#)*Local LifeRing Website:* <http://liferingsf.org/>*Contact:* Laura M*Phone:* 925.699.5566*Email:* [mosleyldance@yahoo.com](mailto:mosleyldance@yahoo.com)*Contact:**Phone:**Email:***Fremont****Wednesday 6:00pm LifeRing @ Fremont Hospital CDRP**

60

*Address:* 39021 Sundale Drive, Fremont, CA 94538*Building/Room:* The clinic building across the parking lot from the main hospital*Focus:* How Was Your Week?*Note:**Map:* [Click here for a Google map](#)*Local LifeRing Website:**Contact:* Chris H.*Phone:**Email:* [chris@cshappraisals.com](mailto:chris@cshappraisals.com)*Contact:**Phone:**Email:***Pacifica****Wednesday 6:00pm Pacifica Resource Center**

4

*Address:* 1809 Palmetto Ave., Pacifica, CA 94044*Building/Room:**Focus:* How Was Your Week?*Note:* Closed on the major holidays*Map:* [Click here for a Google Map](#)*Local LifeRing Website:* <https://twitter.com/lifering94044>*Contact:* Corrinne E.*Phone:**Email:* [liferingcorrinnepacifica@gmail.com](mailto:liferingcorrinnepacifica@gmail.com)*Contact:**Phone:**Email:***San Diego****Wednesday 6:00pm Lasting Recovery**

121

*Address:* 6046 Cornerstone Ct W, San Diego, CA 92121*Building/Room:**Focus:* How Was Your Week?*Note:* Dial #113 if late*Map:* [Click here for a Google map](#)*Local LifeRing Website:* <http://liferingcalifornia.org/>*Contact:* Dave I.*Phone:**Email:* [liferingsandiego@gmail.com](mailto:liferingsandiego@gmail.com)*Contact:**Phone:**Email:*

<b>Alameda</b>	<b>Wednesday 6:30pm</b>	<b>Home of Truth Spiritual Center</b>	241
<i>Address:</i> 1300 Grand St, Alameda, CA 94501			
<i>Building/Room:</i> Upstairs			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> Gary B	<i>Phone:</i> no phone number	<i>Email:</i> <a href="mailto:lfrngary@gmail.com">lfrngary@gmail.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<b>San Rafael</b>	<b>Wednesday 6:45pm</b>	<b>San Rafael Kaiser CDU</b>	134
<i>Address:</i> 111 Smith Ranch Rd., San Rafael, CA 94903			
<i>Building/Room:</i> Mt. Tam Room			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Look for sign			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> Steve B.	<i>Phone:</i> (415) 320-2181	<i>Email:</i> <a href="mailto:sberkley@me.com">sberkley@me.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<b>Martinez</b>	<b>Wednesday 7:00pm</b>	<b>Veteran's Hospital</b>	251
<i>Address:</i> 150 Muir Road, Martinez, CA 94553			
<i>Building/Room:</i> conf. rm in Bldg 20			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> Dennis M	<i>Phone:</i> 925.768.0049	<i>Email:</i> <a href="mailto:d5n@aol.com">d5n@aol.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<b>San Diego</b>	<b>Wednesday 7:00pm</b>	<b>St. Timothy's Episcopal Church</b>	297
<i>Address:</i> 10125 Azuaga St., San Diego, CA 92129			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcalifornia.org/">http://liferingcalifornia.org/</a>	
<i>Contact:</i> Greg H.	<i>Phone:</i>	<i>Email:</i> <a href="mailto:lsrgreggh@gmail.com">lsrgreggh@gmail.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<b>Mountain View</b>	<b>Wednesday 7:30pm</b>	<b>LifeRing at El Camino Hospital</b>	74
<i>Address:</i> 2400 Grant Road, Mountain View, CA 94040			
<i>Building/Room:</i> Park Pavilion (YMCA building), room 'L'			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> Byron K.	<i>Phone:</i> 925.922.3553	<i>Email:</i> <a href="mailto:byron@lifering.org">byron@lifering.org</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	



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<b>Fresno</b>	<b>Wednesday 8:00pm</b>	<b>Fresno Kaiser CDRP</b>	80
<i>Address:</i> 4785 North 1st St., Fresno, CA 93726			
<i>Building/Room:</i> 4th floor Conference room			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcalifornia.org/">http://liferingcalifornia.org/</a>	
<i>Contact:</i> Tony W.	<i>Phone:</i>	<i>Email:</i> <a href="mailto:twilhelm@extremecomm3.com">twilhelm@extremecomm3.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<hr/>			
<b>Santa Rosa</b>	<b>Wednesday 8:00pm</b>	<b>Kaiser CDRP</b>	15
<i>Address:</i> 3554 Round Barn Blvd., Santa Rosa, CA 95401			
<i>Building/Room:</i> Room H			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> between 7th & 10th			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsr.org">http://liferingsr.org</a>	
<i>Contact:</i> Chris A.	<i>Phone:</i> 707-596-8860	<i>Email:</i> <a href="mailto:liferingsr@gmail.com">liferingsr@gmail.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<hr/>			
<b>Sacramento</b>	<b>Wednesday 9:00am</b>	<b>Strategies for Change North</b>	423
<i>Address:</i> 4441 Auburn Blvd, Ste E, Sacramento, CA 95841			
<i>Building/Room:</i> Conf Room			
<i>Focus:</i>			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://www.liferingsacramento.org/">http://www.liferingsacramento.org/</a>	
<i>Contact:</i> Strategies for Change North	<i>Phone:</i> (916) 473-5764	<i>Email:</i> <a href="mailto:harold@lifering.org">harold@lifering.org</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
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<b>Hayward</b>	<b>Thursday 1:45pm</b>	<b>Aldon Oliver Sports Park</b>	151
<i>Address:</i> 2580 Eden Park Pl, Hayward, CA 94587			
<i>Building/Room:</i> park benches by the ticket office near the main parking lot			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> Greg S.	<i>Phone:</i>	<i>Email:</i> <a href="mailto:starke49@pacbell.net">starke49@pacbell.net</a>	
<i>Contact:</i> Jacqueline R.	<i>Phone:</i>	<i>Email:</i> <a href="mailto:jaykr@att.net">jaykr@att.net</a>	
<hr/>			
<b>San Bruno</b>	<b>Thursday 12:00pm</b>	<b>San Bruno VA Clinic</b>	328
<i>Address:</i> 1001 Sneath Lane, San Bruno, CA 94066			
<i>Building/Room:</i> V.A. Clinic, 3rd Floor			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> 1 hour meeting			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> Edward G.	<i>Phone:</i> 415-468-4814	<i>Email:</i> <a href="mailto:emg1946@comcast.net">emg1946@comcast.net</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<hr/>			

<b>Vacaville</b>	<b>Thursday 12:15pm</b>	<b>Kaiser Hospital</b>	180
<i>Address:</i> 1 Quality Dr, Vacaville, CA 95688			
<i>Building/Room:</i> Meet in the waiting area prior to getting a meeting room			
<i>Focus:</i> Women's only meeting			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> Valerie R.	<i>Phone:</i>	<i>Email:</i> <a href="mailto:52valerie52@gmail.com">52valerie52@gmail.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<b>Oakland</b>	<b>Thursday 6:00pm</b>	<b>Kaiser AMRS</b>	104
<i>Address:</i> 380 W. MacArthur Blvd, Oakland, CA 94609			
<i>Building/Room:</i> Room 2			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Does not meet if Kaiser is closed			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> D. Woodsum	<i>Phone:</i>	<i>Email:</i> <a href="mailto:woodsumconstructioninc@gmail.com">woodsumconstructioninc@gmail.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<b>Mill Valley</b>	<b>Thursday 6:15pm</b>	<b>Recovery Without Walls</b>	162
<i>Address:</i> 3 Madrona Street, Mill Valley, CA 94941			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Corner of Madrona Street @ Throckmorton Ave			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> Stephanie S	<i>Phone:</i>	<i>Email:</i> <a href="mailto:stephsart@comcast.net">stephsart@comcast.net</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<b>San Diego</b>	<b>Thursday 6:30pm</b>	<b>North Park Behavioral Health Center</b>	183
<i>Address:</i> 2136 El Cajon Blvd., San Diego, CA 92104			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcalifornia.org/">http://liferingcalifornia.org/</a>	
<i>Contact:</i> Greg H.	<i>Phone:</i>	<i>Email:</i> <a href="mailto:lsrgreggh@gmail.com">lsrgreggh@gmail.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<b>Concord</b>	<b>Thursday 7:00pm</b>	<b>Center for Recovery</b>	264
<i>Address:</i> 2740 Grant Street, Concord, CA 94520			
<i>Building/Room:</i> Medical Pavilion, Suit 3			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> Kathy L	<i>Phone:</i> 925-256-1850	<i>Email:</i> <a href="mailto:kthrn_lennon@yahoo.com">kthrn_lennon@yahoo.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	

<b>Folsom</b>	<b>Thursday 7:00pm</b>	<b>Kaiser Folsom</b>	368
<i>Address:</i> 2155 Iron Point Road, Folsom, CA 95630			
<i>Building/Room:</i> 1st floor room across from vending machines			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://www.liferingsacramento.org/">http://www.liferingsacramento.org/</a>	
<i>Contact:</i> Stan K.	<i>Phone:</i>	<i>Email:</i> <a href="mailto:harold@lifering.org">harold@lifering.org</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<b>Huntington Beach</b>	<b>Thursday 7:00pm</b>	<b>Huntington Beach Senior Center</b>	354
<i>Address:</i> 18041 Goldenwest St, Huntington Beach, CA 92648			
<i>Building/Room:</i> Travel Resources Room			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Orange County Lifering meeting			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcalifornia.org/">http://liferingcalifornia.org/</a>	
<i>Contact:</i> Winsor B	<i>Phone:</i>	<i>Email:</i> <a href="mailto:oclifering@gmail.com">oclifering@gmail.com</a>	
<i>Contact:</i> Ginny D	<i>Phone:</i>	<i>Email:</i> <a href="mailto:oclifering@gmail.com">oclifering@gmail.com</a>	
<b>Napa</b>	<b>Thursday 7:00pm</b>	<b>Napa LifeRing</b>	173
<i>Address:</i> 2590 1st Street, Napa, CA 94558			
<i>Building/Room:</i> CrossWalk Community Church in the Heritage Room			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsr.org">http://liferingsr.org</a>	
<i>Contact:</i> Mike S. Joel C. and Melissa	<i>Phone:</i>	<i>Email:</i> <a href="mailto:napalifering@gmail.com">napalifering@gmail.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<b>Santa Rosa</b>	<b>Thursday 7:00pm</b>	<b>Unitarian Universalist Church</b>	36
<i>Address:</i> 547 Mendocino Ave, Santa Rosa, CA 95401			
<i>Building/Room:</i> classroom #2			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsr.org">http://liferingsr.org</a>	
<i>Contact:</i> Todd W.	<i>Phone:</i> 707-596-8860	<i>Email:</i> <a href="mailto:liferingsr@gmail.com">liferingsr@gmail.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<b>Vacaville</b>	<b>Thursday 7:00pm</b>	<b>Kaiser Hospital</b>	293
<i>Address:</i> 1 Quality Dr, Vacaville, CA 95688			
<i>Building/Room:</i> Bldg A, 1st Floor			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> behind Peets Coffee			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> Brian P.	<i>Phone:</i> 707.689.8036	<i>Email:</i> <a href="mailto:lvacaville@gmail.com">lvacaville@gmail.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	

<b>Berkeley</b>	<b>Thursday 7:30pm</b>	<b>Herrick Hospital</b>	129
<i>Address:</i> 2001 Dwight Way, Berkeley, CA 94704			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> Paul A.	<i>Phone:</i>	<i>Email:</i> <a href="mailto:eastbay.pda@gmail.com">eastbay.pda@gmail.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<b>Walnut Creek</b>	<b>Thursday 7:30pm</b>	<b>Mt. Diablo UU Church</b>	198
<i>Address:</i> 55 Eckley Lane, Walnut Creek, CA 94596			
<i>Building/Room:</i> Oak Room			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> Arnold P.	<i>Phone:</i>	<i>Email:</i> <a href="mailto:arnoldpustilnik@yahoo.com">arnoldpustilnik@yahoo.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<b>Fresno</b>	<b>Thursday 8:00pm</b>	<b>Kaiser Permanente Medical Center</b>	301
<i>Address:</i> 7300 N. Fresno St, Fresno, CA 93720			
<i>Building/Room:</i> 3rd floor in the Sierra Conference Room			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Located between Herndon & Alluvial			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcalifornia.org/">http://liferingcalifornia.org/</a>	
<i>Contact:</i> David Roberts	<i>Phone:</i> 559.213.0098	<i>Email:</i> <a href="mailto:profilesplus@sbcglobal.net">profilesplus@sbcglobal.net</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<b>Sacramento</b>	<b>Thursday 9:00am</b>	<b>Strategies for Change North</b>	424
<i>Address:</i> 4441 Auburn Blvd, Ste E, Sacramento, CA 95841			
<i>Building/Room:</i> Conf Room			
<i>Focus:</i>			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://www.liferingsacramento.org/">http://www.liferingsacramento.org/</a>	
<i>Contact:</i> Strategies for Change North	<i>Phone:</i> (916) 473-5764	<i>Email:</i> <a href="mailto:harold@lifering.org">harold@lifering.org</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<b>Santa Rosa</b>	<b>Friday 1:00pm</b>	<b>Interlink Self Help Center</b>	48
<i>Address:</i> 1033 4th St., Santa Rosa, CA 95404			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsr.org">http://liferingsr.org</a>	
<i>Contact:</i> Jenn P.	<i>Phone:</i> 707-546-4481 extension 2	<i>Email:</i> <a href="mailto:liferingsr@gmail.com">liferingsr@gmail.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	

<b>Vallejo</b>	<b>Friday 12:00pm</b>	<b>Kaiser CDRP</b>	127
<i>Address:</i> 800 Sereno Dr., Vallejo, CA 94589			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> Terry H.	<i>Phone:</i>	<i>Email:</i> <a href="mailto:terryghill@att.net">terryghill@att.net</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<b>Walnut Creek</b>	<b>Friday 12:15pm</b>	<b>Kaiser Medical Center</b>	399
<i>Address:</i> 710 South Broadway, Walnut Creek, CA 94596			
<i>Building/Room:</i> Room 3-E			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> Laura M.	<i>Phone:</i> 925.699.5566	<i>Email:</i> <a href="mailto:mosleyldance@yahoo.com">mosleyldance@yahoo.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<b>Sacramento</b>	<b>Friday 4:25pm</b>	<b>Strategies for Change South</b>	338
<i>Address:</i> 4343 Williamsborough Drive, Sacramento, CA 95823			
<i>Building/Room:</i>			
<i>Focus:</i> Meetings may have a Child Protective Services Orientation			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://www.liferingsacramento.org/">http://www.liferingsacramento.org/</a>	
<i>Contact:</i> Strategies for Change South	<i>Phone:</i> (916) 395-3552	<i>Email:</i> <a href="mailto:harold@lifering.org">harold@lifering.org</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<b>Elk Grove</b>	<b>Friday 6:00pm</b>	<b>Raley's Elk Grove</b>	421
<i>Address:</i> 4900 Elk Grove Blvd, Elk Grove, CA 95758			
<i>Building/Room:</i> Event Center Room			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Meeting sometimes at Peet's Coffee - Look for signs			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://www.liferingsacramento.org/">http://www.liferingsacramento.org/</a>	
<i>Contact:</i> Lisa J.	<i>Phone:</i>	<i>Email:</i> <a href="mailto:liferingsouthsac@yahoo.com">liferingsouthsac@yahoo.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<b>San Francisco</b>	<b>Friday 6:00pm</b>	<b>Women's Building</b>	372
<i>Address:</i> 3543 18th St, San Francisco, CA 94110			
<i>Building/Room:</i> Room B			
<i>Focus:</i> Workbook Meeting			
<i>Note:</i> between Valencia and Guerrero			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> David H.	<i>Phone:</i> (415) 651-4558	<i>Email:</i> <a href="mailto:davidh.lifering@gmail.com">davidh.lifering@gmail.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	

<b>Union City</b>	<b>Friday 6:00pm</b>	<b>Kaiser Medical Building</b>	212
<i>Address:</i> 3551 Whipple Rd, Union City, CA 94587			
<i>Building/Room:</i> Building B, Third Floor, Room 3D or Room 3C			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Does not meet if Kaiser is closed			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> Tim B.	<i>Phone:</i>	<i>Email:</i> <a href="mailto:timothybliss@comcast.net">timothybliss@comcast.net</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<b>San Rafael</b>	<b>Friday 6:30pm</b>	<b>San Rafael Kaiser CDU</b>	315
<i>Address:</i> 111 Smith Ranch Rd., San Rafael, CA 94903			
<i>Building/Room:</i> Yosemite Room			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Look for sign			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> Coby S.	<i>Phone:</i> 415-747-5709	<i>Email:</i> <a href="mailto:cobysmolens@gmail.com">cobysmolens@gmail.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<b>San Jose</b>	<b>Friday 7:30pm</b>	<b>Christ the Good Shepherd Church</b>	72
<i>Address:</i> 1550 Meridian Ave., San Jose, CA 95125			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> Byron K.	<i>Phone:</i> 925.922.3553	<i>Email:</i> <a href="mailto:byron@lifering.org">byron@lifering.org</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<b>Los Angeles</b>	<b>Saturday 1:30pm</b>	<b>LifeRing Secular Recovery - Cafe Tropical</b>	215
<i>Address:</i> 2900 W. Sunset Bl., Los Angeles, CA 90026			
<i>Building/Room:</i> in the Silver Lake neighborhood			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcalifornia.org/">http://liferingcalifornia.org/</a>	
<i>Contact:</i> Christopher s	<i>Phone:</i>	<i>Email:</i> <a href="mailto:christopherjohn_smith@yahoo.com">christopherjohn_smith@yahoo.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<b>Oakland</b>	<b>Saturday 10:00am</b>	<b>Kaiser AMRS</b>	82
<i>Address:</i> 380 W. MacArthur Blvd, Oakland, CA 94609			
<i>Building/Room:</i> Room 1A&B			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Does not meet if Kaiser is closed			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> Patrick K	<i>Phone:</i>	<i>Email:</i> <a href="mailto:me@patrickkelleher.me">me@patrickkelleher.me</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	

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<b>San Francisco</b>	<b>Saturday 10:00am</b>	<b>San Francisco LGBT Community Center</b>	207
<i>Address:</i> 1800 Market Street, San Francisco, CA 94102			
<i>Building/Room:</i> Room 203, 2nd Floor			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> Monica F	<i>Phone:</i>	<i>Email:</i> <a href="mailto:monica@pacetua.com">monica@pacetua.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<hr/>			
<b>Dublin</b>	<b>Saturday 11:00am</b>	<b>John Knox Presbyterian Church</b>	199
<i>Address:</i> 7421 Amarillo Rd., Dublin, CA 94568			
<i>Building/Room:</i> Look for signs			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google Map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> Dru B.	<i>Phone:</i>	<i>Email:</i> <a href="mailto:dru.boyd@yahoo.com">dru.boyd@yahoo.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<hr/>			
<b>San Mateo</b>	<b>Saturday 12:00pm</b>	<b>Mills Peninsula Health Services</b>	232
<i>Address:</i> 100 S. San Mateo Dr, San Mateo, CA 94401			
<i>Building/Room:</i> 4th floor Millennium Room			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> Betsy Y.	<i>Phone:</i> 650.576.9316	<i>Email:</i> <a href="mailto:betsyyawn@aol.com">betsyyawn@aol.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<hr/>			
<b>Sebastopol</b>	<b>Saturday 12:00pm</b>	<b>Azure Acres Recovery Center</b>	270
<i>Address:</i> 2264 Green Hill Rd., Sebastopol, CA 95472			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsr.org/">http://liferingsr.org</a>	
<i>Contact:</i> D'Ann G.	<i>Phone:</i>	<i>Email:</i> <a href="mailto:girlwpearl@gmail.com">girlwpearl@gmail.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<hr/>			
<b>Hayward</b>	<b>Saturday 5:00pm</b>	<b>New Bridges Outreach Center</b>	64
<i>Address:</i> 27287 Patrick Ave, Hayward, CA 94544			
<i>Building/Room:</i> 2nd Floor			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> Chris H.	<i>Phone:</i>	<i>Email:</i> <a href="mailto:cshappraisals@gmail.com">cshappraisals@gmail.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<hr/>			

<b>Fair Oaks</b>	<b>Saturday 9:00am</b>	<b>Fair Oaks Raley's</b>	411
<i>Address:</i> 4840 San Juan Ave, Fair Oaks, CA 95628			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Sunset and San Juan			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://www.liferingsacramento.org/">http://www.liferingsacramento.org/</a>	
<i>Contact:</i> Jody A.	<i>Phone:</i>	<i>Email:</i> <a href="mailto:harold@lifering.org">harold@lifering.org</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<b>San Leandro</b>	<b>Saturday 9:30am</b>	<b>All Saint's Episcopal Church</b>	250
<i>Address:</i> 911 Dowling Boulevard, San Leandro, CA 94577			
<i>Building/Room:</i> Fireside Room			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> John O	<i>Phone:</i> (510) 357-5273	<i>Email:</i> <a href="mailto:maddogclc@gmail.com">maddogclc@gmail.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<b>Forestville</b>	<b>Sunday 1:00pm</b>	<b>Food For Thought</b>	76
<i>Address:</i> 6550 Railroad Ave, Forestville, CA 95436			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsr.org/">http://liferingsr.org</a>	
<i>Contact:</i> David Vergi	<i>Phone:</i> 707-596-8860	<i>Email:</i> <a href="mailto:liferingsr@gmail.com">liferingsr@gmail.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<b>Roseville</b>	<b>Sunday 10:00am</b>	<b>Roseville Raley's</b>	412
<i>Address:</i> 1915 Douglas Blvd., Roseville, CA 95661			
<i>Building/Room:</i> meeting is inside the store near the magazines in the event center			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://www.liferingsacramento.org/">http://www.liferingsacramento.org/</a>	
<i>Contact:</i> <a href="mailto:harold@lifering.org">harold@lifering.org</a>	<i>Phone:</i>	<i>Email:</i> <a href="mailto:harold@lifering.org">harold@lifering.org</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<b>Oakland</b>	<b>Sunday 11:00am</b>	<b>Kaiser Hospital</b>	156
<i>Address:</i> 3600 Broadway, Oakland, CA 94611			
<i>Building/Room:</i> Room at (lower lever) LL HH-2			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingsf.org/">http://liferingsf.org/</a>	
<i>Contact:</i> John A.	<i>Phone:</i>	<i>Email:</i> <a href="mailto:jra8300@sbcglobal.net">jra8300@sbcglobal.net</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	



**Sacramento Sunday 11:00am Natomas Raley's 13**

*Address:* 4650 Natomas Blvd, Sacramento, CA 95835

*Building/Room:* Event Center Inside next to the pharmacy

*Focus:* How Was Your Week?

*Note:*

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://www.liferingsacramento.org/>

*Contact:* Staff

*Phone:*

*Email:* [harold@lifering.org](mailto:harold@lifering.org)

*Contact:*

*Phone:*

*Email:*

**Hayward Sunday 5:00pm New Bridges Outreach Center 446**

*Address:* 27287 Patrick Ave, Hayward, CA 94544

*Building/Room:* 2nd Floor

*Focus:* How Was Your Week?

*Note:*

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://liferingsf.org/>

*Contact:* Don S

*Phone:* 510-331-5629

*Email:* [arthurdonaldsalazar53@gmail.com](mailto:arthurdonaldsalazar53@gmail.com)

*Contact:*

*Phone:*

*Email:*

**Placerville Sunday 5:00pm Here & Tao Hypnotherapy 300**

*Address:* 419 Main Street, Placerville, CA 95667

*Building/Room:* Suite 318

*Focus:* How Was Your Week?

*Note:*

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://www.liferingsacramento.org/>

*Contact:* Ben

*Phone:*

*Email:* [harold@lifering.org](mailto:harold@lifering.org)

*Contact:*

*Phone:*

*Email:*

**San Diego Sunday 6:00pm Lasting Recovery 65**

*Address:* 6046 Cornerstone Ct W, San Diego, CA 92121

*Building/Room:*

*Focus:* Workbook meeting

*Note:* Dial #113 if late

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://liferingcalifornia.org/>

*Contact:* Leigh J.

*Phone:*

*Email:* [liferingsandiego@gmail.com](mailto:liferingsandiego@gmail.com)

*Contact:*

*Phone:*

*Email:*

**States CO**

**Denver Monday 6:00pm Advocates for Recovery Colorado 38**

*Address:* 6981 Federal Blvd, Denver, CO 80221

*Building/Room:*

*Focus:* How Was Your Week?

*Note:*

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://liferingcolorado.org/>

*Contact:* Jessica G.

*Phone:* 720-209-6683

*Email:* [Jessicagrace.jg11@gmail.com](mailto:Jessicagrace.jg11@gmail.com)

*Contact:*

*Phone:*

*Email:*

<b>Fort Collins</b>	<b>Monday 6:00pm</b>	<b>Lee Christian Law Office</b>	16
<i>Address:</i> 415 Mason Court, Fort Collins, CO 80524			
<i>Building/Room:</i> Building 2			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcolorado.org/">http://liferingcolorado.org/</a>	
<i>Contact:</i> Pat R.	<i>Phone:</i> 970 227-6650	<i>Email:</i> <a href="mailto:renworth@frii.com">renworth@frii.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<b>Denver</b>	<b>Monday 6:30pm</b>	<b>Washington Park Church of Christ</b>	102
<i>Address:</i> 400 South Williams St., Denver, CO 80209			
<i>Building/Room:</i> Alley entrance			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcolorado.org/">http://liferingcolorado.org/</a>	
<i>Contact:</i> Bonnie M.	<i>Phone:</i> 303-726-2155	<i>Email:</i> <a href="mailto:d8adoc@msn.com">d8adoc@msn.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<b>Lafayette</b>	<b>Monday 6:30pm</b>	<b>Sister Carmen Center</b>	255
<i>Address:</i> 655 Aspen Ridge Dr, Lafayette, CO 80026			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcolorado.org/">http://liferingcolorado.org/</a>	
<i>Contact:</i> James F.	<i>Phone:</i> 303-859-7606	<i>Email:</i> <a href="mailto:dewboy666@gmail.com">dewboy666@gmail.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<b>Highlands Ranch</b>	<b>Tuesday 11:00am</b>	<b>Kaiser in Highlands Ranch</b>	195
<i>Address:</i> 9139 S. Ridgeline Blvd, Highlands Ranch, CO 80219			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcolorado.org/">http://liferingcolorado.org/</a>	
<i>Contact:</i> Greg C.	<i>Phone:</i> 303-250-9797	<i>Email:</i> <a href="mailto:gchlumsky@gmail.com">gchlumsky@gmail.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<b>Denver</b>	<b>Tuesday 6:00pm</b>	<b>Kaiser Permanente Regional Headquarters</b>	132
<i>Address:</i> 10350 E. Dakota Ave., Denver, CO 80247			
<i>Building/Room:</i> Group Room 36			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Meeting to the left after entering, west side of building			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcolorado.org/">http://liferingcolorado.org/</a>	
<i>Contact:</i> Joe F.	<i>Phone:</i> 720-838-3631	<i>Email:</i> <a href="mailto:jbfranklin61@gmail.com">jbfranklin61@gmail.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	

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<b>Denver</b>	<b>Tuesday 6:30pm</b>	<b>St John's Episcopal Cathedral</b>	404
<i>Address:</i> 1350 Washington St, Denver, CO 80203			
<i>Building/Room:</i> Library			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcolorado.org/">http://liferingcolorado.org/</a>	
<i>Contact:</i> Lorraine H.	<i>Phone:</i> 303-699-2406	<i>Email:</i> <a href="mailto:hull.d.lorraine@gmail.com">hull.d.lorraine@gmail.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<hr/>			
<b>Broomfield</b>	<b>Tuesday 7:00pm</b>	<b>Cross of Christ Lutheran Church</b>	279
<i>Address:</i> 12099 Lowell Blvd., Broomfield, CO 80020			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcolorado.org/">http://liferingcolorado.org/</a>	
<i>Contact:</i> Tom B.	<i>Phone:</i> 303.808.3299	<i>Email:</i> <a href="mailto:cyclommuter@yahoo.com">cyclommuter@yahoo.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<hr/>			
<b>Lafayette</b>	<b>Tuesday 7:30pm</b>	<b>Cairn Christian Church</b>	178
<i>Address:</i> 1700 Stonehenge Dr, Lafayette, CO 80026			
<i>Building/Room:</i> Community Room			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcolorado.org/">http://liferingcolorado.org/</a>	
<i>Contact:</i> Bob C.	<i>Phone:</i> 612-437-9291	<i>Email:</i> <a href="mailto:rtcrosby@comcast.net">rtcrosby@comcast.net</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<hr/>			
<b>Denver</b>	<b>Wednesday 6:00pm</b>	<b>St. Barnabas Church</b>	292
<i>Address:</i> 1280 Vine St., Denver, CO 80206			
<i>Building/Room:</i> Room 210			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcolorado.org/">http://liferingcolorado.org/</a>	
<i>Contact:</i> Kathleen G	<i>Phone:</i> 303-319-2465	<i>Email:</i> <a href="mailto:coloradolifering@gmail.com">coloradolifering@gmail.com</a>	
<i>Contact:</i> Bobby G.	<i>Phone:</i>	<i>Email:</i>	
<hr/>			
<b>Edwards</b>	<b>Wednesday 6:00pm</b>	<b>"Vail"-Trinity Baptist Church</b>	145
<i>Address:</i> 90 Lariat Loop, Edwards, CO 81632			
<i>Building/Room:</i> Building A (Upper level of Cabin Building)			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcolorado.org/">http://liferingcolorado.org/</a>	
<i>Contact:</i> Erika S.	<i>Phone:</i> 970-445-0821	<i>Email:</i> <a href="mailto:liferingvail@yahoo.com">liferingvail@yahoo.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<hr/>			

<b>Longmont</b>	<b>Wednesday 6:00pm</b>	<b>Longmont United Hospital</b>	182
<i>Address:</i> 1950 Mountain View Ave., Longmont, CO 80501			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcolorado.org/">http://liferingcolorado.org/</a>	
<i>Contact:</i> Leana D.	<i>Phone:</i> 724-466-0543	<i>Email:</i> <a href="mailto:ldefurio72@yahoo.com">ldefurio72@yahoo.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<b>Boulder</b>	<b>Wednesday 7:00pm</b>	<b>Boulder Bridgehouse Ready to Work</b>	192
<i>Address:</i> 4747 Table Mesa, Boulder, CO 80305			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcolorado.org/">http://liferingcolorado.org/</a>	
<i>Contact:</i> Theresa B.	<i>Phone:</i> (720) 250-6378	<i>Email:</i>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<b>Arvada</b>	<b>Thursday 5:30pm</b>	<b>Kaiser Hidden Lake Medical Office Building</b>	133
<i>Address:</i> 7701 Sheridan Blvd., Arvada, CO 80003			
<i>Building/Room:</i> Rapids Room			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcolorado.org/">http://liferingcolorado.org/</a>	
<i>Contact:</i> Rob C.	<i>Phone:</i> 720-708-4840	<i>Email:</i> <a href="mailto:liferingcolorado@gmail.com">liferingcolorado@gmail.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<b>Denver</b>	<b>Thursday 6:00pm</b>	<b>Denver Drug Court</b>	202
<i>Address:</i> 520 W Colfax Ave, Denver, CO 80224			
<i>Building/Room:</i> Lindsey Flanagan Courthouse			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Fifth Thursday of the month only			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcolorado.org/">http://liferingcolorado.org/</a>	
<i>Contact:</i> Tom B	<i>Phone:</i> 303-808-3299	<i>Email:</i> <a href="mailto:cyclommuter@yahoo.com">cyclommuter@yahoo.com</a>	
<i>Contact:</i> Gary C	<i>Phone:</i> 720-399-4314	<i>Email:</i>	
<b>Evergreen</b>	<b>Thursday 6:00pm</b>	<b>HomeSmart Realty</b>	208
<i>Address:</i> 1232 Bergen Pkwy Suite #102, Evergreen, CO 80439			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> No meetings until September 2018			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcolorado.org/">http://liferingcolorado.org/</a>	
<i>Contact:</i> Mike F.	<i>Phone:</i>	<i>Email:</i> <a href="mailto:liferingcolorado@gmail.com">liferingcolorado@gmail.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	

<b>Boulder</b>	<b>Thursday 6:30pm</b>	<b>Remington Post Condos</b>	174
<i>Address:</i> 3350 Iris Ave, Boulder, CO 80301			
<i>Building/Room:</i> Club House			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Entrance on north side			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcolorado.org/">http://liferingcolorado.org/</a>	
<i>Contact:</i> Richenda B	<i>Phone:</i> 720-239-3243	<i>Email:</i> <a href="mailto:rlbiles@comcast.net">rlbiles@comcast.net</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<b>Denver</b>	<b>Thursday 7:00pm</b>	<b>Highlands United Methodist Church</b>	77
<i>Address:</i> 3131 Osceola, Denver, CO 80212			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> LGBTQ meeting meets on the THIRD THURSDAY of every month, Jud F, judfelder@gmail.com			
<i>Map:</i> <a href="#">Click here for a Google Map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcolorado.org/">http://liferingcolorado.org/</a>	
<i>Contact:</i> Jud F.	<i>Phone:</i>	<i>Email:</i> <a href="mailto:liferingdenver@gmail.com">liferingdenver@gmail.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<b>Denver</b>	<b>Thursday 7:00pm</b>	<b>Washington Park Church of Christ</b>	302
<i>Address:</i> 400 South Williams St., Denver, CO 80209			
<i>Building/Room:</i> Alley entrance			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcolorado.org/">http://liferingcolorado.org/</a>	
<i>Contact:</i> Chuck B.	<i>Phone:</i> 303-797-7393	<i>Email:</i> <a href="mailto:Chaswb63@gmail.com">Chaswb63@gmail.com</a>	
<i>Contact:</i> Kathleen G.	<i>Phone:</i> (303) 514-4788	<i>Email:</i> <a href="mailto:liferingcolorado@gmail.com">liferingcolorado@gmail.com</a>	
<b>Northglenn</b>	<b>Thursday 7:00pm</b>	<b>Crossroads Church</b>	37
<i>Address:</i> 10451 Huron St, Northglenn, CO 80234			
<i>Building/Room:</i> Room 201-203			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcolorado.org/">http://liferingcolorado.org/</a>	
<i>Contact:</i> Jessica G.	<i>Phone:</i> 720-209-6683	<i>Email:</i> <a href="mailto:Jessicagrace.jg11@gmail.com">Jessicagrace.jg11@gmail.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<b>Tabernash</b>	<b>Thursday 7:00pm</b>	<b>Tabernash</b>	191
<i>Address:</i> 100 County Road 515, Tabernash, CO 80478			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> First and Third Thursday of each month; 1 mile north of Tabernash Co			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcolorado.org/">http://liferingcolorado.org/</a>	
<i>Contact:</i> Dick S.	<i>Phone:</i> (303) 898-3125	<i>Email:</i> <a href="mailto:liferingwesternslope@gmail.com">liferingwesternslope@gmail.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	

<b>Louisville</b>	<b>Thursday 7:30pm</b>	<b>Centennial Peaks Hospital</b>	6
<i>Address:</i> 2255 South 88th Street, Louisville, CO 80027			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcolorado.org/">http://liferingcolorado.org/</a>	
<i>Contact:</i> Dave F.	<i>Phone:</i> 303.517.5696	<i>Email:</i> <a href="mailto:dave1fletcher@gmail.com">dave1fletcher@gmail.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<b>Aurora</b>	<b>Thursday 9:00am</b>	<b>Rocky Mountain Regional VA Medical Center</b>	123
<i>Address:</i> 1700 North Wheeling St, Aurora, CO 80045			
<i>Building/Room:</i> Building A, Golden Rod Room			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> LifeRing Veterans' Meeting in Aurora			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcolorado.org/">http://liferingcolorado.org/</a>	
<i>Contact:</i> Bobby G.	<i>Phone:</i> 303-955-5673	<i>Email:</i> <a href="mailto:inebgreene@comcast.net">inebgreene@comcast.net</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<b>Longmont</b>	<b>Thursday 9:00am</b>	<b>Behavioral Health Group</b>	282
<i>Address:</i> 850 23rd Avenue, Unit A, Longmont, CO 80501			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcolorado.org/">http://liferingcolorado.org/</a>	
<i>Contact:</i> Gary G.	<i>Phone:</i> 720-326-4401	<i>Email:</i> <a href="mailto:garytaylor@yaho.com">garytaylor@yaho.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<b>Denver</b>	<b>Friday 6:30pm</b>	<b>Christ Congregational Church</b>	106
<i>Address:</i> 2500 S Sheridan Blvd, Denver, CO 80227			
<i>Building/Room:</i> Common Room			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Fellowship Hall entrance, follow signs left to Common Room			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcolorado.org/">http://liferingcolorado.org/</a>	
<i>Contact:</i> Curtis D.	<i>Phone:</i> 303-718-0608	<i>Email:</i> <a href="mailto:cdrewcia@gmail.com">cdrewcia@gmail.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<b>Lafayette</b>	<b>Friday 6:30pm</b>	<b>Cairn Christian Church</b>	107
<i>Address:</i> 1700 Stonehenge Dr, Lafayette, CO 80026			
<i>Building/Room:</i> Community Room			
<i>Focus:</i> How Was Your Week?/Workbook study			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcolorado.org/">http://liferingcolorado.org/</a>	
<i>Contact:</i> Gary G.	<i>Phone:</i> 720-326-4401	<i>Email:</i> <a href="mailto:garytaylor@yaho.com">garytaylor@yaho.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	

<b>Broomfield</b>	<b>Friday 7:00pm</b>	<b>United Church of Broomfield</b>	86
<i>Address:</i> 825 Kohl St., Broomfield, CO 80020			
<i>Building/Room:</i> Upstairs in the Steele Common room			
<i>Focus:</i>			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google Map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcolorado.org/">http://liferingcolorado.org/</a>	
<i>Contact:</i> Tom B.	<i>Phone:</i> 303.808.3299	<i>Email:</i> <a href="mailto:cyclommuter@yahoo.com">cyclommuter@yahoo.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<b>Boulder</b>	<b>Saturday 11:30am</b>	<b>Boulder Addiction Recovery Center (ARC)</b>	69
<i>Address:</i> 3180 Airport Rd., Boulder, CO 80301			
<i>Building/Room:</i>			
<i>Focus:</i>			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google Map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcolorado.org/">http://liferingcolorado.org/</a>	
<i>Contact:</i> Paula G.	<i>Phone:</i> 917-693-4534	<i>Email:</i> <a href="mailto:pgillen01@gmail.com">pgillen01@gmail.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<b>Lakewood</b>	<b>Saturday 6:00pm</b>	<b>Solace Counseling</b>	22
<i>Address:</i> 6655 West Jewell Ave, #100, Lakewood, CO 80232			
<i>Building/Room:</i>			
<i>Focus:</i> Speaker, group discussion			
<i>Note:</i>			
<i>Map:</i> <a href="#">click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcolorado.org/">http://liferingcolorado.org/</a>	
<i>Contact:</i> Dale O.	<i>Phone:</i>	<i>Email:</i> <a href="mailto:arias154@aol.com">arias154@aol.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<b>Longmont</b>	<b>Sunday 1:30pm</b>	<b>Center for Change</b>	63
<i>Address:</i> 1225 Ken Pratt , Suite 200, Longmont, CO 80501			
<i>Building/Room:</i>			
<i>Focus:</i> How We Get and Stay Clean and Sober			
<i>Note:</i> This location is right behind Le Peep restaurant.			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcolorado.org/">http://liferingcolorado.org/</a>	
<i>Contact:</i> Robert H.	<i>Phone:</i> 720-220-5609	<i>Email:</i> <a href="mailto:Hartman5609@gmail.com">Hartman5609@gmail.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<b>Denver</b>	<b>Sunday 10:30am</b>	<b>Blake St. Meeting</b>	444
<i>Address:</i> 1730 Blake St. ste 310, Denver, CO 80202			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i> <a href="http://liferingcolorado.org/">http://liferingcolorado.org/</a>	
<i>Contact:</i> Mary Lee P	<i>Phone:</i>	<i>Email:</i> <a href="mailto:mlpeterson318@gmail.com">mlpeterson318@gmail.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	

**Longmont** **Sunday 10:30am** **Center for Change** 308*Address:* 1225 Ken Pratt - Su 200, Longmont, CO 80501*Building/Room:**Focus:* How We Get and Stay Clean and Sober*Note:* This location is right behind Le Peep restaurant.*Map:* [Click here for a Google map](#)*Local LifeRing Website:* <http://liferingcolorado.org/>*Contact:* Gary S.*Phone:* 970-420-2202*Email:* [glsandifer@hotmail.com](mailto:glsandifer@hotmail.com)*Contact:**Phone:**Email:***Wheat Ridge** **Sunday 7:30pm** **Exempla West Pines Treatment Center** 278*Address:* 3400 Lutheran Parkway, Wheat Ridge, CO 80033*Building/Room:* Sun Room, Gymnasium Bldg*Focus:* How Was Your Week?*Note:**Map:* [Click here for a Google map](#)*Local LifeRing Website:* <http://liferingcolorado.org/>*Contact:* Greg C.*Phone:* 303-250-9797*Email:* [gchlumsky@gmail.com](mailto:gchlumsky@gmail.com)*Contact:**Phone:**Email:***States CT****Greenwich** **Monday 7:30pm** **Greenwich Hospital** 112*Address:* 5 Perryridge Rd., Greenwich, CT 06830*Building/Room:* Cafeteria Conf Rm*Focus:* How Was Your Week?*Note:**Map:* [Click here for a Google map](#)*Local LifeRing Website:* <http://liferingct.com/>*Contact:* Cindy K.*Phone:* 772.205.1289*Email:* [cindy.lifering@gmail.com](mailto:cindy.lifering@gmail.com)*Contact:**Phone:**Email:***Greenwich** **Wednesday 7:30pm** **Greenwich Hospital** 307*Address:* 5 Perryridge Rd, Greenwich, CT 06830*Building/Room:* Cafeteria Conf Rm*Focus:* How Was Your Week?*Note:**Map:* [Click here for a Google map](#)*Local LifeRing Website:* <http://liferingct.com/>*Contact:* Cindy K.*Phone:* 772.205.1289*Email:* [cindy.lifering@gmail.com](mailto:cindy.lifering@gmail.com)*Contact:**Phone:**Email:***Greenwich** **Friday 6:00pm** **Greenwich Hospital** 171*Address:* 5 Perryridge Rd., Greenwich, CT 06830*Building/Room:* Cafeteria Conf Rm*Focus:* How Was Your Week?*Note:**Map:* [Click here for a Google map](#)*Local LifeRing Website:* <http://liferingct.com/>*Contact:* Cindy K.*Phone:* 772.205.1289*Email:* [cindy.lifering@gmail.com](mailto:cindy.lifering@gmail.com)*Contact:**Phone:**Email:*



**Greenwich** **Sunday 2:45pm** **Greenwich Hospital** 10

*Address:* 5 Perryridge Rd, Greenwich, CT 06830

*Building/Room:* Cafeteria Conf Rm

*Focus:* How Was Your Week?

*Note:* Is a women only meeting

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://liferingct.com/>

*Contact:* Cindy K.

*Phone:* 772.205.1289

*Email:* [cindy.lifering@gmail.com](mailto:cindy.lifering@gmail.com)

*Contact:*

*Phone:*

*Email:*

**Greenwich** **Sunday 4:00pm** **Greenwich Hospital** 281

*Address:* 5 Perryridge Rd., Greenwich, CT 06830

*Building/Room:* Cafeteria Conf Rm

*Focus:* How Was Your Week?

*Note:*

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://liferingct.com/>

*Contact:* Cindy K.

*Phone:* 772.205.1289

*Email:* [cindy.lifering@gmail.com](mailto:cindy.lifering@gmail.com)

*Contact:*

*Phone:*

*Email:*

**States FL**

**Clearwater** **Monday 8:00pm** **Sylvan Abbey United Methodist Church** 54

*Address:* 2817 Sunset Point Road, Clearwater, FL 33759

*Building/Room:* Building in rear of church parking lot.

*Focus:* How Was Your Week?

*Note:*

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://www.liferingtampabay.com>

*Contact:* Tom S.

*Phone:* 727.866.6797

*Email:* [tshelley@tampabay.rr.com](mailto:tshelley@tampabay.rr.com)

*Contact:*

*Phone:*

*Email:*

**Pinellas Park** **Friday 8:00pm** **Good Samaritan Church** 19

*Address:* 6085 Park Blvd, Pinellas Park, FL 33781

*Building/Room:* Adult Center - Rear

*Focus:* How Was Your Week?

*Note:*

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://www.liferingtampabay.com>

*Contact:* Tom S.

*Phone:* 727.866.6797

*Email:* [tshelley@tampabay.rr.com](mailto:tshelley@tampabay.rr.com)

*Contact:*

*Phone:*

*Email:*

**States MA**

**New Bedford** **Saturday 11:30am** **First Unitarian Church** 5

*Address:* 71 8th Street, New Bedford, MA 02740

*Building/Room:*

*Focus:* How Was Your Week?

*Note:* Enter through side door near parking lot

*Map:* [Click here for a Google Map](#)

*Local LifeRing Website:*

*Contact:* Jessie F.

*Phone:* 617-455-2258

*Email:* [lifering.newbedford@lifering.org](mailto:lifering.newbedford@lifering.org)

*Contact:* Ewa C.

*Phone:* 508-994-9686

*Email:* [lifering.newbedford@lifering.org](mailto:lifering.newbedford@lifering.org)

**States MI**

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<b>Sturgis</b>	<b>Tuesday 6:00pm</b>	<b>St John's Episcopal Church</b>	114
<i>Address:</i> 110 S. Clay St, Sturgis, MI 49091			
<i>Building/Room:</i> Basement meeting room			
<i>Focus:</i> Rocovery			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i>	
<i>Contact:</i> Tim P.	<i>Phone:</i> (269) 319-9983	<i>Email:</i> <a href="mailto:timpugh76@gmail.com">timpugh76@gmail.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<hr/>			
<b>Petoskey</b>	<b>Tuesday 6:30pm</b>	<b>Harbor Hall</b>	94
<i>Address:</i> 704 Emmet St, Petoskey, MI 49770			
<i>Building/Room:</i> Basement			
<i>Focus:</i> Recovery			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i>	
<i>Contact:</i> Tom M.	<i>Phone:</i> 231-881-6017	<i>Email:</i> <a href="mailto:recoveringtom@aol.com">recoveringtom@aol.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<hr/>			
<b>Petoskey</b>	<b>Wednesday 7:00pm</b>	<b>Red Sky Stage</b>	142
<i>Address:</i> 445 E. Mitchell St., Petoskey, MI 49770			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i>	
<i>Contact:</i> Tom M.	<i>Phone:</i> 231-881-6017	<i>Email:</i> <a href="mailto:recoveringtom@aol.com">recoveringtom@aol.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<hr/>			
<b>Taylor</b>	<b>Thursday 5:00pm</b>	<b>23rd District Court</b>	96
<i>Address:</i> 23365 Goddard Rd., Taylor, MI 48180			
<i>Building/Room:</i> Jury room			
<i>Focus:</i> Varies			
<i>Note:</i> Cell phones not allowed, metal detector in use			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i>	
<i>Contact:</i> Paul M.	<i>Phone:</i> 313-673-6716	<i>Email:</i> <a href="mailto:pmahon@gmail.com">pmahon@gmail.com</a>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<hr/>			
<b>Alpena</b>	<b>Thursday 7:00pm</b>	<b>Sunrise Center</b>	81
<i>Address:</i> 360 Walnut St., Alpena, MI 49707			
<i>Building/Room:</i> Sunrise Center; Modular			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> <a href="#">Click here for a Google map</a>		<i>Local LifeRing Website:</i>	
<i>Contact:</i>	<i>Phone:</i> 989.356.6649	<i>Email:</i>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<hr/>			

**Ludington** **Friday 6:30pm** **The People's Church** 25

*Address:* 115 W. Loomis Street, Ludington, MI 49431

*Building/Room:* Foyer

*Focus:* How Was Your Week?/Topic

*Note:* East Door adjacent to Main Sanctuary Entrance

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:*

*Contact:* Andrea K./Geni M./Tonya J./

*Phone:* 231.690.0360

*Email:* [chastym@wcmchs.org](mailto:chastym@wcmchs.org)

*Contact:*

*Phone:*

*Email:*

**States MN**

**St. Paul** **Wednesday 7:00pm** **Caydence Records & Coffee** 95

*Address:* 900 Payne Ave, St. Paul, MN 55130

*Building/Room:* Venue Room

*Focus:* HWYW

*Note:* Please use the front door. If late, enter through the red door (around back).

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:*

*Contact:* Quinn F.

*Phone:*

*Email:* [LifeRingStPaul@gmail.com](mailto:LifeRingStPaul@gmail.com)

*Contact:*

*Phone:*

*Email:*

**Rochester** **Wednesday 7:30pm** **Recovery is Happening** 355

*Address:* 25 16th St NE, Rochester, MN 55906

*Building/Room:*

*Focus:* How Was Your Week?

*Note:*

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:*

*Contact:* Andrew F.

*Phone:* 507-990-2255 please text

*Email:* [frick.andrew@gmail.com](mailto:frick.andrew@gmail.com)

*Contact:*

*Phone:*

*Email:*

**States NM**

**Albuquerque** **Wednesday 6:00pm** **Kaseman Hospital** 276

*Address:* 8300 Constitution Ave. NE, Albuquerque, NM 87110

*Building/Room:* Aspen Room

*Focus:* How Was Your Week?

*Note:* Enter Emergency Room, turn left down hallway, through doors, Aspen is first room

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:*

*Contact:* Matt L.

*Phone:*

*Email:* [mingusgatoloco@gmail.com](mailto:mingusgatoloco@gmail.com)

*Contact:*

*Phone:*

*Email:*

**Albuquerque** **Friday 6:00pm** **Kaseman Hospital** 277

*Address:* 8300 Constitution Ave. NE, Albuquerque, NM 87110

*Building/Room:* Aspen Room

*Focus:* How Was Your Week?

*Note:* Enter Emergency Room, turn left down hallway, through doors, Aspen is first room

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:*

*Contact:* Matt L.

*Phone:*

*Email:* [mingusgatoloco@gmail.com](mailto:mingusgatoloco@gmail.com)

*Contact:*

*Phone:*

*Email:*

**States NY**

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**Williamsville**                                      **Wednesday 7:00pm**                                      **Unitarian Universalist Church of Amherst**                                      97

*Address:* 6320 Main St., Williamsville, NY 14221  
*Building/Room:* Upstairs in Reeb Room  
*Focus:* How Was Your Week?  
*Note:*  
*Map:* [Click here for a Google Map](#)                                      *Local LifeRing Website:*  
*Contact:* Brian W                                      *Phone:*                                      *Email:* [liferinginbuffalony@yahoo.com](mailto:liferinginbuffalony@yahoo.com)  
*Contact:*                                      *Phone:*                                      *Email:*

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**Harrison**                                      **Sunday 1:00pm**                                      **St. Vincent's Hospital**                                      206

*Address:* 275 North Street, Harrison, NY 10528  
*Building/Room:*  
*Focus:* How Was Your Week?  
*Note:*  
*Map:* [Click here for a Google Map](#)                                      *Local LifeRing Website:* <https://www.liferingny.org/>  
*Contact:* Mark Fichtel                                      *Phone:*                                      *Email:* [mark.lifering@gmail.com](mailto:mark.lifering@gmail.com)  
*Contact:*                                      *Phone:*                                      *Email:*

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**States OH**

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**Medina**                                      **Monday 6:30pm**                                      **Human Services Bldg.**                                      254

*Address:* 246 Northland Drive, Medina, OH 44256  
*Building/Room:* Room A  
*Focus:* How Was Your Week?  
*Note:* closed on major holidays when facility is closed  
*Map:* [Click here for a Google map](#)                                      *Local LifeRing Website:*  
*Contact:* Susan W.                                      *Phone:* 330 416 3037                                      *Email:*  
*Contact:*                                      *Phone:*                                      *Email:*

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**Akron**                                      **Tuesday 7:00pm**                                      **Firestone Park Community Center**                                      57

*Address:* 1480 Girard St., Akron, OH 44301  
*Building/Room:*  
*Focus:* How Was Your Week?  
*Note:* Contact us to confirm holiday meetings  
*Map:* [Click here for a Google map](#)                                      *Local LifeRing Website:* <http://liferingakron.yolasite.com/>  
*Contact:* Lisa S.                                      *Phone:* 234.220.5770                                      *Email:* [LifeRingAkron@gmail.com](mailto:LifeRingAkron@gmail.com)  
*Contact:*                                      *Phone:*                                      *Email:*

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**Akron**                                      **Thursday 6:00pm**                                      **Firestone Park Community Center**                                      320

*Address:* 1480 Girard St., Akron, OH 44301  
*Building/Room:*  
*Focus:* How Was Your Week?  
*Note:*  
*Map:* [Click here for a Google map](#)                                      *Local LifeRing Website:* <http://liferingakron.yolasite.com/>  
*Contact:* Ethen W                                      *Phone:*                                      *Email:* [ewcommando72@gmail.com](mailto:ewcommando72@gmail.com)  
*Contact:*                                      *Phone:*                                      *Email:*

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**States PA**

**Williamsport**

**Monday 4:30pm**

**St Luke's Lutheran Church**

7

*Address:* 1400 Market Street, Williamsport, PA 17701

*Building/Room:*

*Focus:* HWYW and Topics

*Note:* Front door entrance of white building behind church.

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:*

*Contact:* Jennifer C.

*Phone:*

*Email:* [jennifer@recoverycommunityconnection](mailto:jennifer@recoverycommunityconnection).

*Contact:*

*Phone:*

*Email:*

**States TX**

**Pearland**

**Tuesday 6:00pm**

**Drug/DWI Courts Angleton**

222

*Address:* 2803 Business Center Drive, Suite 101, Pearland, TX 77584

*Building/Room:* Pearland Westside Library

*Focus:* How Was Your Week?

*Note:*

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:*

*Contact:* Lisa H

*Phone:* (832) 520-9196

*Email:* [lifering.angleton@gmail.com](mailto:lifering.angleton@gmail.com)

*Contact:*

*Phone:*

*Email:*

**Cedar Park**

**Wednesday 7:30pm**

**Live Oak U.U. Church**

273

*Address:* 3315 El Salido Parkway, Cedar Park, TX 78613

*Building/Room:* Room 103

*Focus:* How Was Your Week?

*Note:* Meetings are 1.5 hours long

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://austinflifering.org/>

*Contact:* Robert M.

*Phone:* 512.663.4754

*Email:* [codemeisterbob@gmail.com](mailto:codemeisterbob@gmail.com)

*Contact:*

*Phone:*

*Email:*

**Angleton**

**Thursday 6:00pm**

**Adapt Programs Building**

221

*Address:* 2512 N. Velasco St., Suite 300,, Angleton, TX 77515

*Building/Room:*

*Focus:* How Was Your Week?

*Note:*

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:*

*Contact:* PEANUT

*Phone:* 979-201-0657

*Email:* [lifering.angleton@gmail.com](mailto:lifering.angleton@gmail.com)

*Contact:*

*Phone:*

*Email:*

**States UT**

**Salt Lake City**

**Wednesday 12:00pm**

**SLC Foothill Meeting**

59

*Address:* 2319 Foothill Drive #100, Salt Lake City, UT 84109

*Building/Room:* Conference Room, Suite 120, Foothill & Parley's Way

*Focus:* How Was Your Week?

*Note:* 50 minutes; Free parking. Near I-80 and I-215 (Belt Route) exchange, in the Lefavi Business Center.

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://www.liferingutah.org/>

*Contact:* John B.

*Phone:* (801) 608-8146

*Email:* [john@liferingutah.org](mailto:john@liferingutah.org)

*Contact:*

*Phone:*

*Email:*

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**St. George** **Wednesday 6:00pm** **USARA** 20

*Address:* 113 E 200 N, St. George, UT 84770

*Building/Room:* Suite 1

*Focus:* How Was Your Week

*Note:*

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://www.liferingutah.org/>

*Contact:* Benjamin M.

*Phone:*

*Email:* [john@liferingutah.org](mailto:john@liferingutah.org)

*Contact:*

*Phone:*

*Email:*

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**Salt Lake City** **Wednesday 6:30pm** **University Neuropsychiatric Institute (UNI)** 58

*Address:* 501 Chipeta Way, Salt Lake City, UT 84108

*Building/Room:* 2ndFloor Conference Room #2705

*Focus:* Topic Meeting

*Note:* Ample free parking. Non-smoking campus. Enter through front doors and follow signs.

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://www.liferingutah.org/>

*Contact:* Mike M.

*Phone:* (801) 608-8146

*Email:* [mmacci26@gmail.com](mailto:mmacci26@gmail.com)

*Contact:*

*Phone:*

*Email:*

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**Salt Lake City** **Thursday 7:00pm** **USARA** 68

*Address:* 180 East 2100 South, Salt Lake City, UT 84115

*Building/Room:* Second Floor

*Focus:* How Was Your Week?

*Note:*

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://www.liferingutah.org/>

*Contact:* John B.

*Phone:* (801) 608-8146

*Email:* [john@liferingutah.org](mailto:john@liferingutah.org)

*Contact:*

*Phone:*

*Email:*

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**Salt Lake City** **Friday 7:00pm** **Utah Pride Center** 252

*Address:* 1380 S. Main Street, Salt Lake City, UT 84115

*Building/Room:* 2nd Floor

*Focus:* How Was Your Week

*Note:*

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://www.liferingutah.org/>

*Contact:* Rob W

*Phone:* (801) 608-8146

*Email:* [wallsr@comcast.net](mailto:wallsr@comcast.net)

*Contact:*

*Phone:*

*Email:*

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**Salt Lake City** **Saturday 11:00am** **First Baptist Church of Salt Lake City** 83

*Address:* 777 South 1300 East, Salt Lake City, UT 84102

*Building/Room:* 2nd floor, library room

*Focus:* How Was Your Week?

*Note:* Parking lots behind church, enter from 800 South/Sunnyside Avenue

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:* <http://www.liferingutah.org/>

*Contact:* Lawrence C.

*Phone:* (801) 608-8146

*Email:* [lculver101@gmail.com](mailto:lculver101@gmail.com)

*Contact:*

*Phone:*

*Email:*

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**Salt Lake City**                      **Sunday 10:00am**                      **University Neuropsychiatric Institute (UNI)**                      32*Address:* 501 Chipeta Way, Salt Lake City, UT 84108*Building/Room:* Room #1566*Focus:* How Was Your Week?*Note:**Map:* [Click here for a Google map](#)*Local LifeRing Website:* <http://www.liferingutah.org/>*Contact:* Mary A.*Phone:* (801) 608-8146*Email:* [mryaldous@gmail.com](mailto:mryaldous@gmail.com)*Contact:**Phone:**Email:***States WA****Spokane**                      **Monday 7:00pm**                      **The Delaney Apts**                      120*Address:* 242 W. Riverside Ave, Spokane, WA 99201*Building/Room:**Focus:* How Was Your Week?*Note:* Please call 707.304.1947 to gain admittance to the building*Map:* [Click here for a Google map](#)*Local LifeRing Website:**Contact:* Paul P*Phone:* 707.304.1947*Email:* [pjpotocky@outlook.com](mailto:pjpotocky@outlook.com)*Contact:**Phone:**Email:***Walla Walla**                      **Wednesday 7:00pm**                      **First Congregational Church**                      181*Address:* 73 S. Palouse, Walla Walla, WA 99362*Building/Room:* Fireplace Room (3rd floor)*Focus:* How Was Your Week?*Note:**Map:* [Click here for a Google map](#)*Local LifeRing Website:**Contact:* Tim K.*Phone:* 425-445-4430*Email:* [liferingww@gmail.com](mailto:liferingww@gmail.com)*Contact:**Phone:**Email:***Sequim**                      **Thursday 2:00PM**                      **Olympic View Church of God**                      332*Address:* 503 North Brown Road, Sequim, WA 98382*Building/Room:**Focus:* How Was Your Week?*Note:* Dual-diagnosis meeting aimed at those with mental health issues in addition to addiction problems*Map:* [Click here for a Google map](#)*Local LifeRing Website:**Contact:* Rachel W.*Phone:**Email:* [rachel.wilken@me.com](mailto:rachel.wilken@me.com)*Contact:**Phone:**Email:***Port Angeles**                      **Thursday 7:00pm**                      **Olympic Medical Center**                      428*Address:* 939 Caroline St, Port Angeles, WA 98362*Building/Room:* Room B (in basement)*Focus:* How Was Your Week?*Note:* Enter through Main Entrance, basement door is left of entrance, follow signs.*Map:* [Click here for a Google map](#)*Local LifeRing Website:**Contact:* Craig W.*Phone:* 510-848-2369*Email:* [cswhalley@lifering.org](mailto:cswhalley@lifering.org)*Contact:**Phone:**Email:*

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**Seattle** **Thursday 8:00pm** **Homestreet Bank Meeting** 105

*Address:* 7307 Greenwood Ave N, Seattle, WA 98103

*Building/Room:* Homestreet Bank community meeting room

*Focus:* How Was Your Week?

*Note:* access the meeting room via the south door off the parking lot

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:*

*Contact:*

*Phone:*

*Email:* [seattlelifering@gmail.com](mailto:seattlelifering@gmail.com)

*Contact:*

*Phone:*

*Email:*

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**Vancouver** **Sunday 6:00pm** **Recovery Resource Center** 405

*Address:* 9317 N.E. Highway 99, Suite M, Vancouver, WA 98665

*Building/Room:*

*Focus:* How Was Your Week?

*Note:*

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:*

*Contact:* Loretta M.

*Phone:* 360-798-7723

*Email:*

*Contact:*

*Phone:*

*Email:*

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**States WI**

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**Hartland** **Tuesday 7:00pm** **Lake Country Unitarian Universalist Church** 220

*Address:* W299N5596 Grace Dr, Hartland, WI 53029

*Building/Room:* Couch Room

*Focus:* Sobriety/Recovery

*Note:* This is a combo LifeRing/SOS meeting

*Map:* [Click here for a Google map](#)

*Local LifeRing Website:*

*Contact:* James H.

*Phone:* 262 567 3441

*Email:* [iriejim22@yahoo.com](mailto:iriejim22@yahoo.com)

*Contact:*

*Phone:*

*Email:*

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