LifeRing Face-to-Face Meetings

For additions or changes, please contact the LifeRing Service Center at 1-800-811-4142 or service@lifer.org

California

Alameda

Alameda  Wednesday  6:30 PM  Home of Truth Spiritual Center

Address: 1300 Grand St, Alameda, CA 94501 USA
Building/Room: Upstairs
Focus: How Was Your Week?
Note:
Map: Click here for a Google map  Local LifeRing Website: http://lifer.org/
Contact: Gary B  Phone:  Email: lfrngary@gmail.com

Antioch

Antioch  Monday  11:00 AM  Kaiser CDRP

Address: 3454 Hillcrest Ave., Antioch, CA 94531 USA
Building/Room: Rm 2A
Focus: How Was Your Week?
Note: Does not meet if Kaiser is closed
Map: Click here for a Google map  Local LifeRing Website: http://lifer.org/
Contact: Bob D.  Phone: 925.301.3277  Email: bob00driskell@gmail.com

Antioch  Thursday  7:00 PM  Kaiser Sand Creek

Address: 4501 Sand Creek Rd, Antioch, CA 94531 USA
Building/Room: Follow signs.
Focus: How Was Your Week?
Note:
Map: Click here for a Google map  Local LifeRing Website: http://lifer.org/
Contact: Dale P  Phone:  Email: parsonsprojects@sbcglobal.net

Benicia

Benicia  Tuesday  7:00 PM  St. Paul's Episcopal Church

Address: 122 East J Street, Benicia, CA 94510 USA
Building/Room: Downstairs
Focus: How Was Your Week?
Note: Look for sign
Map: Click here for a Google map  Local LifeRing Website: http://lifer.org/
Contact: John D.  Phone:  Email: wiljon2@att.net

Berkeley

Berkeley  Monday  8:00 PM  Herrick Hospital

Address: 2001 Dwight Way, Berkeley, CA 94704 USA
Building/Room: Basement Level A
Focus: How Was Your Week?
Note: Follow signs
Map: Click here for a Google map  Local LifeRing Website: http://lifer.org/
Contact: Bill C.  Phone: 510.548.9111  Email: andreegraham@yahoo.com
## Berkeley
**Address:**  2001 Dwight Way, Berkeley, CA 94704 USA

**Building/Room:**

**Focus:** How Was Your Week?

**Note:**

**Map:** [Click here for a Google map](#)  **Local LifeRing Website:** [http://liferingsf.org/](http://liferingsf.org/)

**Contact:** Larry P.  **Phone:**  **Email:** larrylepaule@gmail.com

## Burlingame
**Address:**  1501 Trousdale Dr., Burlingame, CA 94010 USA

**Building/Room:** Bldg B, 1st floor, Rm D

**Focus:** How Was Your Week?

**Note:**

**Map:** [Click here for a Google map](#)  **Local LifeRing Website:** [http://liferingsf.org/](http://liferingsf.org/)

**Contact:** Heather G.  **Phone:**  **Email:** greyelmy@gmail.com

## Calistoga
**Address:**  1437 3rd St., Calistoga, CA 94515 USA

**Building/Room:**

**Focus:** How Was Your Week?

**Note:**

**Map:** [Click here for a Google map](#)  **Local LifeRing Website:** [http://liferingsr.org](http://liferingsr.org)

**Contact:** Tammy  **Phone:** 707-596-8860  **Email:** liferingsr@gmail.com

## Concord
**Address:**  2740 Grant Street, Concord, CA 94520 USA

**Building/Room:** Medical Pavilion, Rm B

**Focus:** How Was Your Week?

**Note:**

**Map:** [Click here for a Google map](#)  **Local LifeRing Website:** [http://liferingsf.org/](http://liferingsf.org/)

**Contact:** Kathy L  **Phone:** 925.951.8087  **Email:** kthrn_lennon@yahoo.com

## Corte Madera
**Address:**  301 Town Center, Suite 206, Corte Madera, CA 94925 USA

**Building/Room:**

**Focus:** How Was Your Week?

**Note:** Entrance is south Town Center Mall entrance, 2nd floor

**Map:** [Click here for a Google map](#)  **Local LifeRing Website:** [http://liferingsf.org/](http://liferingsf.org/)

**Contact:** Coby S  **Phone:** 415.747.5709  **Email:** cobysmolens@gmail.com
<table>
<thead>
<tr>
<th>Location</th>
<th>Day</th>
<th>Time</th>
<th>Venue</th>
<th>Address</th>
<th>Building/Room</th>
<th>Focus</th>
<th>Note</th>
<th>Map</th>
<th>Contact</th>
<th>Phone</th>
<th>Email</th>
<th>Local LifeRing Website</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Costa Mesa</strong></td>
<td>Thursday</td>
<td>7:00 PM</td>
<td>St. Joachim's Annex</td>
<td>1943 Orange Ave, Costa Mesa, CA 02627 USA</td>
<td>Annex B</td>
<td>How Was Your Week?</td>
<td>Serving Newport Beach / Costa Mesa</td>
<td><a href="https://www.google.com/maps">Click here for a Google map</a></td>
<td>Jim W.</td>
<td></td>
<td><a href="mailto:jmars4@sbcglobal.net">jmars4@sbcglobal.net</a></td>
<td><a href="http://liferingsf.org/">http://liferingsf.org/</a></td>
</tr>
<tr>
<td><strong>Dublin</strong></td>
<td>Saturday</td>
<td>11:00 AM</td>
<td>John Knox Presbyterian Church</td>
<td>7421 Amarillo Rd., Dublin, CA 94568 USA</td>
<td>Look for signs</td>
<td>How Was Your Week?</td>
<td></td>
<td><a href="https://www.google.com/maps">Click here for a Google Map</a></td>
<td>Dru B.</td>
<td></td>
<td><a href="mailto:dru.boyd@yahoo.com">dru.boyd@yahoo.com</a></td>
<td><a href="http://liferingsf.org/">http://liferingsf.org/</a></td>
</tr>
<tr>
<td><strong>Fair Oaks</strong></td>
<td>Saturday</td>
<td>9:00 AM</td>
<td>Fair Oaks Raley's</td>
<td>4840 San Juan Ave, Fair Oaks, CA 95628 USA</td>
<td></td>
<td>How Was Your Week?</td>
<td>Sunset and San Juan</td>
<td><a href="https://www.google.com/maps">Click here for a Google map</a></td>
<td>Bob O.</td>
<td>916-969-6990</td>
<td><a href="mailto:bobomohundro@yahoo.com">bobomohundro@yahoo.com</a></td>
<td><a href="http://www.liferingsacramento.org/">http://www.liferingsacramento.org/</a></td>
</tr>
<tr>
<td><strong>Folsom</strong></td>
<td>Monday</td>
<td>4:00 PM</td>
<td>Kaiser Folsom</td>
<td>2155 Iron Point Road, Folsom, CA 95630 USA</td>
<td>Room 201</td>
<td>How Was Your Week?</td>
<td></td>
<td><a href="https://www.google.com/maps">Click here for a Google map</a></td>
<td>Harold M.</td>
<td>916-947-1305</td>
<td><a href="mailto:c5twiggy@gmail.com">c5twiggy@gmail.com</a></td>
<td><a href="http://www.liferingsacramento.org/">http://www.liferingsacramento.org/</a></td>
</tr>
<tr>
<td><strong>Folsom</strong></td>
<td>Thursday</td>
<td>7:00 PM</td>
<td>Kaiser Folsom</td>
<td>2155 Iron Point Road, Folsom, CA 95630 USA</td>
<td>1st floor room across from vending machines</td>
<td>How Was Your Week?</td>
<td></td>
<td><a href="https://www.google.com/maps">Click here for a Google map</a></td>
<td>Harold M.</td>
<td>916-947-1305</td>
<td><a href="mailto:c5twiggy@gmail.com">c5twiggy@gmail.com</a></td>
<td><a href="http://www.liferingsacramento.org/">http://www.liferingsacramento.org/</a></td>
</tr>
</tbody>
</table>
### Forestville
- **Sunday** 1:00 PM  
  **Forestville Meeting at Food For Thought**
  - **Address:** 6550 Railroad Ave, Forestville, CA 95436 USA
  - **Building/Room:**
  - **Focus:** How Was Your Week?
  - **Note:**
  - **Map:** [Click here for a Google map]  
  - **Local LifeRing Website:** [http://liferingsr.org](http://liferingsr.org)
  - **Contact:** David V.  
  - **Phone:** 707-596-8860  
  - **Email:** liferingsr@gmail.com

### Fresno
- **Monday** 6:30 PM  
  **Kaiser Permanente Medical Center**
  - **Address:** 7300 N. Fresno St, Fresno, CA 93720 USA
  - **Building/Room:** 3rd floor Wawona room
  - **Focus:** How Was Your Week?
  - **Note:** Located between Herndon & Alluvial
  - **Map:** [Click here for a Google map]  
  - **Contact:** Jim B.  
  - **Phone:** Email: jim-bat@pacbell.net

- **Monday** 8:00 PM  
  **Kaiser CDRP**
  - **Address:** 4785 North 1st St., Fresno, CA 93726 USA
  - **Building/Room:** 1st floor Conference room
  - **Focus:** How Was Your Week?
  - **Note:**
  - **Map:** [Click here for a Google map]  
  - **Contact:** Mario H  
  - **Phone:** Email: mario_hurtado@att.net

- **Wednesday** 8:00 PM  
  **Kaiser CDRP**
  - **Address:** 4785 North 1st St., Fresno, CA 93726 USA
  - **Building/Room:** 4th floor Conference room
  - **Focus:** How Was Your Week?
  - **Note:**
  - **Map:** [Click here for a Google map]  
  - **Contact:** Mario H  
  - **Phone:** Email: mario_hurtado@att.net

- **Thursday** 8:00 PM  
  **Kaiser Permanente Medical Center**
  - **Address:** 7300 N. Fresno St, Fresno, CA 93720 USA
  - **Building/Room:** 3rd floor in the Sierra Conference Room
  - **Focus:** How Was Your Week?
  - **Note:** Located between Herndon & Alluvial
  - **Map:** [Click here for a Google map]  
  - **Contact:** David Roberts  
  - **Phone:** 559.213.0098  
  - **Email:** profilesplus@sbcglobal.net

### Fresno
- **Monday** 8:00 PM  
  **Kaiser CDRP**
  - **Address:** 4785 North 1st St., Fresno, CA 93726 USA
  - **Building/Room:** 1st floor Conference room
  - **Focus:** How Was Your Week?
  - **Note:**
  - **Map:** [Click here for a Google map]  
  - **Contact:** Mario H  
  - **Phone:** Email: mario_hurtado@att.net

### Fresno
- **Monday** 8:00 PM  
  **Kaiser CDRP**
  - **Address:** 4785 North 1st St., Fresno, CA 93726 USA
  - **Building/Room:** 4th floor Conference room
  - **Focus:** How Was Your Week?
  - **Note:**
  - **Map:** [Click here for a Google map]  
  - **Contact:** Mario H  
  - **Phone:** Email: mario_hurtado@att.net

### Fresno
- **Wednesday** 8:00 PM  
  **Kaiser Permanente Medical Center**
  - **Address:** 7300 N. Fresno St, Fresno, CA 93720 USA
  - **Building/Room:** 3rd floor in the Sierra Conference Room
  - **Focus:** How Was Your Week?
  - **Note:** Located between Herndon & Alluvial
  - **Map:** [Click here for a Google map]  
  - **Contact:** David Roberts  
  - **Phone:** 559.213.0098  
  - **Email:** profilesplus@sbcglobal.net

### Fresno
- **Thursday** 8:00 PM  
  **Kaiser Permanente Medical Center**
  - **Address:** 7300 N. Fresno St, Fresno, CA 93720 USA
  - **Building/Room:** 3rd floor in the Sierra Conference Room
  - **Focus:** How Was Your Week?
  - **Note:** Located between Herndon & Alluvial
  - **Map:** [Click here for a Google map]  
  - **Contact:** David Roberts  
  - **Phone:** 559.213.0098  
  - **Email:** profilesplus@sbcglobal.net
California

Fresno

Friday  8:00 PM  Kaiser CDRP

Address: 4785 North 1st St., Fresno, CA 93726 USA
Building/Room: 4th floor Conference room
Focus: How Was Your Week?
Note:
Map: [Click here for a Google map]  Local LifeRing Website:
Contact: Richard M.  Phone:  Email:

Glen Ellen

Monday  4:30 PM  Mountain Vista Farm

Address: 3020 Warm Springs Rd, Glen Ellen, CA 95442 USA
Building/Room:
Focus: How Was Your Week?
Note:
Map: [Click here for a Google map]  Local LifeRing Website: [http://liferingsr.org]
Contact: Thompson H.  Phone: 707-596-8860  Email: liferingsr@gmail.com

Hayward

Wednesday  12:00 PM  Aldon Oliver Sports Park

Address: 2580 Eden Park Pl, Hayward, CA 94587 USA
Building/Room: park benches by the ticket office near main parking lot
Focus: How Was Your Week?
Note:
Map: [Click here for a Google map]  Local LifeRing Website: [http://liferingsf.org/]
Contact: Greg S.  Phone:  Email: starke49@pacbell.net

Saturday  5:00 PM  New Bridges Outreach Center

Address: 27287 Patrick Ave, Hayward, CA 94544 USA
Building/Room: 2nd Floor
Focus: How Was Your Week?
Note:
Map: [Click here for a Google map]  Local LifeRing Website: [http://liferingsf.org/]
Contact: Danilo P  Phone:  Email: pantopop@gmail.com

Sunday  5:00 PM  New Bridges Outreach Center

Address: 27287 Patrick Ave, Hayward, CA 94544 USA
Building/Room: 2nd Floor
Focus: How Was Your Week?
Note:
Map: [Click here for a Google map]  Local LifeRing Website: [http://liferingsf.org/]
Contact: Danilo P.  Phone:  Email: pantopop@gmail.com
<table>
<thead>
<tr>
<th>Location</th>
<th>Day</th>
<th>Time</th>
<th>Venue/Location</th>
<th>Address</th>
<th>Focus</th>
<th>Note</th>
<th>Map</th>
<th>Contact</th>
<th>Phone</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lagunitas</td>
<td>Sunday</td>
<td>10:00 AM</td>
<td>Sunday Morning at Lagunitas</td>
<td>390 Cintura Ave, #3, Lagunitas, CA 94938 USA</td>
<td>How Was Your Week?</td>
<td>every-other Sunday meeting, RSVP (415)747-5709 by Friday night</td>
<td>Click here for a Google map</td>
<td>Coby S</td>
<td>415.747.5709</td>
<td><a href="mailto:cobysmolens@gmail.com">cobysmolens@gmail.com</a></td>
</tr>
<tr>
<td>Lincoln</td>
<td>Thursday</td>
<td>7:00 PM</td>
<td>Raley’s Community Event Room</td>
<td>39 Lincoln Blvd, Lincoln, CA 95648 USA</td>
<td>How Was Your Week?</td>
<td>HWYW</td>
<td>Click here for a Google map</td>
<td>Bob O.</td>
<td>916-969-6990</td>
<td><a href="mailto:bobomohundro@yahoo.com">bobomohundro@yahoo.com</a></td>
</tr>
<tr>
<td>Livermore</td>
<td>Monday</td>
<td>6:00 PM</td>
<td>Unitarian Universalist Church</td>
<td>1893 N Vasco Rd, Livermore, CA 94551 USA</td>
<td>How Was Your Week?</td>
<td></td>
<td>Click here for a Google map</td>
<td>Geoffrey L.</td>
<td>415-845-3799</td>
<td><a href="mailto:geoff.lane.phd@gmail.com">geoff.lane.phd@gmail.com</a></td>
</tr>
<tr>
<td>Livermore</td>
<td>Tuesday</td>
<td>7:00 PM</td>
<td>First Presbyterian Church</td>
<td>2020 5th St., Livermore, CA 94550 USA</td>
<td>How Was Your Week?</td>
<td>Room has changed. Look for signs.</td>
<td>Click here for a Google map</td>
<td>Jim W.</td>
<td></td>
<td><a href="mailto:gymwharton@yahoo.com">gymwharton@yahoo.com</a></td>
</tr>
<tr>
<td>Martinez</td>
<td>Wednesday</td>
<td>7:00 PM</td>
<td>Veteran’s Hospital</td>
<td>150 Muir Road, Martinez, CA 94553 USA</td>
<td>How Was Your Week?</td>
<td></td>
<td>Click here for a Google map</td>
<td>Dennis M</td>
<td>925.768.0049</td>
<td><a href="mailto:df5n@aol.com">df5n@aol.com</a></td>
</tr>
</tbody>
</table>
## Mill Valley

**Meeting:** Recovery Without Walls  
**Day:** Thursday  
**Time:** 6:15 PM  
**Location:** Building/Room:  
**Focus:** How Was Your Week?  
**Note:** Corner of Madrona Street @ Throckmorton Ave  
**Map:** [Click here for a Google map](#)  
**Local LifeRing Website:** [http://liferingsf.org/](http://liferingsf.org/)  
**Contact:** Coby S.  
**Phone:** 415.747.5709  
**Email:** cobysmolens@gmail.com  
**Address:** 3 Madrona Street, Mill Valley, CA 94941 USA

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## Modesto

**Meeting:** LifeRing Meeting @ Jana Lynn Plaza  
**Day:** Tuesday  
**Time:** 6:30 PM  
**Location:** Building/Room: north side of the plaza near the Main Office  
**Focus:** Modesto Open Meeting  
**Note:**  
**Map:** [Click here for a Google map](#)  
**Local LifeRing Website:** [www.liferingmodesto.org](http://www.liferingmodesto.org)  
**Contact:** Tamara W.  
**Phone:** (209) 591-8741  
**Email:** modestolifering@gmail.com  
**Address:** 500 N 9th St., Modesto, CA 95350 USA

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**Meeting:** Modesto LifeRing Meeting  
**Day:** Wednesday  
**Time:** 6:30 PM  
**Location:** Building/Room: meeting is next to Kobe Sushi, behind shopping area at McHenry Village  
**Focus:** Modesto Open Meeting  
**Note:**  
**Map:** [Click here for a Google map](#)  
**Local LifeRing Website:** [www.liferingmodesto.org](http://www.liferingmodesto.org)  
**Contact:** Lew  
**Phone:** (209) 591-8741  
**Email:** modestolifering@gmail.com  
**Address:** 1700 McHenry Village Way, Modesto, CA 95350 USA

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## Oakland

**Meeting:** Kaiser CDRP  
**Day:** Tuesday  
**Time:** 6:45 PM  
**Location:** Building/Room: Group Room 3  
**Focus:** How Was Your Week?  
**Note:**  
**Map:** [Click here for a Google map](#)  
**Local LifeRing Website:** [http://liferingsf.org/](http://liferingsf.org/)  
**Contact:** D. Woodsum  
**Phone:**  
**Email:** woodsumconstructioninc@gmail.com  
**Address:** 969 Broadway, Oakland, CA 94607 USA

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**Meeting:** MPI  
**Day:** Tuesday  
**Time:** 8:30 PM  
**Location:** Building/Room: 5th Floor, Rm 4  
**Focus:** How Was Your Week?  
**Note:**  
**Map:** [Click here for a Google map](#)  
**Local LifeRing Website:** [http://liferingsf.org/](http://liferingsf.org/)  
**Contact:** Carola Z.  
**Phone:**  
**Email:** carola.ziermann@yahoo.com  
**Address:** 3100 Summit St., Oakland, CA 94609 USA
<table>
<thead>
<tr>
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<th>Day</th>
<th>Time</th>
<th>Building/Room</th>
<th>Address</th>
<th>Focus</th>
<th>Note</th>
<th>Map</th>
<th>Contact</th>
<th>Phone</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>Oakland</td>
<td>Wednesday</td>
<td>12:30 PM</td>
<td>Kaiser CDRP</td>
<td>969 Broadway, Oakland, CA 94607 USA</td>
<td>How Was Your Week?</td>
<td>Does not meet if Kaiser is closed</td>
<td><a href="#">Click here for a Google map</a></td>
<td>Craig W</td>
<td>Email: <a href="mailto:cswhalley@lifering.org">cswhalley@lifering.org</a></td>
<td></td>
</tr>
<tr>
<td>Oakland</td>
<td>Thursday</td>
<td>6:45 PM</td>
<td>Kaiser CDRP</td>
<td>969 Broadway, Oakland, CA 94607 USA</td>
<td>How Was Your Week?</td>
<td></td>
<td><a href="#">Click here for a Google map</a></td>
<td>Marilyn K.</td>
<td>Phone:</td>
<td>Email: <a href="mailto:service@lifering.org">service@lifering.org</a></td>
</tr>
<tr>
<td>Oakland</td>
<td>Friday</td>
<td>5:30 PM</td>
<td>Kaiser CDRP</td>
<td>969 Broadway, Oakland, CA 94607 USA</td>
<td>How Was Your Week?</td>
<td></td>
<td><a href="#">Click here for a Google map</a></td>
<td>Paul A.</td>
<td>Phone:</td>
<td>Email: <a href="mailto:pollum@ymail.com">pollum@ymail.com</a></td>
</tr>
<tr>
<td>Oakland</td>
<td>Saturday</td>
<td>1:15 PM</td>
<td>Meeting by the Lake</td>
<td>699 Bellevue Ave, Oakland, CA 94610 USA</td>
<td>How Was Your Week?</td>
<td>Weather permitting, contact convenor for meeting location when it rains</td>
<td><a href="#">Click here for a Google map</a></td>
<td>Anna L.</td>
<td>Phone: 415-240-1566</td>
<td>Email: <a href="mailto:AnitaLacey@yahoo.com">AnitaLacey@yahoo.com</a></td>
</tr>
<tr>
<td>Oakland</td>
<td>Saturday</td>
<td>10:00 AM</td>
<td>Kaiser CDRP</td>
<td>969 Broadway, Oakland, CA 94607 USA</td>
<td>How Was Your Week?</td>
<td></td>
<td><a href="#">Click here for a Google map</a></td>
<td>Gloria C</td>
<td>Phone:</td>
<td>Email:</td>
</tr>
<tr>
<td>Oakland</td>
<td>Sunday</td>
<td>11:00 AM</td>
<td>New Kaiser Hospital</td>
<td>3600 Broadway, Oakland, CA 94611 USA</td>
<td>How Was Your Week?</td>
<td></td>
<td><a href="#">Click here for a Google map</a></td>
<td>John A.</td>
<td>Phone:</td>
<td>Email: <a href="mailto:jra8300@sbcglobal.net">jra8300@sbcglobal.net</a></td>
</tr>
</tbody>
</table>

Local LifeRing Website: [http://liferingsf.org/](http://liferingsf.org/)
### California

#### Pacifica
- **Pacifica**  
  - **Wednesday 6:00 PM**  
  - **Pacifica Resource Center**  
  - **Address:** 1809 Palmetto Ave., Pacifica, CA 94044 USA  
  - **Focus:** How Was Your Week?  
  - **Note:** Closed on the major holidays  
  - **Map:** [Click here for a Google Map]  
  - **Local LifeRing Website:** [https://twitter.com/lifering94044](https://twitter.com/lifering94044)  
  - **Contact:** Scott H.  
  - **Phone:**  
  - **Email:** LifeRingScott@gmail.com

#### Petaluma
- **Petaluma**  
  - **Tuesday 7:30 PM**  
  - **Olympia House**  
  - **Address:** 11207 Valley Ford Rd., Petaluma, CA 94952 USA  
  - **Focus:** How Was Your Week?  
  - **Note:**  
  - **Map:** [Click here for a Google map]  
  - **Local LifeRing Website:** [http://liferingsr.org](http://liferingsr.org)  
  - **Contact:** John H  
  - **Phone:** 707-596-8860  
  - **Email:** liferingsr@gmail.com

#### Petaluma
- **Petaluma**  
  - **Sunday 6:00 PM**  
  - **Mary Isaak Center**  
  - **Address:** 900 Hopper St, Petaluma, CA 94952 USA  
  - **Focus:** How Was Your Week?  
  - **Note:**  
  - **Map:** [Click here for a Google map]  
  - **Local LifeRing Website:** [http://liferingsr.org](http://liferingsr.org)  
  - **Contact:** Steve  
  - **Phone:** 707-596-8860  
  - **Email:** liferingsr@gmail.com

#### Petrolia
- **Petrolia**  
  - **Sunday 6:00 PM**  
  - **Mattole Grange Hall**  
  - **Address:** 36512 Mattole Rd., Petrolia, CA 95558 USA  
  - **Focus:** How Was Your Week?  
  - **Note:**  
  - **Map:** [Click here for a Google map]  
  - **Local LifeRing Website:**  
  - **Contact:** Mark W.  
  - **Phone:** 707-596-8860  
  - **Email:** liferingsr@gmail.com

#### Placerville
- **Placerville**  
  - **Sunday 5:00 PM**  
  - **Here & Tao Hypnotherapy**  
  - **Address:** 419 Main Street, Placerville, CA 95667 USA  
  - **Focus:** How Was Your Week?  
  - **Note:**  
  - **Map:** [Click here for a Google map]  
  - **Local LifeRing Website:** [http://www.liferingsacramento.org/](http://www.liferingsacramento.org/)  
  - **Contact:** Bob O.  
  - **Phone:** 916-969-6990  
  - **Email:** bobomohundro@yahoo.com
California

Roseville

340

Roseville

Tuesday

5:00 PM

Roseville Raley's

Address: 1915 Douglas Blvd., Roseville, CA 95661 USA

Building/Room: Back of Market

Focus:

Note:

Map: Click here for a Google map

Local LifeRing Website: http://www.liferingsacramento.org/

Contact: Brady F.

Phone: 831-214-3500

Email: BradyFehrLR@Yahoo.com

Sacramento

412

Roseville

Sunday

10:00 AM

Roseville Raley's

Address: 1915 Douglas Blvd., Roseville, CA 95661 USA

Building/Room: Back of Market

Focus: How Was Your Week?

Note:

Map: Click here for a Google map

Local LifeRing Website: http://www.liferingsacramento.org/

Contact: Bob O.

Phone: 916-969-6990

Email: bobomohundro@yahoo.com

Sacramento

337

Monday

4:15 PM

Strategies for Change South

Address: 4343 Williamsbourgh Drive, Sacramento, CA 95823 USA

Building/Room:

Focus: Meetings may have a Child Protective Services Orientation

Note:

Map: Click here for a Google map

Local LifeRing Website: http://www.liferingsacramento.org/

Contact: Strategies for Change South

Phone: (916) 395-3552

Email:

Sacramento

426

Monday

9:00 AM

Strategies for Change North

Address: 4441 Auburn Blvd, Ste E, Sacramento, CA 95841 USA

Building/Room: Conl Room

Focus:

Note:

Map: Click here for a Google map

Local LifeRing Website: http://www.liferingsacramento.org/

Contact: Strategies for Change North

Phone: (916) 473-5764

Email:

Sacramento

427

Tuesday

4:15 PM

Strategies for Change South

Address: 4343 Williamsbourgh Drive, Sacramento, CA 95823 USA

Building/Room:

Focus: Meetings may have a Child Protective Services Orientation

Note:

Map: Click here for a Google map

Local LifeRing Website: http://www.liferingsacramento.org/

Contact: Strategies for Change South

Phone: (916) 395-3552

Email:
<table>
<thead>
<tr>
<th>Location</th>
<th>Day</th>
<th>Time</th>
<th>Building/Room</th>
<th>Address</th>
<th>Focus</th>
<th>Note</th>
<th>Map</th>
<th>Local LifeRing Website</th>
<th>Contact</th>
<th>Phone</th>
<th>Email</th>
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</thead>
<tbody>
<tr>
<td>Sacramento</td>
<td>Tuesday</td>
<td>7:30 PM</td>
<td>Kaiser Watt</td>
<td>2829 Watt Blvd., Sacramento, CA 95821 USA</td>
<td>How Was Your Week?</td>
<td></td>
<td>Click here for a Google map</td>
<td><a href="http://www.liferingsacramento.org/">http://www.liferingsacramento.org/</a></td>
<td>Harold M.</td>
<td>916-947-1305</td>
<td><a href="mailto:c5twiggy@gmail.com">c5twiggy@gmail.com</a></td>
</tr>
<tr>
<td>Sacramento</td>
<td>Tuesday</td>
<td>7:30 PM</td>
<td>Kaiser South</td>
<td>8247 E. Stockton Blvd, Sacramento, CA 95828 USA</td>
<td>How Was Your Week?</td>
<td></td>
<td>Click here for a Google map</td>
<td><a href="http://www.liferingsacramento.org/">http://www.liferingsacramento.org/</a></td>
<td>Harold M.</td>
<td>916-947-1305</td>
<td><a href="mailto:c5twiggy@gmail.com">c5twiggy@gmail.com</a></td>
</tr>
<tr>
<td>Sacramento</td>
<td>Wednesday</td>
<td>9:00 AM</td>
<td>Strategies for Change North</td>
<td>4441 Auburn Blvd, Ste E, Sacramento, CA 95841 USA</td>
<td>How Was Your Week?</td>
<td></td>
<td>Click here for a Google map</td>
<td><a href="http://www.liferingsacramento.org/">http://www.liferingsacramento.org/</a></td>
<td>Strategies for Change North</td>
<td>(916) 473-5764</td>
<td></td>
</tr>
<tr>
<td>Sacramento</td>
<td>Thursday</td>
<td>7:00 PM</td>
<td>Kaiser South</td>
<td>8247 E. Stockton Blvd, Sacramento, CA 95828 USA</td>
<td>How Was Your Week?</td>
<td></td>
<td>Click here for a Google map</td>
<td><a href="http://www.liferingsacramento.org/">http://www.liferingsacramento.org/</a></td>
<td>Harold M.</td>
<td>916-947-1305</td>
<td><a href="mailto:c5twiggy@gmail.com">c5twiggy@gmail.com</a></td>
</tr>
<tr>
<td>Sacramento</td>
<td>Thursday</td>
<td>9:00 AM</td>
<td>Strategies for Change North</td>
<td>4441 Auburn Blvd, Ste E, Sacramento, CA 95841 USA</td>
<td>How Was Your Week?</td>
<td></td>
<td>Click here for a Google map</td>
<td><a href="http://www.liferingsacramento.org/">http://www.liferingsacramento.org/</a></td>
<td>Strategies for Change North</td>
<td>(916) 473-5764</td>
<td></td>
</tr>
<tr>
<td>Sacramento</td>
<td>Friday</td>
<td>4:25 PM</td>
<td>Strategies for Change South</td>
<td>4343 Williamsbourgh Drive, Sacramento, CA 95823 USA</td>
<td>Meetings may have a Child Protective Services Orientation</td>
<td></td>
<td>Click here for a Google map</td>
<td><a href="http://www.liferingsacramento.org/">http://www.liferingsacramento.org/</a></td>
<td>Strategies for Change South</td>
<td>(916) 395-3552</td>
<td></td>
</tr>
<tr>
<td>Location</td>
<td>Day</td>
<td>Time</td>
<td>Venue</td>
<td>Address</td>
<td>Focus</td>
<td>Note</td>
<td>Map</td>
<td>Contact</td>
<td>Phone</td>
<td>Email</td>
<td>Website</td>
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</tr>
<tr>
<td>Sacramento</td>
<td>Friday</td>
<td>5:30 PM</td>
<td>Kaiser Wyndham</td>
<td>7300 Wyndham Dr, Sacramento, CA 95823 USA</td>
<td>How Was Your Week?</td>
<td></td>
<td>[Click here for a Google map]</td>
<td>Harold M.</td>
<td>916-947-1305</td>
<td><a href="mailto:c5twiggy@gmail.com">c5twiggy@gmail.com</a></td>
<td><a href="http://www.liferingsacramento.org/">http://www.liferingsacramento.org/</a></td>
</tr>
<tr>
<td>Sacramento</td>
<td>Friday</td>
<td>6:00 PM</td>
<td>Natomas Raley's</td>
<td>4650 Natomas Blvd, Sacramento, CA 95835 USA</td>
<td>How Was Your Week?</td>
<td></td>
<td>[Click here for a Google map]</td>
<td>Harold M.</td>
<td>916-947-1305</td>
<td><a href="mailto:c5twiggy@gmail.com">c5twiggy@gmail.com</a></td>
<td><a href="http://www.liferingsacramento.org/">http://www.liferingsacramento.org/</a></td>
</tr>
<tr>
<td>Sacramento</td>
<td>Sunday</td>
<td>11:00 AM</td>
<td>Natomas Raley's</td>
<td>4650 Natomas Blvd, Sacramento, CA 95835 USA</td>
<td>How Was Your Week?</td>
<td></td>
<td>[Click here for a Google map]</td>
<td>Harold M.</td>
<td>916-947-1305</td>
<td><a href="mailto:c5twiggy@gmail.com">c5twiggy@gmail.com</a></td>
<td><a href="http://www.liferingsacramento.org/">http://www.liferingsacramento.org/</a></td>
</tr>
<tr>
<td>San Bruno</td>
<td>Thursday</td>
<td>12:00 PM</td>
<td>San Bruno VA Clinic</td>
<td>1001 Sneath Lane, San Bruno, CA 94066 USA</td>
<td>How Was Your Week?</td>
<td>1 hour meeting</td>
<td>[Click here for a Google map]</td>
<td>Edward G.</td>
<td>415-468-4814</td>
<td><a href="mailto:emg1946@comcast.net">emg1946@comcast.net</a></td>
<td><a href="http://liferingsf.org/">http://liferingsf.org/</a></td>
</tr>
<tr>
<td>San Diego</td>
<td>Wednesday</td>
<td>6:00 PM</td>
<td>Lasting Recovery</td>
<td>6046 Cornerstone Ct W, San Diego, CA 92121 USA</td>
<td>How Was Your Week?</td>
<td>Dial #113 if late</td>
<td>[Click here for a Google map]</td>
<td>Dave I.</td>
<td></td>
<td><a href="mailto:liferingsandiego@gmail.com">liferingsandiego@gmail.com</a></td>
<td></td>
</tr>
</tbody>
</table>
San Diego

**Thursday 6:00 PM**

**Location:** Lasting Recovery

**Address:** 6046 Cornerstone Ct W, San Diego, CA 92121 USA

**Focus:** How Was Your Week?

**Note:** Dial #113 if late

**Map:** [Click here for a Google map]

**Contact:** Andrew E.  
**Phone:**  
**Email:** liferingsandiego@gmail.com

---

**Sunday 6:00 PM**

**Location:** Lasting Recovery

**Address:** 6046 Cornerstone Ct W, San Diego, CA 92121 USA

**Focus:** How Was Your Week?

**Note:** Dial #113 if late

**Map:** [Click here for a Google map]

**Contact:** Laura B.  
**Phone:**  
**Email:** liferingsandiego@gmail.com

---

San Francisco

**Monday 7:15 PM**

**Location:** Kaiser CDRP Room 5

**Address:** 1201 Fillmore St, San Francisco, CA 94115 USA

**Focus:** How Was Your Week?

**Note:** If closed, go to McDonalds on Fillmore

**Map:** [Click here for a Google map]

**Contact:** Jim V.  
**Phone:** 415.515.0321  
**Email:** jimvanover@sbcglobal.net

**Local LifeRing Website:** [http://liferingsf.org/](http://liferingsf.org/)

---

**Tuesday 1:00 PM**

**Location:** Kaiser CDRP

**Address:** 1201 Fillmore St., San Francisco, CA 94115 USA

**Focus:** How Was Your Week?

**Note:** Look for sign

**Map:** [Click here for a Google map]

**Contact:** Jim V.  
**Phone:** 415.515.0321  
**Email:** jimvanover@sbcglobal.net

**Local LifeRing Website:** [http://liferingsf.org/](http://liferingsf.org/)

---

**Wednesday 12:15 PM**

**Location:** SF VAMC Bidg 203, Rm GA-48

**Focus:** How Was Your Week?

**Note:** Open to military, active or retired only

**Map:** [Click here for a Google map]

**Contact:** Tonisa C.  
**Phone:** 806.290.1293  
**Email:** tclardy2002@gmail.com

**Local LifeRing Website:** [http://liferingsf.org/](http://liferingsf.org/)
## San Francisco

**San Francisco**  **Thursday**  **6:00 PM**  **Sessions (the former Alano Club)**

**Address:** 1748 Market Street, Suite 202, San Francisco, CA 94102 USA  
**Building/Room:** Room 1  
**Focus:** How Was Your Week?  
**Note:**  
**Map:** [Click here for a Google map]  
**Local LifeRing Website:** [http://liferingsf.org/](http://liferingsf.org/)  
**Contact:** Chris A  
**Phone:** 415.865.5555  
**Email:**

---

**San Francisco**  **Friday**  **6:00 PM**  **Sessions (the former Alano Club)**

**Address:** 1748 Market St., Ste. 202, San Francisco, CA 94102 USA  
**Building/Room:** Room 1  
**Focus:** Workbook Meeting  
**Note:**  
**Map:** [Click here for a Google map]  
**Local LifeRing Website:** [http://liferingsf.org/](http://liferingsf.org/)  
**Contact:** David H.  
**Phone:** (415) 651-4558  
**Email:** davidh.lifering@gmail.com

---

**San Francisco**  **Saturday**  **10:00 AM**  **Sessions (the former Alano Club)**

**Address:** 1748 Market Street, Suite 202, San Francisco, CA 94102 USA  
**Building/Room:** Room 1  
**Focus:** How Was Your Week?  
**Note:**  
**Map:** [Click here for a Google map]  
**Local LifeRing Website:** [http://liferingsf.org/](http://liferingsf.org/)  
**Contact:** Njon W.  
**Phone:** 415/347-6566  
**Email:**

---

**San Francisco**  **Sunday**  **10:00 AM**  **Sessions (the former Alano Club)**

**Address:** 1748 Market St., Ste 202, San Francisco, CA 94102 USA  
**Building/Room:** Room 1  
**Focus:** How Was Your Week?  
**Note:**  
**Map:** [Click here for a Google map]  
**Local LifeRing Website:** [http://liferingsf.org/](http://liferingsf.org/)  
**Contact:** Please email @ service@life  
**Phone:**  
**Email:**

## San Jose

**San Jose**  **Tuesday**  **7:30 PM**  **Humanist House**

**Address:** 1180 Coleman Ave, San Jose, CA 95110 USA  
**Building/Room:**  
**Focus:** How Was Your Week?  
**Note:** New San Jose meeting starts Tuesday, December 1st, 2015  
**Map:** [Click here for a Google map]  
**Local LifeRing Website:** [http://liferingsf.org/](http://liferingsf.org/)  
**Contact:** Byron K.  
**Phone:** 925-922-3553  
**Email:** byron@lifering.org
<table>
<thead>
<tr>
<th>Location</th>
<th>Day</th>
<th>Time</th>
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<th>Address</th>
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<th>Map</th>
<th>Contact</th>
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<th>Email</th>
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</thead>
<tbody>
<tr>
<td>San Jose</td>
<td>Friday</td>
<td>7:30 PM</td>
<td>Christ the Good Shepherd Lutheran Church</td>
<td>1550 Meridian Ave., San Jose, CA 95125 USA</td>
<td>How Was Your Week?</td>
<td></td>
<td></td>
<td>Byron K.</td>
<td>925-922-3553</td>
<td><a href="mailto:bykerr@gmail.com">bykerr@gmail.com</a></td>
</tr>
<tr>
<td>San Leandro</td>
<td>Saturday</td>
<td>9:30 AM</td>
<td>All Saint’s Episcopal Church Fireside Room</td>
<td>911 Dowling Boulevard, San Leandro, CA 94577 USA</td>
<td>How Was Your Week?</td>
<td>No meeting on Saturday, November 14th, 2015</td>
<td></td>
<td>John O</td>
<td>(510) 357-5273</td>
<td><a href="mailto:LSRSanleandro@gmail.com">LSRSanleandro@gmail.com</a></td>
</tr>
<tr>
<td>San Mateo</td>
<td>Saturday</td>
<td>12:00 PM</td>
<td>Mills Peninsula Health Services 4th floor Millennium Room</td>
<td>100 S. San Mateo Dr, San Mateo, CA 94401 USA</td>
<td>How Was Your Week?</td>
<td></td>
<td></td>
<td>Betsy Y.</td>
<td>650.576.9316</td>
<td><a href="mailto:Betsywyn@aol.com">Betsywyn@aol.com</a></td>
</tr>
<tr>
<td>San Rafael</td>
<td>Monday</td>
<td>7:30 PM</td>
<td>Bayside Marin Meeting Room</td>
<td>718 4th St., San Rafael, CA 94901 USA</td>
<td>How Was Your Week?</td>
<td></td>
<td></td>
<td>Steve B.</td>
<td>415.747.5709</td>
<td><a href="mailto:sberkley@me.com">sberkley@me.com</a></td>
</tr>
<tr>
<td>San Rafael</td>
<td>Wednesday</td>
<td>6:15 PM</td>
<td>San Rafael Kaiser CDU Yosemite Room</td>
<td>111 Smith Ranch Rd., San Rafael, CA 94903 USA</td>
<td>How Was Your Week?</td>
<td>Look for sign</td>
<td></td>
<td>Bryan C., Art C.</td>
<td>415.747.5709</td>
<td><a href="mailto:cobysmolens@gmail.com">cobysmolens@gmail.com</a></td>
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## California

### San Rafael

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<th>Note</th>
<th>Map</th>
<th>Contact</th>
<th>Phone</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>Friday</td>
<td>6:15 PM</td>
<td>San Rafael Kaiser CDU</td>
<td>111 Smith Ranch Rd., San Rafael, CA 94903 USA</td>
<td>How Was Your Week?</td>
<td>Look for sign</td>
<td><a href="#">Click here for a Google map</a></td>
<td>Harold W.</td>
<td>415.747.5709</td>
<td><a href="mailto:cobysmolens@gmail.com">cobysmolens@gmail.com</a></td>
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### Santa Rosa

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<th>Address</th>
<th>Focus</th>
<th>Note</th>
<th>Map</th>
<th>Contact</th>
<th>Phone</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday</td>
<td>7:30 PM</td>
<td>Knox Presbyterian Church</td>
<td>1650 W. 3rd St., Santa Rosa, CA 95401 USA</td>
<td>How Was Your Week?</td>
<td></td>
<td><a href="#">Click here for a Google Map</a></td>
<td>Rebecca W.</td>
<td>707-596-8860</td>
<td><a href="mailto:liferingsr@gmail.com">liferingsr@gmail.com</a></td>
</tr>
<tr>
<td>Wednesday</td>
<td>8:00 PM</td>
<td>Kaiser CDRP</td>
<td>3554 Round Barn Blvd., Santa Rosa, CA 95403 USA</td>
<td>How Was Your Week?</td>
<td></td>
<td><a href="#">Click here for a Google map</a></td>
<td>D'Anne</td>
<td>707-596-8860</td>
<td><a href="mailto:liferingsr@gmail.com">liferingsr@gmail.com</a></td>
</tr>
<tr>
<td>Thursday</td>
<td>7:00 PM</td>
<td>Unitarian Universalist Church</td>
<td>547 Mendocino Ave, Santa Rosa, CA 95401 USA</td>
<td>How Was Your Week?</td>
<td></td>
<td><a href="#">Click here for a Google map</a></td>
<td>Todd W.</td>
<td>707-596-8860</td>
<td><a href="mailto:liferingsr@gmail.com">liferingsr@gmail.com</a></td>
</tr>
<tr>
<td>Friday</td>
<td>1:30 PM</td>
<td>Interlink Self Help Center</td>
<td>1033 4th St., Santa Rosa, CA 95404 USA</td>
<td>How Was Your Week?</td>
<td></td>
<td><a href="#">Click here for a Google map</a></td>
<td>Quinton H.</td>
<td>707-596-8860</td>
<td><a href="mailto:liferingsr@gmail.com">liferingsr@gmail.com</a></td>
</tr>
</tbody>
</table>
California

Santa Rosa

**Santa Rosa**  **Saturday**  **8:00 PM**  **Kaiser Hospital**  
**Address:** 401 Bicentennial Way, Santa Rosa, CA 95403 USA  
**Building/Room:** lower level, across from cafeteria  
**Focus:** How Was Your Week?  
**Note:** New location  
**Map:** [Click here for a Google map]  
**Local LifeRing Website:** [http://liferingsr.org](http://liferingsr.org)  
**Contact:** Eric F.  
**Phone:** 707-596-8860  
**Email:** liferingsr@gmail.com

Sebastopol

**Sebastopol**  **Tuesday**  **7:00 PM**  **St. Stephen’s Episcopal church**  
**Address:** 500 Robinson Rd., Sebastopol, CA 95472 USA  
**Building/Room:**  
**Focus:** How Was Your Week?  
**Note:**  
**Map:** [Click here for a Google map]  
**Local LifeRing Website:** [http://liferingsr.org](http://liferingsr.org)  
**Contact:** Eric F.  
**Phone:** 707-596-8860  
**Email:** liferingsr@gmail.com

Union City

**Union City**  **Monday**  **7:00 PM**  **Kaiser CDRP**  
**Address:** 3551 Whipple Rd., Union City, CA 94587 USA  
**Building/Room:** Building B, Room 3D  
**Focus:** How Was Your Week?  
**Note:** Does not meet if Kaiser is closed.  
**Map:** [Click here for a Google map]  
**Local LifeRing Website:** [http://liferingsf.org/](http://liferingsf.org/)  
**Contact:** Danilo P.  
**Email:** pantopop@gmail.com

Union City

**Union City**  **Friday**  **6:00 PM**  **Kaiser CDRP**  
**Address:** 3551 Whipple Rd, Union City, CA 94587 USA  
**Building/Room:** Building B, Room 3D or Room 3C  
**Focus:** How Was Your Week?  
**Note:** Does not meet if Kaiser is closed  
**Map:** [Click here for a Google map]  
**Local LifeRing Website:** [http://liferingsf.org/](http://liferingsf.org/)  
**Contact:** Tim B  
**Email:** timothybliss@comcast.net

Vacaville

**Vacaville**  **Monday**  **7:00 PM**  **Kaiser Hospital**  
**Address:** 1 Quality Dr, Vacaville, CA 95688 USA  
**Building/Room:** Bldg A, 1st Floor  
**Focus:** How Was Your Week?  
**Note:** behind Peets Coffee  
**Map:** [Click here for a Google map]  
**Local LifeRing Website:** [http://liferingsf.org/](http://liferingsf.org/)  
**Contact:** Darlene B.  
**Phone:** (707) 392-8056  
**Email:** lrvacaville@gmail.com
## California

### Vacaville

**Vacaville**  
**Thursday**  
**7:00 PM**  
**Kaiser Hospital**

**Address:** 1 Quality Dr, Vacaville, CA 95688 USA  
**Building/Room:** Bidg A, 1st Floor  
**Focus:** How Was Your Week?  
**Note:** behind Peets Coffee  
**Map:** [Click here for a Google map](http://liferingsf.org/)  
**Contact:** Brian P., Darlene B.  
**Phone:** 707.689.8036, (707) 392-8  
**Email:** lvacaville@gmail.com

### Vallejo

**Vallejo**  
**Tuesday**  
**12:00 PM**  
**Kaiser CDRP**

**Address:** 800 Sereno Dr., Vallejo, CA 94589 USA  
**Building/Room:**  
**Focus:** How Was Your Week?  
**Note:** Sign @ check-in desk  
**Map:** [Click here for a Google map](http://liferingsf.org/)  
**Contact:** Darren M.  
**Phone:**  
**Email:** dginam@aol.com

### Vallejo

**Vallejo**  
**Friday**  
**12:00 PM**  
**Kaiser CDRP**

**Address:** 800 Sereno Dr., Vallejo, CA 94589 USA  
**Building/Room:**  
**Focus:** How Was Your Week?  
**Note:** Sign @ check-in desk  
**Map:** [Click here for a Google map](http://liferingsf.org/)  
**Contact:** Jim T.  
**Phone:**  
**Email:**

### Walnut Creek

**Walnut Creek**  
**Tuesday**  
**7:30 PM**  
**Kaiser Medical Center**

**Address:** 1505 S. Main St, Walnut Creek, CA 94596 USA  
**Building/Room:** Magnolia Conference Rm  
**Focus:** How Was Your Week?  
**Note:** 1st floor, Main Hospital building  
**Map:** [Click here for a Google map](http://liferingsf.org/)  
**Contact:** Rick M.  
**Phone:**  
**Email:** mcpeaks@comcast.net

### Walnut Creek

**Walnut Creek**  
**Wednesday**  
**12:15 PM**  
**Kaiser Medical Center**

**Address:** 710 South Broadway, Walnut Creek, CA 94596 USA  
**Building/Room:** Room 3F  
**Focus:** How Was Your Week?  
**Note:**  
**Map:** [Click here for a Google map](http://liferingsf.org/)  
**Contact:** Laura M  
**Phone:** 925.699.5566  
**Email:**

### Local LifeRing Website

[http://liferingsf.org/](http://liferingsf.org/)
<table>
<thead>
<tr>
<th>Location</th>
<th>Day</th>
<th>Time</th>
<th>Venue</th>
<th>Address</th>
<th>Focus</th>
<th>Contact Name</th>
<th>Phone</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>Walnut Creek</td>
<td>Thursday</td>
<td>7:30 PM</td>
<td>Mt. Diablo Unitarian Universalist Church</td>
<td>55 Eckley Lane, Walnut Creek, CA 94596 USA</td>
<td>How Was Your Week?</td>
<td>Arnold P.</td>
<td></td>
<td><a href="mailto:arnoldpustilnik@yahoo.com">arnoldpustilnik@yahoo.com</a></td>
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<td></td>
<td></td>
<td></td>
<td></td>
<td>Building/Room: Oak Room</td>
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<td>Note:</td>
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<td>Map: [Click here for a Google map]</td>
<td>Local LifeRing Website: <a href="http://liferingsf.org/">http://liferingsf.org/</a></td>
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<td>Contact: Arnold P.</td>
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<tr>
<td>Walnut Creek</td>
<td>Friday</td>
<td>12:15 PM</td>
<td>Kaiser Medical Center</td>
<td>710 South Broadway, Walnut Creek, CA 94596 USA</td>
<td>How Was Your Week?</td>
<td>Laura M.</td>
<td>925.699.5566</td>
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<tr>
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<td>Building/Room: Room 3F</td>
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<td>Contact: Laura M.</td>
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<td></td>
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<td>Phone: 925.699.5566</td>
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