

LifeRing Face-to-Face Meetings

10/12/2017

For additions or changes, please contact the LifeRing Service Center at 1-800-811-4142 or service@lifering.org

LifeRing Face-to-Face Meetings (USA except California)

State: CO

Denver **Monday** **6:30pm** **Washington Park Church of Christ** 102

Address: 400 South Williams St., Denver, CO 80209 USA

Building/Room: Alley entrance

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingcolorado.org/>

Contact: Bonnie M.

Phone: 303-726-2155

Email: d8adoc@msn.com

Lafayette **Monday** **6:30pm** **Sister Carmen Center** 255

Address: 655 Aspen Ridge Dr, Lafayette, CO 80026 USA

Building/Room:

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingcolorado.org/>

Contact: Chris M.

Phone: 720.206.9103

Email: cmcghee@metrotechauto.com

Bolder **Monday** **7:00pm** **Boulder County Addiction Recovery Center (ARC)** 203

Address: 3180 Airport Rd., Bolder, CO 80301 USA

Building/Room: Conference room directly across from the admissions counter

Focus: How Was Your Week?

Note: Open to the public

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingcolorado.org/>

Contact: Gary G

Phone:

Email: garytaylorjibbs@yahoo.com

Aurora **Tuesday** **6:00pm** **Kaiser Permanente Regional Headquarters** 132

Address: 10350 E. Dakota Ave., Aurora, CO 80247 USA

Building/Room: Vohs 1 Conference Room

Focus: How Was Your Week?

Note: Meeting to the left after entering, west side of building

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingcolorado.org/>

Contact: Mary Lee P.

Phone: 303-364-2999

Email: liferingcolorado@gmail.com

Denver **Tuesday** **6:30pm** **St John's Episcopal Cathedral** 404

Address: 1350 Washington St, Denver, CO 80203 USA

Building/Room: 202

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingcolorado.org/>

Contact: Chris N.,

Phone: 720.280.0836

Email: dooversbycici@gmail.com

Broomfield **Tuesday** **7:00pm** **Cross of Christ Lutheran Church** 279

Address: 12099 Lowell Blvd., Broomfield, CO 80020 USA

Building/Room:

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingcolorado.org/>

Contact: Tom B.

Phone: 303.808.3299

Email: cyclommuter@yahoo.com

Lafayette **Tuesday** **7:30pm** **Cairn Christian Church** 178

Address: 1700 Stonehenge Dr, Lafayette, CO 80026 USA

Building/Room: Community Room

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingcolorado.org/>

Contact: Bob C.

Phone: 612-437-9291

Email: rtcrosby@comcast.net

Denver **Wednesday** **12:00pm** **Secular Hub** 265

Address: 3100 Downing, Denver, CO 80205 USA

Building/Room:

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingcolorado.org/>

Contact: Kathleen G.

Phone: (303) 514-4788

Email: liferingcolorado@gmail.com

Denver **Wednesday** **6:00pm** **First Unitarian Church** 292

Address: 1400 Lafayette St, Denver, CO 80218 USA

Building/Room:

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingcolorado.org/>

Contact: Jim C

Phone: 303 875-5088

Email: jim.cress@hro.com

Edwards **Wednesday** **6:00pm** **"Vail"-Trinity Baptist Church** 145

Address: 90 Lariat Loop, Edwards, CO 81632 USA

Building/Room: Building A (Upper level of Cabin Building)

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingcolorado.org/>

Contact: Erika S.

Phone: 970-445-0821

Email: liferingvail@yahoo.com

Longmont **Wednesday** **6:00pm** **Longmont United Hospital** 182

Address: 1950 Mountain View Ave., Longmont, CO 80501 USA

Building/Room:

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingcolorado.org/>

Contact: Leana D.

Phone: 724-466-0543

Email: ldefurio72@yahoo.com

Boulder	Wednesday 7:00pm	Boulder Bridgehouse Ready to Work	192
<i>Address:</i> 4747 Table Mesa, Boulder, CO 80301 USA			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingcolorado.org/	
<i>Contact:</i> Ray R.	<i>Phone:</i> (720) 261-3922	<i>Email:</i> heyraj@icloud.com	
Arvada	Thursday 5:30pm	Kaiser Hidden Lake Medical Office Building	133
<i>Address:</i> 7701 Sheridan Blvd., Arvada, CO 80003 USA			
<i>Building/Room:</i> Rapids Room			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingcolorado.org/	
<i>Contact:</i> Rob C.	<i>Phone:</i> 720-708-4840	<i>Email:</i> liferingcolorado@gmail.com	
Denver	Thursday 6:00pm	Denver Drug Court	202
<i>Address:</i> 520 W Colfax Ave, Denver, CO 80224 USA			
<i>Building/Room:</i> Lindsey Flanagan Courthouse			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Fifth Thursday of the month only			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingcolorado.org/	
<i>Contact:</i> Jim C; Gary C	<i>Phone:</i> Gary C: 720-399-4314	<i>Email:</i> ljim.cress@hro.com	
Boulder	Thursday 6:30pm	The Lookout	165
<i>Address:</i> 6901 Lookout Road, Boulder, CO 80301 USA			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingcolorado.org/	
<i>Contact:</i> Richenda B.	<i>Phone:</i> 303-350-0055	<i>Email:</i> pbiles@comcast.net	
Denver	Thursday 7:00pm	Washington Park Church of Christ	302
<i>Address:</i> 400 South Williams St., Denver, CO 80209 USA			
<i>Building/Room:</i> Alley entrance			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingcolorado.org/	
<i>Contact:</i> Tom J./Kathleen G.	<i>Phone:</i> (303) 514-4788	<i>Email:</i> liferingcolorado@gmail.com	
Denver	Thursday 7:00pm	Highlands United Methodist Church	77
<i>Address:</i> 3131 Osceola, Denver, CO 80212 USA			
<i>Building/Room:</i>			
<i>Focus:</i>			
<i>Note:</i>			
<i>Map:</i> Click here for a Google Map		<i>Local LifeRing Website:</i> http://liferingcolorado.org/	
<i>Contact:</i> Brett M.; Shawn M	<i>Phone:</i>	<i>Email:</i> brettmendes@gmail.com	

LifeRing Face-to-Face Meetings (USA except California)

Tabernash	Thursday	7:00pm	Tabernash	191
<i>Address:</i> 100 County Road 515, Tabernash, CO 80478 USA				
<i>Building/Room:</i>				
<i>Focus:</i> How Was Your Week?				
<i>Note:</i> First and Third Thursday of each month; 1 mile north of Tabernash Co				
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingcolorado.org/		
<i>Contact:</i> Dick S.	<i>Phone:</i> (303) 898-3125	<i>Email:</i> liferingwesternslope@gmail.com		
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Louisville	Thursday	7:30pm	Centennial Peaks Hospital	6
<i>Address:</i> 2255 South 88th Street, Louisville, CO 80027 USA				
<i>Building/Room:</i>				
<i>Focus:</i> How Was Your Week?				
<i>Note:</i>				
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingcolorado.org/		
<i>Contact:</i> Dave F.	<i>Phone:</i> 303.517.5696	<i>Email:</i> dave1fletcher@gmail.com		
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Denver	Thursday	9:00am	VA Medical Center	51
<i>Address:</i> 1055 Clermont Street, Denver, CO 80220 USA				
<i>Building/Room:</i> Room 3E108				
<i>Focus:</i> How Was Your Week?				
<i>Note:</i>				
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingcolorado.org/		
<i>Contact:</i> Bobby G.	<i>Phone:</i> 303.955.5673	<i>Email:</i> liferingcolorado@gmail.com		
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Golden	Friday	11:30am	Jefferson County Combined Courthouse	101
<i>Address:</i> 100 Jefferson County Pkwy, Golden, CO 80419 USA				
<i>Building/Room:</i>				
<i>Focus:</i> How Was Your Week?				
<i>Note:</i> 2nd and 4th Fridays Only				
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingcolorado.org/		
<i>Contact:</i> Ray R.	<i>Phone:</i> 720.261.3922	<i>Email:</i> heyraj@icloud.com		
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Longmont	Friday	6:00am	Behavioral Health Group	282
<i>Address:</i> 850 23rd Avenue, Unit A, Longmont, CO 80501 USA				
<i>Building/Room:</i>				
<i>Focus:</i> How Was Your Week?				
<i>Note:</i> 1st meeting date 7/28/2017				
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingcolorado.org/		
<i>Contact:</i> Gary G.	<i>Phone:</i> 720-326-4401	<i>Email:</i> garytaylorgibbs@yahoo.com		
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Lafayette	Friday	6:30pm	Cairn Christian Church	107
<i>Address:</i> 1700 Stonehenge Dr, Lafayette, CO 80026 USA				
<i>Building/Room:</i> Community Room				
<i>Focus:</i> How Was Your Week?/Workbook study				
<i>Note:</i>				
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingcolorado.org/		
<i>Contact:</i> Jeff M., Paula G.	<i>Phone:</i>	<i>Email:</i> jeffjames05@gmail.com ; pgillen01@gm		

LifeRing Face-to-Face Meetings (USA except California)

Wheat Ridge **Sunday** **7:30pm** **Exempla West Pines Treatment Center** 278

Address: 3400 Lutheran Parkway, Wheat Ridge, CO 80233 USA

Building/Room: Sun Room, Gymnasium Bldg

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingcolorado.org/>

Contact: Terry W.

Phone: 720-333-0244

Email: liferingcolorado@gmail.com

State: CT

Greenwich **Monday** **7:30pm** **Greenwich Hospital** 112

Address: 5 Perryridge Rd., Greenwich, CT 06830 USA

Building/Room: Cafeteria Conf Rm

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingct.com/>

Contact: Cindy K.

Phone: 772.205.1289

Email: cindy.lifering@gmail.com

Greenwich **Wednesday** **7:30pm** **Greenwich Hospital** 307

Address: 5 Perryridge Rd, Greenwich, CT 06830 USA

Building/Room: Cafeteria Conf Rm

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingct.com/>

Contact: Cindy K.

Phone: 772.205.1289

Email: cindy.lifering@gmail.com

Greenwich **Friday** **6:00pm** **Greenwich Hospital** 171

Address: 5 Perryridge Rd., Greenwich, CT 06830 USA

Building/Room: Cafeteria Conf Rm

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingct.com/>

Contact: Cindy K.

Phone: 772.205.1289

Email: cindy.lifering@gmail.com

Greenwich **Sunday** **4:00pm** **Greenwich Hospital** 281

Address: 5 Perryridge Rd., Greenwich, CT 06830 USA

Building/Room: Cafeteria Conf Rm

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingct.com/>

Contact: Cindy K.

Phone: 772.205.1289

Email: cindy.lifering@gmail.com

State: FL

Clearwater **Monday** **8:00pm** **Sylvan Abbey United Methodist Church** 54

Address: 2817 Sunset Point Road, Clearwater, FL 33759 USA

Building/Room: Building in rear of church parking lot.

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://www.liferingtampabay.com>

Contact: Andy F.

Phone: 727-385-6363

Email: andytn@yahoo.com

LifeRing Face-to-Face Meetings (USA except California)

Pinellas Park **Friday** **8:00pm** **Good Samaritan Church** 19

Address: 6085 Park Blvd, Pinellas Park, FL 33781 USA

Building/Room: Adult Center - Rear

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://www.liferingtampabay.com>

Contact: Tom S.

Phone: 727.866.6797

Email: tshelley@tampabay.rr.com

State: ID

Coeur d'Alene **Monday** **3:00 pm** **Bakery by the Lake** 445

Address: 601 E. Front Ave #104, Coeur d'Alene, ID 83814 USA

Building/Room:

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website:

Contact: Raven C.

Phone:

Email: ravencrumlifering@gmail.com

State: MI

Sturgis **Tuesday** **6:00pm** **St John's Episcopal Church** 114

Address: 110 S. Clay St, Sturgis, MI 49091 USA

Building/Room: Basement meeting room

Focus: Recovery

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website:

Contact: Tim P.

Phone: (269) 319-9983

Email: timpugh76@gmail.com

Ann Arbor **Tuesday** **9:00am** **LifeRing Meeting** 84

Address: 4101 Washtenaw Ave., Ann Arbor, MI 48108 USA

Building/Room: Room 1104B

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website:

Contact: Clyde V.

Phone:

Email: vandecarc@ewashtenaw.org

Constantine **Wednesday** **10:00am** **Messiah Lutheran Church** 382

Address: 185 W. Fifth St., Constantine, MI 49042 USA

Building/Room:

Focus: How Was Your Week?

Note: 1st meeting Wednesday, 06/10/2017

Map: [Click here for a Google map](#)

Local LifeRing Website:

Contact: Leonard B.

Phone: 269-365-8436

Email: constantinelifering@gmail.com

Sturgis **Thursday** **10:00am** **Hope House** 113

Address: 131 S Nottawa St, Sturgis, MI 49091 USA

Building/Room:

Focus: How Was Your Week?

Note: Women only

Map: [Click here for a Google map](#)

Local LifeRing Website:

Contact: Christina

Phone:

Email: cgieber31@yahoo.com

Grand Rapids **Thursday 12:00pm** **LifeRing LGBT & Allies** 452

Address: 1020 College Ave NE, Grand Rapids, MI 49503 USA

Building/Room: Alano Club of Kent County

Focus: How Was Your Week

Note: All are welcome

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://www.recoveryallies.us/>

Contact: Douglas H

Phone: 773-330-8379

Email: Douglas@recoveryallies.us

Alpena **Thursday 7:00pm** **Sunrise Center** 81

Address: 360 Walnut St., Alpena, MI 49707 USA

Building/Room: Sunrise Center; Modular

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website:

Contact: Matt R.

Phone: 1.231.445.2589

Email: rileymatt69@yahoo.com

Ann Arbor **Friday 12:00pm** **Home of New Vision** 453

Address: 3115 Professional Drive, Ann Arbor, MI 48104 USA

Building/Room:

Focus: How Was Your Week?

Note: No meetings on major holidays

Map: [Click here for a Google map](#)

Local LifeRing Website:

Contact: Darin S

Phone:

Email: dszczotka@homeofnewvision.org

State: MN

Rochester **Wednesday 7:30pm** **Recovery is Happening** 355

Address: 25 16th St NE, Rochester, MN 55906 USA

Building/Room:

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website:

Contact: Andrew F.

Phone:

Email: liferingrochester@yahoo.com

State: NM

Albuquerque **Wednesday 6:00pm** **Kaseman Hospital** 276

Address: 8300 Constitution Ave. NE, Albuquerque, NM 87110 USA

Building/Room: Aspen Room

Focus: How Was Your Week?

Note: Enter Emergency Room, turn left down hallway, through doors, Aspen is first room

Map: [Click here for a Google map](#)

Local LifeRing Website:

Contact: Chris. J.

Phone:

Email: cwjerman@yahoo.com

Los Alamos **Wednesday 6:30pm** **Los Alamos Unitarian Church** 93

Address: 1738 N Sage Loop, Los Alamos, NM 87544 USA

Building/Room: Room #2

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website:

Contact: Chris B.

Phone:

Email: sobercb@gmail.com

W/S Albuquerque-Rio Rancho Saturday 5:00pm Rust Medical Center 24

Address: 2400 Unser Blvd., W/S Albuquerque-Rio Rancho, NM 87124 USA

Building/Room: Room 401

Focus: How Was Your Week?

Note: Take elevator to lower level

Map: [Click here for a Google map](#)

Local LifeRing Website:

Contact: Mary S.

Phone: (505) 508-4259

Email: maryshortell2@gmail.com

State: NV

Las Vegas Saturday 1:30pm Care Complex 157

Address: 200 Foremaster Ln, Las Vegas, NV 89101 USA

Building/Room:

Focus: How Was Your Week?

Note: A meeting to help homeless get introduced to recovery

Map: [Click here for a Google map](#)

Local LifeRing Website:

Contact: Bryanne D

Phone:

Email: Bryzy95@gmail.com

State: NY

Harrison Sunday 1:00pm St. Vincent's Hospital 206

Address: 275 North Street, Harrison, NY 10528 USA

Building/Room:

Focus: How Was Your Week?

Note:

Map: [Click here for a Google Map](#)

Local LifeRing Website:

Contact: Mark Fichtel

Phone:

Email: mark.lifering@gmail.com

State: OH

Akron Tuesday 7:00pm Firestone Park Community Center 57

Address: 1480 Girard St., Akron, OH 44301 USA

Building/Room:

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingakron.yolasite.com/>

Contact: Lisa S.

Phone: 234.220.5770

Email: LifeRingAkron@gmail.com

State: PA

Lebanon Tuesday 6:00pm Lebanon Recovery Center 256

Address: 701 Chestnut Street, Lebanon, PA 17042 USA

Building/Room:

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website:

Contact: Michael H.

Phone: 717-469-2874

Email:

State: TX

Cedar Park

Wednesday 7:30pm Live Oak U.U. Church

273

Address: 3315 El Salido Parkway, Cedar Park, TX 78613 USA

Building/Room: Room 103

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://austinflifering.org/>

Contact: Robert M.

Phone: 512.663.4754

Email: codemeisterbob@gmail.com

Austin

Saturday 10:00am Seton Shoal Creek Hospital

11

Address: 3501 Mills Avenue, Austin, TX 78731 USA

Building/Room: 1st floor cafeteria conference room

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://austinflifering.org/>

Contact: Bob C.

Phone:

Email: crimmb@yahoo.com

State: UT

Salt Lake City

Monday 5:30pm First Unitarian Church

126

Address: 569 South 1300 East, Salt Lake City, UT 84102 USA

Building/Room: south entrance, 2nd floor

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://www.liferingutah.org/>

Contact: Mahala K.

Phone:

Email: liferingutah@gmail.com

Cottonwood Heights

Tuesday 7:00pm South Valley UU Society

169

Address: 6876 South Highland Drive, Cottonwood Heights, UT 84121 USA

Building/Room: Room #10

Focus:

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://www.liferingutah.org/>

Contact: Mahala K.

Phone:

Email: liferingutah@gmail.com

Salt Lake City

Wednesday 12:00pm SLC Foothill Meeting

59

Address: 2319 Foothill Drive #100, Salt Lake City, UT 84109 USA

Building/Room: Conference Room, Suite 120, Foothill & Parley's Way

Focus: How Was Your Week?

Note: 50 minutes; Free parking. Near I-80 and I-215 (Belt Route) exchange, in the Lefavi Business Center.

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://www.liferingutah.org/>

Contact: Mahala K.

Phone:

Email: liferingutah@gmail.com

Salt Lake City

Wednesday 6:30pm UNI (University Neuropsychiatric Institute)

58

Address: 501 Chipeta Way, Salt Lake City, UT 84108 USA

Building/Room: Recovery Works, room #1074

Focus: How Was Your Week

Note: Ample free parking. Non-smoking campus. Enter through front doors and follow signs.

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://www.liferingutah.org/>

Contact: Sally B.

Phone:

Email: liferingutah@gmail.com

LifeRing Face-to-Face Meetings (USA except California)

Salt Lake City **Friday** **7:00pm** **Empowering Your Sober Self Reading Group** 252

Address: 2212 South West Temple #29, Salt Lake City, UT 84115 USA

Building/Room:

Focus:

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://www.liferingutah.org/>

Contact: Ty

Phone:

Email: liferingutah@gmail.com

Salt Lake City **Saturday** **11:00am** **First Baptist Church of Salt Lake City** 83

Address: 777 South 1300 East, Salt Lake City, UT 84102 USA

Building/Room: 2nd floor, library room

Focus: How Was Your Week?

Note: Parking lots behind church, enter from 800 South/Sunnyside Avenue

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://www.liferingutah.org/>

Contact: Joshua S.

Phone:

Email: liferingutah@gmail.com

Salt Lake City **Sunday** **10:00am** **UNI (University Neuropsychiatric Institute)** 32

Address: 501 Chipeta Way, Salt Lake City, UT 84108 USA

Building/Room: room #1416

Focus: How Was Your Week?

Note: Ample free parking. Non-smoking campus. Enter through front doors and follow signs.

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://www.liferingutah.org/>

Contact: Mary A.

Phone:

Email: liferingutah@gmail.com

State: WA

Walla Walla **Wednesday** **7:00pm** **First Congregational Church** 181

Address: 73 S. Palouse, Walla Walla, WA 99362 USA

Building/Room: Fireplace Room (3rd floor)

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website:

Contact: Tim K.

Phone: 425-445-4430

Email: liferingww@gmail.com

Seattle **Thursday** **8:00pm** **Homestreet Bank Meeting** 105

Address: 7307 Greenwood Ave N, Seattle, WA 98103 USA

Building/Room: Homestreet Bank community meeting room

Focus: How Was Your Week?

Note: access the meeting room via the south door off the parking lot

Map: [Click here for a Google map](#)

Local LifeRing Website:

Contact: Jeremy K

Phone:

Email: jrtking73@yahoo.com

State: WV

Morgantown **Wednesday** **7:00pm** **Unitarian Universalist Church** 109

Address: 429 Warrick St., Morgantown, WV 26505 USA

Building/Room:

Focus: How Was Your Week?

Note: call and confirm before attending

Map: [Click here for a Google map](#)

Local LifeRing Website:

Contact: Robert B.

Phone: 304-685-2133

Email:
