



June 11, 2014

To whom it may concern:

The Olympia House program is based upon the premise that every individual that suffers from a chemical dependency disorder is different. Our approach in assisting individuals is “whatever it takes.” As such, we proudly endorse the concept of clear and equal choice of sobriety supports as part of an effective recovery plan. We encourage individuals to choose sobriety support and tools that best fit their world views. Olympia House exposes individuals to a variety of support programs including 12-step models (such as AA and NA) and secular sobriety support models such as LifeRing Secular Recovery and SMART Recovery. Individuals are encouraged to use any and/or all of these programs. Each type of support is presented as either a supplement or an alternate to any other. In our view all support has the capacity to be beneficial and that individuals have a right to choose what they find to be most helpful.

Sincerely,

Wayne Thurston, Psy.D.  
Executive Director