

Closing Statement

These meetings are confidential. After you leave here, you are encouraged to pass on anything you have learned, but please do not say or do anything outside of the group that could reveal who was present here.

If you would like to know more about the LifeRing approach, LifeRing books and pamphlets are available online. If you would like to know more about the LifeRing approach, LifeRing books and pamphlets are available in this meeting *[if in-person]* and at lifering.org. Contact ___ for info. The Lifering website has online meetings, informal chats, and numerous other options.

There are other meetings at _____. *[If applicable. These can be other meetings in the same area (if in-person), meetings later in the day (if online), or other meetings of the same focus type (if online).]*

The outside world little understands or appreciates our recovery journey. They tend to believe that we can “Just Say No” and be done with it. We who fight this battle every day know the inner struggles we go through and the work that’s involved in rebuilding our lives.

If someone among us has not yet achieved stable recovery, we appreciate the incredible strength and courage it takes to continue attending. We hope we would make the same decision. We have earned the self-esteem that we feel today. We are heroes and winners in each other’s eyes.

We know the sweetness of the victory that each sober day signifies. Let’s applaud ourselves for our successes, large and small. Go make it a good week!