

Online Public LifeRing Meetings

#	Day	Start Time (PT)	Meeting Information
1010	MON	9:00 AM	Zoom Meeting # 146 757 945, Passcode: lifering, HWYW, MA., Meeting is open to all
1015	MON	4:00 PM	Zoom Meeting # 826 6598 9685, Passcode: lifering, HWYW, MA., Meeting is open to all
1020	MON	5:30 PM	Zoom Meeting, CO., contact James at dewboy666@gmail.com for an invite
1025	MON	6:15 PM	Zoom Meeting # 608 192 337, Passcode: 222325, HWYW, CA, Meeting is open to all
1030	MON	7:00 PM	Zoom Meeting, CA., contact Mary Beth at marybeth@lifering.org for more information
1035	MON	7:30 PM	Zoom Meeting # 292 959 805, Passcode: 911868, HWYW, CA, Meeting is open to all
1040	MON	7:30 PM	Zoom Meeting # 992 0382 9829, Passcode: lifering, HWYW, No CA., Peter P., Meeting is open to all
1045	MON	8:00 PM	Zoom Meeting, CA., contact Joe at jahearst@pacbell.net for more information
2015	TUE	9:00 AM	Zoom Meeting # 854 5012 2561, Passcode: lifering, HWYW, OH. Meeting is open to all
2020	TUE	10:00 AM	Zoom Meeting ID: 865 2502 5573, Passcode: lifering, HWYW, Bruce in WA., Meeting is open to all
2030	TUE	5:30 PM	Zoom Meeting ID: 653 432 584, Passcode: 252511, HWYW, CA., Meeting is open to all
2035	TUE	6:00 PM	Zoom Meeting ID: 876 0522 1005, Passcode: 933454, Women's Meeting
2040	TUE	6:00 PM	Zoom Meeting # 819 3990 3469, Passcode: lifering, HWYW, WA, Meeting is open to all.
2045	TUE	6:45 PM	Zoom Meeting ID: 819 2909 5082, Passcode: 800604, HWYW, Meeting, Oakland Kaiser AMRS
3010	WED	9:00 AM	Zoom Meeting ID: 851 9438 4510, Passcode: lifering, HWYW, CA., Meeting is open to all
3015	WED	3:30 PM	Zoom Meeting ID: 873 5467 9454, Passcode: no passcode required, HWYW, KY., Meeting is open to all
3025	WED	4:00 PM	Zoom Meeting, LSRsafe Email Group, must be a member of this email group.

#	Day	Start Time (PT)	Meeting Information
3030	WED	4:00 PM	Zoom Meeting ID: 879 2382 5989, Passcode: no passcode required, HWYW, CO, Meeting is open to all
3035	WED	5:00 PM	Zoom Meeting ID: 656 144 9661, Passcode: lifering, HWYW, NM., Meeting is open to all
3040	WED	6:00 PM	Zoom Meeting ID: 816 8597 8274, Passcode: lifering, HWYW, San Diego, CA., Meeting is open to all
3045	WED	6:00 PM	Zoom Meeting ID: 856 0614 8917, Passcode: 162086, HWYW, "The Liver Spot.", Meeting is open to all
3050	WED	7:00 PM	Zoom Meeting ID: 890 444 45529 No Passcode, HWYW, CA, limited to the first 10 individuals
3055	WED	7:30 PM	Zoom Meeting ID: 938 8726 1810, Passcode: lifering, HWYW, No CA., HWYW, Barry, Meeting is open to all
4010	THR	9:00 AM	Zoom Meeting ID: 146 757 945, Passcode: lifering, HWYW, CA, Meeting is open to all. Limited to the first 30 individuals.
4015	THR	12:00 PM	Zoom Meeting ID: 814 377 449, Passcode: 680781, HWYW, Bruce in WA., Meeting is open to all.
4020	THR	12:00 PM	Zoom Meeting, CA., San Bruno VA Clinic, contact Edward G., emg1946@comcast.net, 415-468-4814, for more information
4030	THR	6:00 PM	Zoom Meeting ID: 819 2909 5082, Passcode: 800604, HWYW, Meeting, Oakland Kaiser AMRS
4035	THR	6:00 PM	Zoom Meeting ID: 861 2363 4909, Passcode: lifering, HWYW, San Diego, CA., Meeting is open to all
4040	THR	7:30 PM	Zoom Meeting ID: 865 1200 9637, Passcode: lifering, HWYW, CA., Meeting open to all
4025	THR	4:00 PM	Zoom Meeting ID: 852 1390 4822, Passcode: lifering, 1st half of meeting is check-in; 2nd half is a guided mindfulness exercise, Meeting is open to all
5012	FRI	9:00 AM	LifeRing"InTheRooms", HWYW, Convenor Penny P., Meeting is open to all
5014	FRI	12:00 PM	Zoom Meeting for women, HWYW, contact Penny@pennypulz.com for more information
5010	FRI	9:00 AM	Zoom Meeting ID: 841 8180 3139, Passcode: lifering, HWYW, CA., Meeting is open to all
5020	FRI	5:00 PM	Zoom Meeting ID: 656 144 9661, Passcode: lifering, HWYW, NM., Meeting is open to all

#	Day	Start Time (PT)	Meeting Information
5025	FRI	5:00 PM	Zoom Meeting ID: 889 6725 6987, Passcode: lifering, WB, CA., Meeting is open to all
5030	FRI	6:00 PM	Adobe Connect Text Meeting, HWYW, Open to all, https://meet56243352.adobeconnect.com/r522ss7kd94t/
5035	FRI	6:00 PM	Zoom Meeting ID: 818 3117 9841, Passcode: lifering, HWYW, South Sacramento, CA., Meeting is open to all
5040	FRI	6:00 PM	Zoom Meeting ID: 987 9298 0800, Passcode: lifering, HWYW, CA., Meeting is open to all
5043	FRI	6:00 PM	Zoom Meeting ID: 812 4423 4182, Passcode: lifering, HWYW, San Diego, CA., Meeting is open to all
5045	FRI	7:00 PM	Zoom Meeting ID: 836 1073 5834, Passcode: lifering, HWYW, OR., Meeting is open to all
6010	SAT	8:00 AM	Zoom Meeting ID: 826 8703 3541, Passcode: lifering, HWYW, MA., Meeting is open to all
6015	SAT	10:00 AM	Adobe Connect Text Meeting, HWYW, Meeting is open to all, https://meet56243352.adobeconnect.com/r522ss7kd94t/
6020	SAT	10:00 AM	Zoom Meeting ID: 893 9773 8129, Passcode: lifering, HWYW, SF LGBT Center, Meeting is open to all
6025	SAT	10:00 AM	Zoom Meeting ID: 692 205 678, HWYW, Oakland, CA., Kaiser AMRS
6035	SAT	12:00 PM	Zoom Meeting ID: 856 7222 4862, Password: 111421, LifeRing Mills Meeting, CA., Meeting open to all
6040	SAT	1:30 PM	Zoom Meeting ID: 899 3390 8346, Passcode: lifering, HWYW, Café Tropical CA., Meeting is open to all
6050	SAT	5:30 PM	Zoom Meeting ID 828 7399 4273, Passcode: lifering, HWYW, OH, Meeting is open to all.
6037	SAT	12:00 PM	Zoom Meeting ID: 815 2183 9976, Passcode: lifering, HWYW, TX., Meeting is open to all
7010	SUN	8:00 AM	Zoom Meeting ID: 851 9341 8930, Passcode: lifering, 1st half of meeting is check-in; 2nd half is a guided mindfulness exercise, Meeting is open to all
7020	SUN	11:00 AM	Zoom Meeting ID: 223 512 116, No passcode required, HWYW, Oakland Kaiser AMRS, Meeting is open to all
7025	SUN	12:00 PM	Zoom Meeting ID: 819 2909 5082, Passcode: 800604, WB Meeting, Oakland Kaiser AMRS, Meeting is open to all
7035	SUN	4:00 PM	Zoom Meeting ID: 870 9814 3051, Passcode: 537066, LGBTQIA+ and Friends: Come out and recover.

#	Day	Start Time (PT)	Meeting Information
7045	SUN	6:00 PM	Zoom Meeting ID: 431 625 115, Passcode: lifering, HWYW, CO., Meeting is open to all
7050	SUN	6:00 PM	Zoom Meeting ID: 861 6861 9858, Passcode: lifering, HWYW, San Diego, CA., Meeting is open to all
7055	SUN	7:00 PM	Adobe Connect Text Meeting, TOPIC, Meeting is open to all, https://meet56243352.adobeconnect.com/r522ss7kd94t/