

United States LifeRing Meetings

12/7/2018

For additions or changes, please contact the LifeRing Service Center at 1-800-811-4142 or service@lifering.org

LifeRing United States Face-to-Face Meetings

States AR

Fort Smith

Monday 6:00pm

LifeRing at Harbor House

138

Address: 4500 Kelley Hwy., Fort Smith, AR 72904

Building/Room:

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website:

Contact: Tosha W.

Phone: 479-785-4083 ext. 120

Email: twilson@recoveryhhi.org

Contact:

Phone:

Email:

States CA

Antioch

Monday 11:00am

Kaiser CDRP

330

Address: 3454 Hillcrest Ave., Antioch, CA 94531

Building/Room: Rm 2A

Focus: How Was Your Week?

Note: Does not meet if Kaiser is closed

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Scott H.

Phone: 9252508572

Email: ichabodx9@yahoo.com

Contact:

Phone:

Email:

Sacramento

Monday 4:15pm

Strategies for Change South

337

Address: 4343 Williamsborough Drive, Sacramento, CA 95823

Building/Room:

Focus: Meetings may have a Child Protective Services Orientation

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://www.liferingsacramento.org/>

Contact: Strategies for Change South

Phone: (916) 395-3552

Email: harold@lifering.org

Contact:

Phone:

Email:

Livermore

Monday 6:00pm

Unitarian Universalist Church

92

Address: 1893 N.Vasco Rd., Livermore, CA 94551

Building/Room:

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Geoffrey L.

Phone: 415-845-3799

Email: geoff.lane.phd@gmail.com

Contact:

Phone:

Email:

Fresno	Monday 6:30pm	Kaiser Permanente Medical Center	131
<i>Address:</i> 7300 N. Fresno St, Fresno, CA 93720			
<i>Building/Room:</i> 3rd floor Wawona room			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Located between Herndon & Alluvial			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingcalifornia.org/	
<i>Contact:</i> Jim B.	<i>Phone:</i>	<i>Email:</i> jim-bat@pacbell.net	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
Moreno Valley	Monday 6:30pm	Kaiser Permanente - Addiction Medicine Department	62
<i>Address:</i> 12815 Heacock St., Moreno Valley, CA 92553			
<i>Building/Room:</i> Room #116			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> 1st meeting 11/05/2018, Meeting will not convene on Holidays when Kaiser is closed			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingcalifornia.org/	
<i>Contact:</i> Mike M	<i>Phone:</i> 510-928-8256	<i>Email:</i> ie.lifering@gmail.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
Burlingame	Monday 7:00pm	Mills-Peninsula Hospital	85
<i>Address:</i> 1501 Trousdale Dr., Burlingame, CA 94010			
<i>Building/Room:</i> Bldg B, 1st floor, Rm D			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> Mary Beth	<i>Phone:</i>	<i>Email:</i> marybeth@lifering.org	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
San Diego	Monday 7:00pm	St Timothy's Episcopal Church	298
<i>Address:</i> 10125 Azuaga St., San Diego, CA 92129			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Down the breezeway, second door on the left			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingcalifornia.org/	
<i>Contact:</i> Greg H.	<i>Phone:</i>	<i>Email:</i> lsrgregh@gmail.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
Union City	Monday 7:00pm	Kaiser Medical Building	166
<i>Address:</i> 3551 Whipple Rd., Union City, CA 94587			
<i>Building/Room:</i> Building B, 3rd Floor, Rooms A & B			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Does not meet if Kaiser is closed.			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> Chris H.	<i>Phone:</i>	<i>Email:</i> cshappraisals@gmail.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	

Vacaville	Monday 7:00pm	Kaiser Hospital	358
<i>Address:</i> 1 Quality Dr, Vacaville, CA 95688			
<i>Building/Room:</i> Bldg A, 1st Floor			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> behind Peets Coffee			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> Darlene B.	<i>Phone:</i> 707.392-8056	<i>Email:</i> lvacaville@gmail.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
San Francisco	Monday 7:15pm	Kaiser CDRP	70
<i>Address:</i> 1201 Fillmore St, San Francisco, CA 94115			
<i>Building/Room:</i> Room 5			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> We do not meet on holidays			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> Jim V.	<i>Phone:</i> 415.515.0321	<i>Email:</i> jimvanover@sbcglobal.net	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
San Jose	Monday 7:30pm	Kaiser	214
<i>Address:</i> 5755 Cottle Rd., San Jose, CA 95123			
<i>Building/Room:</i> Building #23, Room #3			
<i>Focus:</i> How Was Your Week with introduction to LifeRing included			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> Rob A.	<i>Phone:</i> 831-212-0297	<i>Email:</i> liferingsj@gmail.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
San Rafael	Monday 7:30pm	Bayside Marin	172
<i>Address:</i> 718 4th St., San Rafael, CA 94901			
<i>Building/Room:</i> Meeting Room			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> Coby S.	<i>Phone:</i>	<i>Email:</i> cobysmolens@gmail.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
Santa Rosa	Monday 7:30pm	UNITARIAN CHURCH	2
<i>Address:</i> 547 Mendocino Ave, Santa Rosa, CA 95401			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google Map		<i>Local LifeRing Website:</i> http://liferingsr.org	
<i>Contact:</i> Peter P.	<i>Phone:</i> 707-596-8860	<i>Email:</i> liferingsr@gmail.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	

Berkeley	Monday 8:00pm	Herrick Hosptial	28
<i>Address:</i> 2001 Dwight Way, Berkeley, CA 94704			
<i>Building/Room:</i> Basement Level A			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Closed till Dec 17, Meet at Bill's house, call/email for address			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> Bill C.	<i>Phone:</i> 510.548.9111	<i>Email:</i> andreegraham@yahoo.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
Sacramento	Monday 9:00am	Strategies for Change North	426
<i>Address:</i> 4441 Auburn Blvd, Ste E, Sacramento, CA 95841			
<i>Building/Room:</i> Conf Room			
<i>Focus:</i>			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://www.liferingsacramento.org/	
<i>Contact:</i> Strategies for Change North	<i>Phone:</i> (916) 473-5764	<i>Email:</i> harold@lifering.org	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
San Francisco	Tuesday 1:00pm	Kaiser CDRP	90
<i>Address:</i> 1201 Fillmore St., San Francisco, CA 94115			
<i>Building/Room:</i> Room 8			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> We do not meet on holidays			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> Jim V.	<i>Phone:</i> 415.515.0321	<i>Email:</i> jimvanover@sbcglobal.net	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
Vallejo	Tuesday 12:00pm	Kaiser CDRP	110
<i>Address:</i> 800 Sereno Dr., Vallejo, CA 94589			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Sign @ check-in desk			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> Charisse L.	<i>Phone:</i> 707 712-8481	<i>Email:</i> Charisselee1@hotmail.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
Sacramento	Tuesday 4:15pm	Strategies for Change South	427
<i>Address:</i> 4343 Williamsborough Drive, Sacramento, CA 95823			
<i>Building/Room:</i>			
<i>Focus:</i> Meetings may have a Child Protective Services Orientation			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://www.liferingsacramento.org/	
<i>Contact:</i> Strategies for Change South	<i>Phone:</i> (916) 395-3552	<i>Email:</i> harold@lifering.org	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	

Roseville	Tuesday 5:00pm	Roseville Raley's	340
<i>Address:</i> 1915 Douglas Blvd., Roseville, CA 95661			
<i>Building/Room:</i> meeting is inside the store near the magazines in the event center			
<i>Focus:</i>			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://www.liferingsacramento.org/	
<i>Contact:</i> Brady F.	<i>Phone:</i> 831-214-3500	<i>Email:</i> harold@lifering.org	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
San Leandro	Tuesday 6:15pm	Kaiser Hosptial	75
<i>Address:</i> 2500 Merced St., San Leandro, CA 94577			
<i>Building/Room:</i> Room A-13, first floor			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> Craig O.	<i>Phone:</i> 510-517-3345	<i>Email:</i> bigox54@sbcglobal.net	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
Oakland	Tuesday 6:45pm	Kaiser CDRP	23
<i>Address:</i> 969 Broadway, Oakland, CA 94607			
<i>Building/Room:</i> Group Room 3			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Does not meet if Kaiser is closed			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> D. Woodsum	<i>Phone:</i>	<i>Email:</i> woodsumconstructioninc@gmail.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
Benicia	Tuesday 7:00pm	First Baptist Church of Benicia	289
<i>Address:</i> 1055 Southampton Rd, Benicia, CA 94510			
<i>Building/Room:</i> Meeting Room D			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Look for sign			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> George K.	<i>Phone:</i> 805-220-8328	<i>Email:</i> denkst@gmail.com	
<i>Contact:</i> Greg C.	<i>Phone:</i> 707-771-0490	<i>Email:</i> gsc Cox@pacbell.net	
Healdsburg	Tuesday 7:00pm	Good Shepherd Lutheran Church	217
<i>Address:</i> 1402 University Street, Healdsburg, CA 95448			
<i>Building/Room:</i> Conference Room			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsr.org	
<i>Contact:</i> Chris L.	<i>Phone:</i> 707-566-8790	<i>Email:</i> chris@chrislamela.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	

Sebastopol	Tuesday 7:00pm	St. Stephen's Episcopal church	136
<i>Address:</i> 500 Robinson Rd., Sebastopol, CA 95472			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsr.org	
<i>Contact:</i> Eric F.	<i>Phone:</i> 707-596-8860	<i>Email:</i> liferingsr@gmail.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
Petaluma	Tuesday 7:30pm	Olympia House	50
<i>Address:</i> 11207 Valley Ford Rd., Petaluma, CA 94952			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsr.org	
<i>Contact:</i> John H	<i>Phone:</i> 707-596-8860	<i>Email:</i> liferingsr@gmail.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
Sacramento	Tuesday 7:30pm	Kaiser Watt	383
<i>Address:</i> 2829 Watt Blvd., Sacramento, CA 95821			
<i>Building/Room:</i> Suite 150, Room 2			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://www.liferingsacramento.org/	
<i>Contact:</i> Stan K	<i>Phone:</i>	<i>Email:</i> harold@lifering.org	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
Walnut Creek	Tuesday 7:30pm	Kaiser Medical Center	160
<i>Address:</i> 1425 S. Main St, Walnut Creek, CA 94596			
<i>Building/Room:</i> MAPLE CONFERENCE ROOM			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> Rick M.	<i>Phone:</i>	<i>Email:</i> mcpeakrs@comcast.net	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
Oakland	Tuesday 8:30pm	MPI	119
<i>Address:</i> 3100 Summit St., Oakland, CA 94609			
<i>Building/Room:</i> 5th Floor, Rm 4			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> Liisa P.	<i>Phone:</i>	<i>Email:</i> liisapine@gmail.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	

San Francisco	Wednesday 12:15pm	SF VAMC	339
<i>Address:</i> 4150 Clement St, San Francisco, CA 94121			
<i>Building/Room:</i> Bldg 203, Rm GA-48			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Open to military, active or retired only			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> Tonisa C.	<i>Phone:</i> 806.290.1293	<i>Email:</i> tclardy2002@gmail.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
Walnut Creek	Wednesday 12:15pm	Kaiser Medical Center	329
<i>Address:</i> 710 South Broadway, Walnut Creek, CA 94596			
<i>Building/Room:</i> Room 3-C			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> Laura M	<i>Phone:</i> 925.699.5566	<i>Email:</i> mosleyldance@yahoo.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
Fremont	Wednesday 6:00pm	LifeRing @ Fremont Hosptial CDRP	60
<i>Address:</i> 39021 Sundale Drive, Fremont, CA 94538			
<i>Building/Room:</i> The clinic building across the parking lot from the main hospital			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i>	
<i>Contact:</i> Chris H.	<i>Phone:</i>	<i>Email:</i> chris@cshappraisals.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
Pacifica	Wednesday 6:00pm	Pacifica Resource Center	4
<i>Address:</i> 1809 Palmetto Ave., Pacifica, CA 94044			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Closed on the major holidays			
<i>Map:</i> Click here for a Google Map		<i>Local LifeRing Website:</i> https://twitter.com/lifering94044	
<i>Contact:</i> Corrinne E.	<i>Phone:</i>	<i>Email:</i> liferingcorrinnepacifica@gmail.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
San Diego	Wednesday 6:00pm	Lasting Recovery	121
<i>Address:</i> 6046 Cornerstone Ct W, San Diego, CA 92121			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Dial #113 if late			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingcalifornia.org/	
<i>Contact:</i> Dave I.	<i>Phone:</i>	<i>Email:</i> liferingsandiego@gmail.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	

Alameda	Wednesday 6:30pm	Home of Truth Spiritual Center	241
<i>Address:</i> 1300 Grand St, Alameda, CA 94501			
<i>Building/Room:</i> Upstairs			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> Gary B	<i>Phone:</i> no phone number	<i>Email:</i> lfrngary@gmail.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
San Rafael	Wednesday 6:45pm	San Rafael Kaiser CDU	134
<i>Address:</i> 111 Smith Ranch Rd., San Rafael, CA 94903			
<i>Building/Room:</i> Mt. Tam Room			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Look for sign			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> Steve B.	<i>Phone:</i> (415) 320-2181	<i>Email:</i> sberkley@me.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
Martinez	Wednesday 7:00pm	Veteran's Hospital	251
<i>Address:</i> 150 Muir Road, Martinez, CA 94553			
<i>Building/Room:</i> conf. rm in Bldg 20			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> Dennis M	<i>Phone:</i> 925.768.0049	<i>Email:</i> d5n@aol.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
San Diego	Wednesday 7:00pm	St. Timothy's Episcopal Church	297
<i>Address:</i> 10125 Azuaga St., San Diego, CA 92129			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingcalifornia.org/	
<i>Contact:</i> Greg H.	<i>Phone:</i>	<i>Email:</i> lsrgregh@gmail.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
Mountain View	Wednesday 7:30pm	LifeRing at El Camino Hospital	74
<i>Address:</i> 2400 Grant Road, Mountain View, CA 94040			
<i>Building/Room:</i> Park Pavilion (YMCA building), room 'L'			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> Byron K.	<i>Phone:</i> 925.922.3553	<i>Email:</i> byron@lifering.org	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	

Fresno	Wednesday 8:00pm	Fresno Kaiser CDRP	80
<i>Address:</i> 4785 North 1st St., Fresno, CA 93726			
<i>Building/Room:</i> 4th floor Conference room			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingcalifornia.org/	
<i>Contact:</i> Tony W.	<i>Phone:</i>	<i>Email:</i> twilhelm@extremecomm3.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
Santa Rosa	Wednesday 8:00pm	Kaiser CDRP	15
<i>Address:</i> 3554 Round Barn Blvd., Santa Rosa, CA 95401			
<i>Building/Room:</i> Room H			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> between 7th & 10th			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsr.org	
<i>Contact:</i> Chris A.	<i>Phone:</i> 707-596-8860	<i>Email:</i> liferingsr@gmail.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
Sacramento	Wednesday 9:00am	Strategies for Change North	423
<i>Address:</i> 4441 Auburn Blvd, Ste E, Sacramento, CA 95841			
<i>Building/Room:</i> Conf Room			
<i>Focus:</i>			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://www.liferingsacramento.org/	
<i>Contact:</i> Strategies for Change North	<i>Phone:</i> (916) 473-5764	<i>Email:</i> harold@lifering.org	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
Hayward	Thursday 1:45pm	Aldon Oliver Sports Park	151
<i>Address:</i> 2580 Eden Park Pl, Hayward, CA 94587			
<i>Building/Room:</i> park benches by the ticket office near the main parking lot			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> Greg S.	<i>Phone:</i>	<i>Email:</i> starke49@pacbell.net	
<i>Contact:</i> Jacqueline R.	<i>Phone:</i>	<i>Email:</i> jaykr@att.net	
San Bruno	Thursday 12:00pm	San Bruno VA Clinic	328
<i>Address:</i> 1001 Sneath Lane, San Bruno, CA 94066			
<i>Building/Room:</i> V.A. Clinic, 3rd Floor			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> 1 hour meeting			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> Edward G.	<i>Phone:</i> 415-468-4814	<i>Email:</i> emg1946@comcast.net	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	

Vacaville	Thursday 12:15pm	Kaiser Hospital	180
<i>Address:</i> 1 Quality Dr, Vacaville, CA 95688			
<i>Building/Room:</i> Meet in the waiting area prior to getting a meeting room			
<i>Focus:</i> Women's only meeting			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> Valerie R.	<i>Phone:</i>	<i>Email:</i> 52valerie52@gmail.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<hr/>			
Mill Valley	Thursday 6:15pm	Recovery Without Walls	162
<i>Address:</i> 3 Madrona Street, Mill Valley, CA 94941			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Corner of Madrona Street @ Throckmorton Ave			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> Coby S.	<i>Phone:</i> 415-747-5709	<i>Email:</i> cobysmolens@gmail.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<hr/>			
San Diego	Thursday 6:30pm	North Park Behavioral Health Center	183
<i>Address:</i> 2136 El Cajon Blvd., San Diego, CA 92104			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingcalifornia.org/	
<i>Contact:</i> Greg H.	<i>Phone:</i>	<i>Email:</i> lsrgregh@gmail.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<hr/>			
Oakland	Thursday 6:45pm	Kaiser CDRP	104
<i>Address:</i> 969 Broadway, Oakland, CA 94607			
<i>Building/Room:</i> Group Room 9			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Does not meet if Kaiser is closed			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> Marilyn K.	<i>Phone:</i>	<i>Email:</i> service@lifering.org	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<hr/>			
Concord	Thursday 7:00pm	Center for Recovery	264
<i>Address:</i> 2740 Grant Street, Concord, CA 94520			
<i>Building/Room:</i> Medical Pavilion, Suit 3			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> Kathy L	<i>Phone:</i> 925-256-1850	<i>Email:</i> kthrn_lennon@yahoo.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<hr/>			

Folsom	Thursday 7:00pm	Kaiser Folsom	368
<i>Address:</i> 2155 Iron Point Road, Folsom, CA 95630			
<i>Building/Room:</i> 1st floor room across from vending machines			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://www.liferingsacramento.org/	
<i>Contact:</i> Stan K.	<i>Phone:</i>	<i>Email:</i> harold@lifering.org	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
Huntington Beach	Thursday 7:00pm	Huntington Beach Senior Center	354
<i>Address:</i> 18041 Goldenwest St, Huntington Beach, CA 92648			
<i>Building/Room:</i> Travel Resources Room			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Orange County Lifering meeting			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingcalifornia.org/	
<i>Contact:</i> Winsor B	<i>Phone:</i>	<i>Email:</i> oclifering@gmail.com	
<i>Contact:</i> Ginny D	<i>Phone:</i>	<i>Email:</i> oclifering@gmail.com	
Napa	Thursday 7:00pm	Napa LifeRing	173
<i>Address:</i> 2590 1st Street, Napa, CA 94558			
<i>Building/Room:</i> CrossWalk Community Church in the Heritage Room			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsr.org	
<i>Contact:</i> Mike S. Joel C. and Melissa	<i>Phone:</i>	<i>Email:</i> napalifering@gmail.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
Santa Rosa	Thursday 7:00pm	Unitarian Universalist Church	36
<i>Address:</i> 547 Mendocino Ave, Santa Rosa, CA 95401			
<i>Building/Room:</i> classroom #2			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsr.org	
<i>Contact:</i> Todd W.	<i>Phone:</i> 707-596-8860	<i>Email:</i> liferingsr@gmail.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
Vacaville	Thursday 7:00pm	Kaiser Hospital	293
<i>Address:</i> 1 Quality Dr, Vacaville, CA 95688			
<i>Building/Room:</i> Bldg A, 1st Floor			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> behind Peets Coffee			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> Brian P.	<i>Phone:</i> 707.689.8036	<i>Email:</i> lvacaville@gmail.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	

Berkeley	Thursday 7:30pm	Herrick Hospital	129
<i>Address:</i> 2001 Dwight Way, Berkeley, CA 94704			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> Paul A.	<i>Phone:</i>	<i>Email:</i> eastbay.pda@gmail.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
Walnut Creek	Thursday 7:30pm	Mt. Diablo UU Church	198
<i>Address:</i> 55 Eckley Lane, Walnut Creek, CA 94596			
<i>Building/Room:</i> Oak Room			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> Arnold P.	<i>Phone:</i>	<i>Email:</i> arnoldpustilnik@yahoo.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
Fresno	Thursday 8:00pm	Kaiser Permanente Medical Center	301
<i>Address:</i> 7300 N. Fresno St, Fresno, CA 93720			
<i>Building/Room:</i> 3rd floor in the Sierra Conference Room			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Located between Herndon & Alluvial			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingcalifornia.org/	
<i>Contact:</i> David Roberts	<i>Phone:</i> 559.213.0098	<i>Email:</i> profilesplus@sbcglobal.net	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
Sacramento	Thursday 9:00am	Strategies for Change North	424
<i>Address:</i> 4441 Auburn Blvd, Ste E, Sacramento, CA 95841			
<i>Building/Room:</i> Conf Room			
<i>Focus:</i>			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://www.liferingsacramento.org/	
<i>Contact:</i> Strategies for Change North	<i>Phone:</i> (916) 473-5764	<i>Email:</i> harold@lifering.org	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
Santa Rosa	Friday 1:00pm	Interlink Self Help Center	48
<i>Address:</i> 1033 4th St., Santa Rosa, CA 95404			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsr.org	
<i>Contact:</i> Jenn P.	<i>Phone:</i> 707-546-4481 extension 2	<i>Email:</i> liferingsr@gmail.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	

Vallejo	Friday 12:00pm	Kaiser CDRP	127
<i>Address:</i> 800 Sereno Dr., Vallejo, CA 94589			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> Terry H.	<i>Phone:</i>	<i>Email:</i> terryghill@att.net	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
Walnut Creek	Friday 12:15pm	Kaiser Medical Center	399
<i>Address:</i> 710 South Broadway, Walnut Creek, CA 94596			
<i>Building/Room:</i> Room 3-E			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> Laura M.	<i>Phone:</i> 925.699.5566	<i>Email:</i> mosleyldance@yahoo.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
Sacramento	Friday 4:25pm	Strategies for Change South	338
<i>Address:</i> 4343 Williamsborough Drive, Sacramento, CA 95823			
<i>Building/Room:</i>			
<i>Focus:</i> Meetings may have a Child Protective Services Orientation			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://www.liferingsacramento.org/	
<i>Contact:</i> Strategies for Change South	<i>Phone:</i> (916) 395-3552	<i>Email:</i> harold@lifering.org	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
Elk Grove	Friday 6:00pm	Raley's Elk Grove	421
<i>Address:</i> 4900 Elk Grove Blvd, Elk Grove, CA 95758			
<i>Building/Room:</i> Event Center Room			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Meeting sometimes at Peet's Coffee - Look for signs			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://www.liferingsacramento.org/	
<i>Contact:</i> Lisa J.	<i>Phone:</i>	<i>Email:</i> liferingsouthsac@yahoo.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
San Francisco	Friday 6:00pm	Women's Building	372
<i>Address:</i> 3543 18th St, San Francisco, CA 94110			
<i>Building/Room:</i> Room B			
<i>Focus:</i> Workbook Meeting			
<i>Note:</i> between Valencia and Guerrero			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> David H.	<i>Phone:</i> (415) 651-4558	<i>Email:</i> davidh.lifering@gmail.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	

Union City	Friday 6:00pm	Kaiser Medical Building	212
<i>Address:</i> 3551 Whipple Rd, Union City, CA 94587			
<i>Building/Room:</i> Building B, Third Floor, Room 3D or Room 3C			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Does not meet if Kaiser is closed			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> Tim B.	<i>Phone:</i>	<i>Email:</i> timothybliss@comcast.net	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
San Rafael	Friday 6:30pm	San Rafael Kaiser CDU	315
<i>Address:</i> 111 Smith Ranch Rd., San Rafael, CA 94903			
<i>Building/Room:</i> Yosemite Room			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Look for sign			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> Coby S.	<i>Phone:</i> 415-747-5709	<i>Email:</i> cobysmolens@gmail.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
San Jose	Friday 7:30pm	Christ the Good Shepherd Church	72
<i>Address:</i> 1550 Meridian Ave., San Jose, CA 95125			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> Byron K.	<i>Phone:</i> 925.922.3553	<i>Email:</i> byron@lifering.org	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
Los Angeles	Saturday 1:30pm	LifeRing Secular Recovery - Cafe Tropical	215
<i>Address:</i> 2900 W. Sunset Bl., Los Angeles, CA 90026			
<i>Building/Room:</i> in the Silver Lake neighborhood			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingcalifornia.org/	
<i>Contact:</i> Christopher s	<i>Phone:</i>	<i>Email:</i> christopherjohn_smith@yahoo.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
Oakland	Saturday 10:00am	Kaiser CDRP	82
<i>Address:</i> 969 Broadway, Oakland, CA 94607			
<i>Building/Room:</i> Group Room 7			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Does not meet if Kaiser is closed			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> Patrick K	<i>Phone:</i>	<i>Email:</i> me@patrickkelleher.me	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	

San Francisco	Saturday 10:00am	San Francisco LGBT Community Center	207
<i>Address:</i> 1800 Market Street, San Francisco, CA 94102			
<i>Building/Room:</i> Room 203, 2nd Floor			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> Monica F	<i>Phone:</i>	<i>Email:</i> monica@pacetua.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
Dublin	Saturday 11:00am	John Knox Presbyterian Church	199
<i>Address:</i> 7421 Amarillo Rd., Dublin, CA 94568			
<i>Building/Room:</i> Look for signs			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google Map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> Dru B.	<i>Phone:</i>	<i>Email:</i> dru.boyd@yahoo.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
San Mateo	Saturday 12:00pm	Mills Peninsula Health Services	232
<i>Address:</i> 100 S. San Mateo Dr, San Mateo, CA 94401			
<i>Building/Room:</i> 4th floor Millennium Room			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> Betsy Y.	<i>Phone:</i> 650.576.9316	<i>Email:</i> betsyawn@aol.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
Sebastopol	Saturday 12:00pm	Azure Acres Recovery Center	270
<i>Address:</i> 2264 Green Hill Rd., Sebastopol, CA 95472			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsr.org	
<i>Contact:</i> D'Ann G.	<i>Phone:</i>	<i>Email:</i> girlwpearl@gmail.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
Hayward	Saturday 5:00pm	New Bridges Outreach Center	64
<i>Address:</i> 27287 Patrick Ave, Hayward, CA 94544			
<i>Building/Room:</i> 2nd Floor			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> Chris H.	<i>Phone:</i>	<i>Email:</i> cshappraisals@gmail.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	

Fair Oaks	Saturday 9:00am	Fair Oaks Raley's	411
<i>Address:</i> 4840 San Juan Ave, Fair Oaks, CA 95628			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Sunset and San Juan			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://www.liferingsacramento.org/	
<i>Contact:</i> Jody A.	<i>Phone:</i>	<i>Email:</i> harold@lifering.org	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
San Leandro	Saturday 9:30am	All Saint's Episcopal Church	250
<i>Address:</i> 911 Dowling Boulevard, San Leandro, CA 94577			
<i>Building/Room:</i> Fireside Room			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> John O	<i>Phone:</i> (510) 357-5273	<i>Email:</i> maddogclc@gmail.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
Forestville	Sunday 1:00pm	Food For Thought	76
<i>Address:</i> 6550 Railroad Ave, Forestville, CA 95436			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsr.org	
<i>Contact:</i> David Vergi	<i>Phone:</i> 707-596-8860	<i>Email:</i> liferingsr@gmail.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
Roseville	Sunday 10:00am	Roseville Raley's	412
<i>Address:</i> 1915 Douglas Blvd., Roseville, CA 95661			
<i>Building/Room:</i> meeting is inside the store near the magazines in the event center			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://www.liferingsacramento.org/	
<i>Contact:</i> harold@lifering.org	<i>Phone:</i>	<i>Email:</i> harold@lifering.org	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
Oakland	Sunday 11:00am	Kaiser Hospital	156
<i>Address:</i> 3600 Broadway, Oakland, CA 94611			
<i>Building/Room:</i> Room at (lower lever) LL HH-2			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingsf.org/	
<i>Contact:</i> John A.	<i>Phone:</i>	<i>Email:</i> jra8300@sbcglobal.net	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	

Sacramento Sunday 11:00am Natomas Raley's 13

Address: 4650 Natomas Blvd, Sacramento, CA 95835

Building/Room: Event Center Inside next to the pharmacy

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://www.liferingsacramento.org/>

Contact: Staff

Phone:

Email: harold@lifering.org

Contact:

Phone:

Email:

Hayward Sunday 5:00pm New Bridges Outreach Center 446

Address: 27287 Patrick Ave, Hayward, CA 94544

Building/Room: 2nd Floor

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingsf.org/>

Contact: Don S

Phone: 510-331-5629

Email: arthurdonaldsalazar53@gmail.com

Contact:

Phone:

Email:

Placerville Sunday 5:00pm Here & Tao Hypnotherapy 300

Address: 419 Main Street, Placerville, CA 95667

Building/Room: Suite 318

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://www.liferingsacramento.org/>

Contact: Ben

Phone:

Email: harold@lifering.org

Contact:

Phone:

Email:

San Diego Sunday 6:00pm Lasting Recovery 65

Address: 6046 Cornerstone Ct W, San Diego, CA 92121

Building/Room:

Focus: Workbook meeting

Note: Dial #113 if late

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingcalifornia.org/>

Contact: Leigh J.

Phone:

Email: liferingsandiego@gmail.com

Contact:

Phone:

Email:

States CO

Denver Monday 6:00pm Advocates for Recovery Colorado 38

Address: 6981 Federal Blvd, Denver, CO 80221

Building/Room:

Focus: How Was Your Week?

Note: First meeting, December 3, 2018

Map: [Click here for a Google map](#)

Local LifeRing Website: <http://liferingcolorado.org/>

Contact: Jessica G.

Phone: 720-209-6683

Email: Jessicagrace.jg11@gmail.com

Contact:

Phone:

Email:

Fort Collins	Monday 6:00pm	Lee Christian Law Office	16
<i>Address:</i> 415 Mason Court, Fort Collins, CO 80524			
<i>Building/Room:</i> Building 2			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingcolorado.org/	
<i>Contact:</i> Pat R.	<i>Phone:</i> 970 227-6650	<i>Email:</i> renworth@frii.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
Denver	Monday 6:30pm	Washington Park Church of Christ	102
<i>Address:</i> 400 South Williams St., Denver, CO 80209			
<i>Building/Room:</i> Alley entrance			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingcolorado.org/	
<i>Contact:</i> Bonnie M.	<i>Phone:</i> 303-726-2155	<i>Email:</i> d8adoc@msn.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
Lafayette	Monday 6:30pm	Sister Carmen Center	255
<i>Address:</i> 655 Aspen Ridge Dr, Lafayette, CO 80026			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingcolorado.org/	
<i>Contact:</i> James F.	<i>Phone:</i> 303-859-7606	<i>Email:</i> dewboy666@gmail.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
Highlands Ranch	Tuesday 11:00am	Kaiser in Highlands Ranch	195
<i>Address:</i> 9139 S. Ridgeline Blvd, Highlands Ranch, CO 80219			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingcolorado.org/	
<i>Contact:</i> Greg C.	<i>Phone:</i> 303-250-9797	<i>Email:</i> gchlumsky@gmail.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
Denver	Tuesday 6:00pm	Kaiser Permanente Regional Headquarters	132
<i>Address:</i> 10350 E. Dakota Ave., Denver, CO 80247			
<i>Building/Room:</i> Group Room 36			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Meeting to the left after entering, west side of building			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingcolorado.org/	
<i>Contact:</i> Joe F.	<i>Phone:</i> 720-838-3631	<i>Email:</i> jbfranklin61@gmail.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	

Denver	Tuesday 6:30pm	St John's Episcopal Cathedral	404
<i>Address:</i> 1350 Washington St, Denver, CO 80203			
<i>Building/Room:</i> 202			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingcolorado.org/	
<i>Contact:</i> Lorraine H.	<i>Phone:</i> 303-699-2406	<i>Email:</i> hull.d.lorraine@gmail.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<hr/>			
Broomfield	Tuesday 7:00pm	Cross of Christ Lutheran Church	279
<i>Address:</i> 12099 Lowell Blvd., Broomfield, CO 80020			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingcolorado.org/	
<i>Contact:</i> Tom B.	<i>Phone:</i> 303.808.3299	<i>Email:</i> cyclommuter@yahoo.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<hr/>			
Lafayette	Tuesday 7:30pm	Cairn Christian Church	178
<i>Address:</i> 1700 Stonehenge Dr, Lafayette, CO 80026			
<i>Building/Room:</i> Community Room			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingcolorado.org/	
<i>Contact:</i> Bob C.	<i>Phone:</i> 612-437-9291	<i>Email:</i> rtcrosby@comcast.net	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<hr/>			
Denver	Wednesday 6:00pm	St. Barnabas Church	292
<i>Address:</i> 1280 Vine St., Denver, CO 80206			
<i>Building/Room:</i> Room 210			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingcolorado.org/	
<i>Contact:</i> Kathleen G	<i>Phone:</i> 303-319-2465	<i>Email:</i> coloradolifering@gmail.com	
<i>Contact:</i> Bobby G.	<i>Phone:</i>	<i>Email:</i>	
<hr/>			
Edwards	Wednesday 6:00pm	"Vail"-Trinity Baptist Church	145
<i>Address:</i> 90 Lariat Loop, Edwards, CO 81632			
<i>Building/Room:</i> Building A (Upper level of Cabin Building)			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingcolorado.org/	
<i>Contact:</i> Erika S.	<i>Phone:</i> 970-445-0821	<i>Email:</i> liferingvail@yahoo.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<hr/>			

Longmont	Wednesday 6:00pm	Longmont United Hospital	182
<i>Address:</i> 1950 Mountain View Ave., Longmont, CO 80501			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingcolorado.org/	
<i>Contact:</i> Leana D.	<i>Phone:</i> 724-466-0543	<i>Email:</i> ldefurio72@yahoo.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<hr/>			
Boulder	Wednesday 7:00pm	Boulder Bridgehouse Ready to Work	192
<i>Address:</i> 4747 Table Mesa, Boulder, CO 80305			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingcolorado.org/	
<i>Contact:</i> Theresa B.	<i>Phone:</i> (720) 250-6378	<i>Email:</i>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<hr/>			
Arvada	Thursday 5:30pm	Kaiser Hidden Lake Medical Office Building	133
<i>Address:</i> 7701 Sheridan Blvd., Arvada, CO 80003			
<i>Building/Room:</i> Rapids Room			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingcolorado.org/	
<i>Contact:</i> Rob C.	<i>Phone:</i> 720-708-4840	<i>Email:</i> liferingcolorado@gmail.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<hr/>			
Denver	Thursday 6:00pm	Denver Drug Court	202
<i>Address:</i> 520 W Colfax Ave, Denver, CO 80224			
<i>Building/Room:</i> Lindsey Flanagan Courthouse			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Fifth Thursday of the month only			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingcolorado.org/	
<i>Contact:</i> Tom B	<i>Phone:</i> 303-808-3299	<i>Email:</i> cyclommuter@yahoo.com	
<i>Contact:</i> Gary C	<i>Phone:</i> 720-399-4314	<i>Email:</i>	
<hr/>			
Evergreen	Thursday 6:00pm	HomeSmart Realty	208
<i>Address:</i> 1232 Bergen Pkwy Suite #102, Evergreen, CO 80439			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> No meetings until September 2018			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingcolorado.org/	
<i>Contact:</i> Mike F.	<i>Phone:</i>	<i>Email:</i> liferingcolorado@gmail.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
<hr/>			

Boulder	Thursday 6:30pm	Remington Post Condos	174
<i>Address:</i> 3350 Iris Ave, Boulder, CO 80301			
<i>Building/Room:</i> Club House			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Entrance on north side			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingcolorado.org/	
<i>Contact:</i> Richenda B	<i>Phone:</i> 303-350-0055	<i>Email:</i> B_rlbiles@comcast.net	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
Denver	Thursday 7:00pm	Washington Park Church of Christ	302
<i>Address:</i> 400 South Williams St., Denver, CO 80209			
<i>Building/Room:</i> Alley entrance			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingcolorado.org/	
<i>Contact:</i> Chuck B.	<i>Phone:</i> 303-797-7393	<i>Email:</i> Chaswb63@gmail.com	
<i>Contact:</i> Kathleen G.	<i>Phone:</i> (303) 514-4788	<i>Email:</i> liferingcolorado@gmail.com	
Denver	Thursday 7:00pm	Highlands United Methodist Church	77
<i>Address:</i> 3131 Osceola, Denver, CO 80212			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> LGBTQ meeting meets on the THIRD THURSDAY of every month, Jud F, judfelder@gmail.com			
<i>Map:</i> Click here for a Google Map		<i>Local LifeRing Website:</i> http://liferingcolorado.org/	
<i>Contact:</i> Jud F.	<i>Phone:</i>	<i>Email:</i> liferingdenver@gmail.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
Northglenn	Thursday 7:00pm	Crossroads Church	37
<i>Address:</i> 10451 Huron St, Northglenn, CO 80234			
<i>Building/Room:</i> Room 201-203			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingcolorado.org/	
<i>Contact:</i> Jessica G.	<i>Phone:</i> 720-209-6683	<i>Email:</i> Jessicagrace.jg11@gmail.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
Tabernash	Thursday 7:00pm	Tabernash	191
<i>Address:</i> 100 County Road 515, Tabernash, CO 80478			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> First and Third Thursday of each month; 1 mile north of Tabernash Co			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingcolorado.org/	
<i>Contact:</i> Dick S.	<i>Phone:</i> (303) 898-3125	<i>Email:</i> liferingwesternslope@gmail.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	

Louisville	Thursday 7:30pm	Centennial Peaks Hospital	6
<i>Address:</i> 2255 South 88th Street, Louisville, CO 80027			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingcolorado.org/	
<i>Contact:</i> Dave F.	<i>Phone:</i> 303.517.5696	<i>Email:</i> dave1fletcher@gmail.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
Aurora	Thursday 9:00am	Rocky Mountain Regional VA Medical Center	123
<i>Address:</i> 1700 North Wheeling St, Aurora, CO 80045			
<i>Building/Room:</i> Building A, Golden Rod Room			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> LifeRing Veterans' Meeting in Aurora			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingcolorado.org/	
<i>Contact:</i> Bobby G.	<i>Phone:</i> 303-955-5673	<i>Email:</i> inebgreene@comcast.net	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
Longmont	Thursday 9:00am	Behavioral Health Group	282
<i>Address:</i> 850 23rd Avenue, Unit A, Longmont, CO 80501			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingcolorado.org/	
<i>Contact:</i> Gary G.	<i>Phone:</i> 720-326-4401	<i>Email:</i> garytaylor@yahoocom	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
Golden	Friday 11:30am	Jefferson County Combined Courthouse	101
<i>Address:</i> 100 Jefferson County Pkwy, Golden, CO 80419			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> 2nd and 4th Fridays Only			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingcolorado.org/	
<i>Contact:</i> Ray R.	<i>Phone:</i> 720-261-3922	<i>Email:</i>	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
Denver	Friday 6:30pm	Christ Congregational Church	106
<i>Address:</i> 2500 S Sheridan Blvd, Denver, CO 80227			
<i>Building/Room:</i> Common Room			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Fellowship Hall entrance, follow signs left to Common Room			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingcolorado.org/	
<i>Contact:</i> Curtis D.	<i>Phone:</i> 303-718-0608	<i>Email:</i> cdrewcia@gmail.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	

Lafayette	Friday 6:30pm	Cairn Christian Church	107
<i>Address:</i> 1700 Stonehenge Dr, Lafayette, CO 80026			
<i>Building/Room:</i> Community Room			
<i>Focus:</i> How Was Your Week?/Workbook study			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingcolorado.org/	
<i>Contact:</i> Gary G.	<i>Phone:</i> 720-326-4401	<i>Email:</i> garytaylorjibbs@yahoo.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
Broomfield	Friday 7:00pm	United Church of Broomfield	86
<i>Address:</i> 825 Kohl St., Broomfield, CO 80020			
<i>Building/Room:</i> Upstairs in the Steele Common room			
<i>Focus:</i>			
<i>Note:</i>			
<i>Map:</i> Click here for a Google Map		<i>Local LifeRing Website:</i> http://liferingcolorado.org/	
<i>Contact:</i> Tom B.	<i>Phone:</i> 303.808.3299	<i>Email:</i> cyclommuter@yahoo.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
Boulder	Saturday 11:30am	Boulder Addiction Recovery Center (ARC)	69
<i>Address:</i> 3180 Airport Rd., Boulder, CO 80301			
<i>Building/Room:</i>			
<i>Focus:</i>			
<i>Note:</i>			
<i>Map:</i> Click here for a Google Map		<i>Local LifeRing Website:</i> http://liferingcolorado.org/	
<i>Contact:</i> Paula G.	<i>Phone:</i> 917-693-4534	<i>Email:</i> pgillen01@gmail.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
Lakewood	Saturday 6:00pm	Solace Counseling	22
<i>Address:</i> 6655 West Jewell Ave, #100, Lakewood, CO 80232			
<i>Building/Room:</i>			
<i>Focus:</i> Speaker, group discussion			
<i>Note:</i>			
<i>Map:</i> click here for a Google map		<i>Local LifeRing Website:</i> http://liferingcolorado.org/	
<i>Contact:</i> Dale O.	<i>Phone:</i>	<i>Email:</i> arias154@aol.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
Longmont	Sunday 1:30pm	Center for Change	63
<i>Address:</i> 1225 Ken Pratt , Suite 200, Longmont, CO 80501			
<i>Building/Room:</i>			
<i>Focus:</i> How We Get and Stay Clean and Sober			
<i>Note:</i> This location is right behind Le Peep restaurant.			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingcolorado.org/	
<i>Contact:</i> Robert H.	<i>Phone:</i> 720-220-5609	<i>Email:</i> Hartman5609@gmail.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	

Denver	Sunday 10:30am	Blake St. Meeting	444
<i>Address:</i> 1730 Blake St. ste 310, Denver, CO 80202			
<i>Building/Room:</i>			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingcolorado.org/	
<i>Contact:</i> Mary Lee P	<i>Phone:</i>	<i>Email:</i> mlpeterson318@gmail.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
Longmont	Sunday 10:30am	Center for Change	308
<i>Address:</i> 1225 Ken Pratt - Su 200, Longmont, CO 80501			
<i>Building/Room:</i>			
<i>Focus:</i> How We Get and Stay Clean and Sober			
<i>Note:</i> This location is right behind Le Peep restaurant.			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingcolorado.org/	
<i>Contact:</i> Gary S.	<i>Phone:</i> 970-420-2202	<i>Email:</i> glsandifer@hotmail.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
Wheat Ridge	Sunday 7:30pm	Exempla West Pines Treatment Center	278
<i>Address:</i> 3400 Lutheran Parkway, Wheat Ridge, CO 80033			
<i>Building/Room:</i> Sun Room, Gymnasium Bldg			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingcolorado.org/	
<i>Contact:</i> Greg C.	<i>Phone:</i> 303-250-9797	<i>Email:</i> gchlumsky@gmail.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
States CT			
Greenwich	Monday 7:30pm	Greenwich Hospital	112
<i>Address:</i> 5 Perryridge Rd., Greenwich, CT 06830			
<i>Building/Room:</i> Cafeteria Conf Rm			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingct.com/	
<i>Contact:</i> Cindy K.	<i>Phone:</i> 772.205.1289	<i>Email:</i> cindy.lifering@gmail.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
Greenwich	Wednesday 7:30pm	Greenwich Hospital	307
<i>Address:</i> 5 Perryridge Rd, Greenwich, CT 06830			
<i>Building/Room:</i> Cafeteria Conf Rm			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://liferingct.com/	
<i>Contact:</i> Cindy K.	<i>Phone:</i> 772.205.1289	<i>Email:</i> cindy.lifering@gmail.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	

Greenwich **Friday 6:00pm** **Greenwich Hospital** 171*Address:* 5 Perryridge Rd., Greenwich, CT 06830*Building/Room:* Cafeteria Conf Rm*Focus:* How Was Your Week?*Note:**Map:* [Click here for a Google map](#)*Local LifeRing Website:* <http://liferingct.com/>*Contact:* Cindy K.*Phone:* 772.205.1289*Email:* cindy.lifering@gmail.com*Contact:**Phone:**Email:***Greenwich** **Sunday 2:45pm** **Greenwich Hospital** 10*Address:* 5 Perryridge Rd, Greenwich, CT 06830*Building/Room:* Cafeteria Conf Rm*Focus:* How Was Your Week?*Note:* Is a women only meeting*Map:* [Click here for a Google map](#)*Local LifeRing Website:* <http://liferingct.com/>*Contact:* Cindy K.*Phone:* 772.205.1289*Email:* cindy.lifering@gmail.com*Contact:**Phone:**Email:***Greenwich** **Sunday 4:00pm** **Greenwich Hospital** 281*Address:* 5 Perryridge Rd., Greenwich, CT 06830*Building/Room:* Cafeteria Conf Rm*Focus:* How Was Your Week?*Note:**Map:* [Click here for a Google map](#)*Local LifeRing Website:* <http://liferingct.com/>*Contact:* Cindy K.*Phone:* 772.205.1289*Email:* cindy.lifering@gmail.com*Contact:**Phone:**Email:***States FL****Clearwater** **Monday 8:00pm** **Sylvan Abbey United Methodist Church** 54*Address:* 2817 Sunset Point Road, Clearwater, FL 33759*Building/Room:* Building in rear of church parking lot.*Focus:* How Was Your Week?*Note:**Map:* [Click here for a Google map](#)*Local LifeRing Website:* <http://www.liferingtampabay.com>*Contact:* Tom S.*Phone:* 727.866.6797*Email:* tshelley@tampabay.rr.com*Contact:**Phone:**Email:***Pinellas Park** **Friday 8:00pm** **Good Samaritan Church** 19*Address:* 6085 Park Blvd, Pinellas Park, FL 33781*Building/Room:* Adult Center - Rear*Focus:* How Was Your Week?*Note:**Map:* [Click here for a Google map](#)*Local LifeRing Website:* <http://www.liferingtampabay.com>*Contact:* Tom S.*Phone:* 727.866.6797*Email:* tshelley@tampabay.rr.com*Contact:**Phone:**Email:*

States MA

New Bedford

Saturday 11:30am

First Unitarian Church

5

Address: 71 8th Street, New Bedford, MA 02740

Building/Room:

Focus: How Was Your Week?

Note: Enter through side door near parking lot

Map: [Click here for a Google Map](#)

Local LifeRing Website:

Contact: Jessie F.

Phone: 617-455-2258

Email: lifering.newbedford@lifering.org

Contact: Ewa C.

Phone: 508-994-9686

Email: lifering.newbedford@lifering.org

States MI

Sturgis

Tuesday 6:00pm

St John's Episcopal Church

114

Address: 110 S. Clay St, Sturgis, MI 49091

Building/Room: Basement meeting room

Focus: Rocoverry

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website:

Contact: Tim P.

Phone: (269) 319-9983

Email: timpugh76@gmail.com

Contact:

Phone:

Email:

Petoskey

Tuesday 6:30pm

Harbor Hall

94

Address: 704 Emmet St, Petoskey, MI 49770

Building/Room: Basement

Focus: Recovery

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website:

Contact: Tom M.

Phone: 231-881-6017

Email: recoveringtom@aol.com

Contact:

Phone:

Email:

Petoskey

Wednesday 7:00pm

Red Sky Stage

142

Address: 445 E. Mitchell St., Petoskey, MI 49770

Building/Room:

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website:

Contact: Tom M.

Phone: 231-881-6017

Email: recoveringtom@aol.com

Contact:

Phone:

Email:

Taylor

Thursday 5:00pm

23rd District Court

96

Address: 23365 Goddard Rd., Taylor, MI 48180

Building/Room: Jury room

Focus: Varies

Note: Cell phones not allowed, metal detector in use

Map: [Click here for a Google map](#)

Local LifeRing Website:

Contact: Paul M.

Phone: 313-673-6716

Email: pmahon@gmail.com

Contact:

Phone:

Email:

Alpena **Thursday 7:00pm** **Sunrise Center** 81*Address:* 360 Walnut St., Alpena, MI 49707*Building/Room:* Sunrise Center; Modular*Focus:* How Was Your Week?*Note:**Map:* [Click here for a Google map](#)*Local LifeRing Website:**Contact:* Matt R.*Phone:* 1.231.445.2589*Email:* rileymatt69@yahoo.com*Contact:**Phone:**Email:***Ludington** **Friday 6:30pm** **The People's Church** 25*Address:* 115 W. Loomis Street, Ludington, MI 49431*Building/Room:* Foyer*Focus:* How Was Your Week?/Topic*Note:* East Door adjacent to Main Sanctuary Entrance*Map:* [Click here for a Google map](#)*Local LifeRing Website:**Contact:* Andrea K./Geni M./Tonya J./*Phone:* 231.690.0360*Email:* chasytm@wmcchs.org*Contact:**Phone:**Email:***States MN****St. Paul** **Wednesday 7:00pm** **Caydence Records & Coffee** 95*Address:* 900 Payne Ave, St. Paul, MN 55130*Building/Room:* Venue Room*Focus:* HWYW*Note:* Please use the front door. If late, enter through the red door (around back).*Map:* [Click here for a Google map](#)*Local LifeRing Website:**Contact:* Quinn F.*Phone:**Email:* LifeRingStPaul@gmail.com*Contact:**Phone:**Email:***Rochester** **Wednesday 7:30pm** **Recovery is Happening** 355*Address:* 25 16th St NE, Rochester, MN 55906*Building/Room:**Focus:* How Was Your Week?*Note:**Map:* [Click here for a Google map](#)*Local LifeRing Website:**Contact:* Andrew F.*Phone:* 507-990-2255 please text*Email:* frick.andrew@gmail.com*Contact:**Phone:**Email:***States NM****Albuquerque** **Wednesday 6:00pm** **Kaseman Hospital** 276*Address:* 8300 Constitution Ave. NE, Albuquerque, NM 87110*Building/Room:* Aspen Room*Focus:* How Was Your Week?*Note:* Enter Emergency Room, turn left down hallway, through doors, Aspen is first room*Map:* [Click here for a Google map](#)*Local LifeRing Website:**Contact:* Matt L.*Phone:**Email:* mingusgatoloco@gmail.com*Contact:**Phone:**Email:*

Albuquerque **Friday 6:00pm** **Kaseman Hospital** 277*Address:* 8300 Constitution Ave. NE, Albuquerque, NM 87110*Building/Room:* Aspen Room*Focus:* How Was Your Week?*Note:* Enter Emergency Room, turn left down hallway, through doors, Aspen is first room*Map:* [Click here for a Google map](#)*Local LifeRing Website:**Contact:* Matt L.*Phone:**Email:* mingusgatoloco@gmail.com*Contact:**Phone:**Email:***States NY****Williamsville** **Wednesday 7:00pm** **Unitarian Universalist Church of Amherst** 97*Address:* 6320 Main St., Williamsville, NY 14221*Building/Room:* Upstairs in Reeb Room*Focus:* How Was Your Week?*Note:* 1st meeting 12/05/2018*Map:* [Click here for a Google Map](#)*Local LifeRing Website:**Contact:* Brian W*Phone:**Email:* liferinginbuffalony@yahoo.com*Contact:**Phone:**Email:***Harrison** **Sunday 1:00pm** **St. Vincent's Hospital** 206*Address:* 275 North Street, Harrison, NY 10528*Building/Room:**Focus:* How Was Your Week?*Note:**Map:* [Click here for a Google Map](#)*Local LifeRing Website:* <https://www.liferingny.org/>*Contact:* Mark Fichtel*Phone:**Email:* mark.lifering@gmail.com*Contact:**Phone:**Email:***States OH****Medina** **Monday 6:30pm** **Human Services Bldg.** 254*Address:* 246 Northland Drive, Medina, OH 44256*Building/Room:* Room A*Focus:* How Was Your Week?*Note:* Starting October 29*Map:* [Click here for a Google map](#)*Local LifeRing Website:**Contact:* Susan W.*Phone:* 330 416 3037*Email:**Contact:**Phone:**Email:***Akron** **Tuesday 7:00pm** **Firestone Park Community Center** 57*Address:* 1480 Girard St., Akron, OH 44301*Building/Room:**Focus:* How Was Your Week?*Note:**Map:* [Click here for a Google map](#)*Local LifeRing Website:* <http://liferingakron.yolasite.com/>*Contact:* Lisa S.*Phone:* 234.220.5770*Email:* LifeRingAkron@gmail.com*Contact:**Phone:**Email:*

Akron **Thursday 6:00pm** **Firestone Park Community Center** 320
Address: 1480 Girard St., Akron, OH 44301*Building/Room:**Focus:* How Was Your Week?*Note:* 11/22/18 - call for info on special meeting - meeting at FPCC cancelled*Map:* [Click here for a Google map](#)*Local LifeRing Website:* <http://liferingakron.yolasite.com/>*Contact:* Ethen W*Phone:**Email:* ewcommando72@gmail.com*Contact:**Phone:**Email:***States PA**

Williamsport **Monday 4:30pm** **St Luke's Lutheran Church** 7
Address: 1400 Market Street, Williamsport, PA 17701*Building/Room:**Focus:* HWYW and Topics*Note:* Front door entrance of white building behind church.*Map:* [Click here for a Google map](#)*Local LifeRing Website:**Contact:* Jennifer C.*Phone:**Email:* jennifer@recoverycommunityconnection.com*Contact:**Phone:**Email:*
Lebanon **Tuesday 6:00pm** **Lebanon Recovery Center** 256
Address: 701 Chestnut Street, Lebanon, PA 17042*Building/Room:**Focus:* How Was Your Week?*Note:**Map:* [Click here for a Google map](#)*Local LifeRing Website:**Contact:* Mike H.*Phone:* 717-469-2874*Email:**Contact:**Phone:**Email:***States TX**

Cedar Park **Wednesday 7:30pm** **Live Oak U.U. Church** 273
Address: 3315 El Salido Parkway, Cedar Park, TX 78613*Building/Room:* Room 103*Focus:* How Was Your Week?*Note:* Meetings are 1.5 hours long*Map:* [Click here for a Google map](#)*Local LifeRing Website:* <http://austinflifering.org/>*Contact:* Robert M.*Phone:* 512.663.4754*Email:* codemeisterbob@gmail.com*Contact:**Phone:**Email:***States UT**

Salt Lake City **Wednesday 12:00pm** **SLC Foothill Meeting** 59
Address: 2319 Foothill Drive #100, Salt Lake City, UT 84109*Building/Room:* Conference Room, Suite 120, Foothill & Parley's Way*Focus:* How Was Your Week?*Note:* 50 minutes; Free parking. Near I-80 and I-215 (Belt Route) exchange, in the Lefavi Business Center.*Map:* [Click here for a Google map](#)*Local LifeRing Website:* <http://www.liferingutah.org/>*Contact:* John B.*Phone:* (801) 608-8146*Email:* john@liferingutah.org*Contact:**Phone:**Email:*

St. George	Wednesday 6:00pm	USARA	20
<i>Address:</i> 113 E 200 N, St. George, UT 84770			
<i>Building/Room:</i> Suite 1			
<i>Focus:</i> How Was Your Week			
<i>Note:</i> 1st meeting 12/21/2018			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://www.liferingutah.org/	
<i>Contact:</i> Benjamin M.	<i>Phone:</i>	<i>Email:</i> john@liferingutah.org	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
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Salt Lake City	Wednesday 6:30pm	University Neuropsychiatric Institute (UNI)	58
<i>Address:</i> 501 Chipeta Way, Salt Lake City, UT 84108			
<i>Building/Room:</i> 2ndFloor Conference Room #2705			
<i>Focus:</i> Topic Meeting			
<i>Note:</i> Ample free parking. Non-smoking campus. Enter through front doors and follow signs.			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://www.liferingutah.org/	
<i>Contact:</i> Mike M.	<i>Phone:</i> (801) 608-8146	<i>Email:</i> mmacci26@gmail.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
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Salt Lake City	Thursday 7:00pm	USARA	68
<i>Address:</i> 180 East 2100 South, Salt Lake City, UT 84115			
<i>Building/Room:</i> Second Floor			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://www.liferingutah.org/	
<i>Contact:</i> John B.	<i>Phone:</i> (801) 608-8146	<i>Email:</i> john@liferingutah.org	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
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Salt Lake City	Friday 7:00pm	Utah Pride Center	252
<i>Address:</i> 1380 S. Main Street, Salt Lake City, UT 84115			
<i>Building/Room:</i> 2nd Floor			
<i>Focus:</i> How Was Your Week			
<i>Note:</i>			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://www.liferingutah.org/	
<i>Contact:</i> Rob W	<i>Phone:</i> (801) 608-8146	<i>Email:</i> wallsr@comcast.net	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
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Salt Lake City	Saturday 11:00am	First Baptist Church of Salt Lake City	83
<i>Address:</i> 777 South 1300 East, Salt Lake City, UT 84102			
<i>Building/Room:</i> 2nd floor, library room			
<i>Focus:</i> How Was Your Week?			
<i>Note:</i> Parking lots behind church, enter from 800 South/Sunnyside Avenue			
<i>Map:</i> Click here for a Google map		<i>Local LifeRing Website:</i> http://www.liferingutah.org/	
<i>Contact:</i> Lawrence C.	<i>Phone:</i> (801) 608-8146	<i>Email:</i> lculver101@gmail.com	
<i>Contact:</i>	<i>Phone:</i>	<i>Email:</i>	
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Salt Lake City **Sunday 10:00am** **University Neuropsychiatric Institute (UNI)** 32*Address:* 501 Chipeta Way, Salt Lake City, UT 84108*Building/Room:* Room #1566*Focus:* How Was Your Week?*Note:**Map:* [Click here for a Google map](#)*Local LifeRing Website:* <http://www.liferingutah.org/>*Contact:* Mary A.*Phone:* (801) 608-8146*Email:* mryaldous@gmail.com*Contact:**Phone:**Email:***States WA****Spokane** **Monday 7:00pm** **The Delaney Apts** 120*Address:* 242 W. Riverside Ave, Spokane, WA 99201*Building/Room:**Focus:* How Was Your Week?*Note:* Please call 707.304.1947 to gain admittance to the building*Map:* [Click here for a Google map](#)*Local LifeRing Website:**Contact:* Paul P*Phone:* 707.304.1947*Email:* pjpotocky@outlook.com*Contact:**Phone:**Email:***Walla Walla** **Wednesday 7:00pm** **First Congregational Church** 181*Address:* 73 S. Palouse, Walla Walla, WA 99362*Building/Room:* Fireplace Room (3rd floor)*Focus:* How Was Your Week?*Note:**Map:* [Click here for a Google map](#)*Local LifeRing Website:**Contact:* Tim K.*Phone:* 425-445-4430*Email:* liferingww@gmail.com*Contact:**Phone:**Email:***Sequim** **Thursday 2:00PM** **Olympic View Church of God** 332*Address:* 503 North Brown Road, Sequim, WA 98382*Building/Room:**Focus:* How Was Your Week?*Note:* Dual-diagnosis meeting aimed at those with mental health issues in addition to addiction problems*Map:* [Click here for a Google map](#)*Local LifeRing Website:**Contact:* Rachel W.*Phone:**Email:* rachel.wilken@me.com*Contact:**Phone:**Email:***Port Angeles** **Thursday 7:00pm** **Olympic Medical Center** 428*Address:* 939 Caroline St, Port Angeles, WA 98362*Building/Room:* Room B (in basement)*Focus:* How Was Your Week?*Note:* Enter through Main Entrance, basement door is left of entrance, follow signs.*Map:* [Click here for a Google map](#)*Local LifeRing Website:**Contact:* Craig W.*Phone:* 510-848-2369*Email:* cswhalley@lifering.org*Contact:**Phone:**Email:*

Seattle **Thursday 8:00pm** **Homestreet Bank Meeting** 105

Address: 7307 Greenwood Ave N, Seattle, WA 98103

Building/Room: Homestreet Bank community meeting room

Focus: How Was Your Week?

Note: access the meeting room via the south door off the parking lot

Map: [Click here for a Google map](#)

Local LifeRing Website:

Contact:

Phone:

Email: seattlelifering@gmail.com

Contact:

Phone:

Email:

Vancouver **Sunday 6:00pm** **Recovery Resource Center** 405

Address: 9317 N.E. Highway 99, Suite M, Vancouver, WA 98665

Building/Room:

Focus: How Was Your Week?

Note:

Map: [Click here for a Google map](#)

Local LifeRing Website:

Contact: Loretta M.

Phone: 360-798-7723

Email:

Contact:

Phone:

Email:

States WI

Hartland **Tuesday 7:00pm** **Lake Country Unitarian Universalist Church** 220

Address: W299N5596 Grace Dr, Hartland, WI 53029

Building/Room: Couch Room

Focus: Sobriety/Recovery

Note: This is a combo LifeRing/SOS meeting

Map: [Click here for a Google map](#)

Local LifeRing Website:

Contact: James H.

Phone: 262 567 3441

Email: iriejim22@yahoo.com

Contact:

Phone:

Email:
