

Minutes of the LifeRing Board of Directors Meeting held on April 10, 2022

Call to Order / Introduction of Members of the Public:

It was determined that a quorum of board members was present and the meeting was called to order by Sue Betts, Board Chair at 9:00 am PDT. Board members present were: Sue Betts, Chair, Steve Gonzales, Treasurer, Lorraine Hull, Secretary, Mary Beth O'Connor, Chris Smith, Paula Gillen, Lisa Swing-Corney, and Casey Cannizzaro.

Non-board members in attendance included: Robert Stump, Executive Director, and Jef B., Rafal K., Anna B., Kathy P., Steven S., and Mark F., all LifeRing Members and or Convenors.

Minutes and P&L Reports:

Mary Beth made a motion to approve the March board meeting minutes. Lisa seconded the motion. All approved with no one opposed.

Mary Beth made a motion to approve the P&L Statement as written. Paula seconded it and all were in favor.

Old Business:

Special Welcome to Casey newly appointed to the open board seat

BOD Budget For 2022

Steve has renamed this topic High Level Review of Finances for today and future meetings. LifeRing is doing well. Continues in good standing with no unexpected expenses or income. Column F reflects a very small deficit during spring months. Fundraising is typically done in summer and winter. Forecasting to the end of the year, we do not expect a loss but expect that everything brought in will be spent.

Authorized Signer -- Checking Account / Credit Card

Carry over to next month.

LifeRing 2022 Tax Status

Have had a volunteer tax preparer for years. She notified us earlier in the year of her inability to continue doing them. We are seeking someone new now. A number of individuals have been asked however, they all declined.

Strategic Planning Update

Lisa shared that we are running a poll of the Convenors regarding the current or revised mission statement. Strategic Planning is a process, and we are making progress. It is exciting to see a high number of people responding to the polls. Mission Statements should be punchy but not too wordy.

Have started looking at objectives as well. The SWOT analysis pointed to several objectives. The Strategic Planning Committee meets every Friday at 12:00 pm PDT. Anyone may join and will be welcomed.

New Business:

[Annual Report 10.4.6 – Workgroup](#)

Sue reminded the group that a written report is required to be presented at the Annual Meeting June 4-5, 2022.

[Conflict Resolution & Complaints Policy](#)

Lorraine incorporated the changes suggested at the last meeting into the document. It was primarily softening the language about how an individual is encouraged to attempt to resolve their issue themselves first, if possible.

Paula made a motion to approve, and Chris seconded it. All approved so the policy was adopted.

Web Crawling and Cold Calling Contacts

Using a web crawling or email scraping process as discussed at the March meeting came up again at the Outreach Committee. An issue was raised about doing this indicating that the CAN-SPAM act makes most all spam illegal. Mary Beth will obtain legal guidance on this question from Cooley so we will wait for a reply. This will be revisited next month.

Happy Birthday, LifeRing! (Gathering Sunday, April 24th)

The official birthdate of LifeRing Secular Recovery is on Sunday, April 24th. Lorraine and Sue reminded everyone that there will be an open gathering for anyone to drop in from 2:00-7:00 pm PDT. There will be games and a treasure hunt on the website with prizes. Paula created a new 25-year logo that has been applied to all the swag in CafePress.

BOD Meeting following Annual Congress v. Regular Cadence

Sue asked whether the board members want to follow the pattern of having the board meeting the day after the annual meeting. Historically, it has included less agenda items because members of the public are usually there. The public is always invited. Discussion of whether to have a regular board meeting on the second Sunday of June.

It was decided to continue with an abbreviated board meeting on June 5th followed by the next regular meeting in July.

Mary Beth made a motion to approve, Lorraine seconded it and all were in favor.

Annual Congress Election Guidelines

- [Delegates Assembly](#) – Includes Congress Agenda
- [Meeting of Meetings](#)
- [BOD Nominees](#)
- [Bylaw Changes](#)

Additional Information: [Timeline](#) & [Congress Menu](#)

All of these documents are available on the website. Sue shared original documents from Marty Nicolaus' initial congress.

Committees and Workgroups Report (detailed in "Committees Status Report")

All reports were updated. Specific Professional Outreach highlights were cited:

Mary Beth has had all podcasts posted on the website. She did a Sober Coffee event that came through the Service Center. Also a private Facebook group she found, Moms in Recovery, that cannot be posted because of confidentiality reasons.

CCAR's Multiple Pathways of Recovery is hosting a new event in Colorado Springs that Lorraine is preparing a workshop for in May.

The Speakers Bureau process will be for local events to go to the Regional Representatives first, then if not taken up through the Speakers Bureau. An email will go out to the convenors/members announcing that it exists. Mary Beth will offer a training in July in advance of Recovery Month in September.

Casey has a new speaking engagement.

Adjournment of Board Meeting

The main agenda was completed at 9:50 am PDT. Lisa made a motion to adjourn and Sue seconded the motion. All were in favor with no opposition to adjourn.

The Public Forum

There were several LifeRing visitors who discussed various topics and asked a few questions. Chris made a motion to end the public forum and Steve approved it.

Steve made a motion to reopen the Board Meeting for a closed discussion about certain meeting verification processes. Lisa seconded it and all approved.

When the discussion ceased, Lorraine made a motion to adjourn and Sue seconded the motion. All were in favor at 11:00 am PDT.

Submitted by Lorraine Hull
LifeRing Board Secretary
May 4, 2022