Board Of Directors Minutes

Sunday, July 12, 2026

Call to Order and Identification of Public Attendees

Chair Sue Betts called the meeting to order at 09:00 AM Pacific Standard Time.

Board Members	Present	Absent
Sue Betts	x	
Bobbi Campbell	x	
Monica Foy	x	
Jonathan Magid	x	
Michael Anderson	x	
Lisa Swing-Corney	x	
Ivona Szudelski	x	
Travis Boozer	x	
Anna Bedolla	x	

Non-Board Members Present:

- Lorraine Hull, Director of Development
- Robert Stump, Operations Manager
- Laura M.
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Election Results and Board Appointments

Newly elected Board members include Anna Bedolla, Travis Boozer and Jonathan Magid, all three of whom had been previously appointed to fill a Board member position. All three new Board members will serve a three year term and are welcomed to the Board.

Sue expresses appreciation to all Board members who continue to serve and acknowledgement of the exceptional work the Board has accomplished in 2025/2026.

Approval of Consent Agenda

May and June 2026 Minutes

May and June Minutes unavailable; will be reviewed and approved at the next meeting.

May & June 2026 minutes tabled until the next BOD meeting.

May and June 2026 Financial Reports

Approval of both May and June Financial reports had been tabled until today's meeting.

May 2026 Financial Report

Motion to approve the May 2026 Financial Report as presented.
Motion made by Jonathan.
Motion seconded by Monica.

VOTE: Sue confirmed a unanimous vote to approve the May 2026 Financial Report as presented.

June 2026 Financial Report

Motion to approve the June 2026 Financial Report as presented.
Motion made by Monica.
Motion seconded by Michael.

VOTE: Sue confirmed a unanimous vote to approve the June Financial Report as Presented.

LifeRing Investment Policy

LifeRing's new Investment Policy was approved at the June 2026 Board meeting.

Monica reports: application has been submitted to open a Schwab brokerage account; Sue and Monica will be the official signatories, and Monica will ensure that the signatories stay current on the account despite any future personnel changes. Eventually, LifeRing checking and savings accounts will be linked to the brokerage account, a FDIC-insured money market fund making @ 3.38% rate.

Potential Conflict of Interest that may require disclosure: Monica states there is no current conflict of interest. Although she is a licensed investment advisory representative she works for a national investment firm. LifeRing is not a client of the firm and Monica is not compensated by LifeRing for any financial advice offered.; nor does she work for Schwab or receive any compensation from the issuing bank.

New Business

Board Confirmations

The three newly elected Board members - Anna Bedolla, Travis Boozer and Jonathan Magid - confirmed having read and agreed to the Letter of Commitment.

Annual Officer Appointments

Treasurer: Sue nominated Monica Foy for Board Treasurer and confirmed unanimous approval of Monica Foy as Treasurer.

Secretary: Sue nominated Ewa Conroy for Board Secretary and confirmed unanimous approval of Ewa Conroy as Secretary.

Bylaw Changes

Lisa presents a summary of the bylaw changes approved during the 2026 Annual Conference: changes were made in order to provide more specific guidelines for delegates, meetings, qualifications for delegates and convenors.

Key Points:

- Removal of word “public” from meetings allowing delegates so all meetings are allowed delegates, whether public or private.
- Clarification of the necessity for an active charter for meetings
- Addition of a sobriety requirement for delegates
- Addition of deadlines for submitting nominations for Board nominees.

New Meeting Proposal: MAT/MAR

A LifeRing member has proposed a new meeting focused on MAT(Medication Assisted Treatment) and more specifically, Antabuse, for AUD. Extensive discussion followed with an exploration of pros and cons.

Summary of LifeRing’s position:

The Board has extensively reviewed and considered the addition of a new meeting with an Antabuse-specific focus (possibly merging it with a MAT/MAR meeting).

At this time, the Board has concluded that it is not ready to make a commitment given the many variables involved, including the need for a professional to convene the meeting due to liability issues, and would run counter to LifeRing’s mission and policies as a peer organization.

Unanimous agreement by the Board to decline the proposal at this time.

Ongoing Business

Committee & Policy Updates

Grievance Committee

The Grievance Committee has been active since August 2025 with Monica being deeply involved in the process of inception and development. She will now leave this position in order to focus on her work as Board member, Treasurer, and Finance Committee Chair. The Board recognized the complexity of the work and expressed appreciation for her service.

Ivona has also been an integral part of the Grievance Committee; Anna has now joined and will be taking over meetingsupport@lifering.org – a support role focused on responding to meeting participants' feedback submitted through the Pathminder feedback form, Two members of the LifeRing Community, Diane and Jad, are now active in the committee, but were unable to attend today's Board meeting.

Bobbi continues as Chair of the Grievance Committee and reports that the Charter continues in development and will be available at the next BOD meeting for approval.

Emergency Meeting Policy

Travis presents a draft of the revised Emergency Meeting Policy, a streamlined version which will empower the Executive Committee to act on emergencies and then have the action(s) ratified at the next scheduled BOD meeting.

Motion to approve the Emergency Meeting Policy as presented.
Motion made by Monica.
Motion seconded by Bobbi.

> **VOTE:** Sue confirmed unanimous approval of the Emergency Meeting Policy as presented.

Team Reports

Treasurer / Financial Overview

Monica presented a year-to-date financial overview.
Key Points:
Slight decline in assets year-to-date with overall revenue lower than in 2025.   No immediate concern was expressed, pending further analysis.
Feb, March, April & May operated at a net loss (typical seasonal trend)
June showed positive net income ~ $1,212.
    June income   - $5,670
    June expenses - $4157- positive net income
January remains strongest revenue month

June revenue sources - $2,696 in donations and strong book sales.
Much of book sale revenue reflects Amazon payments from bulk orders placed in April.
June expenses: largest category was wages, then program expenses and administrative expenses, with a smaller amount attributed to payroll taxes and fees.

The Treasurer concluded the report and invited questions from the Board.

Development Report

Presented by Lorraine Hull, Director of Development
Highlights:
Donations in June 2026 showed a 17% increase compared to June 2025.
Lorraine reports that she and Jonathan met with Katie Georgitis and her sister Libby, (Comeau Family Foundation) who have donated $20,000 to LifeRing annually, in an effort to inform them of how their donation has been utilized. In addition, future funding needs for development of LifeRing infrastructure were also discussed.
LifeRing has been invited to give a 10-15 minute presentation at their next Board meeting in February 2027 at which time they determine which organizations they are going to fund in the following year.

CommunityTeam Efforts

Sue reports that the Department of Health and Human Services had requested information re: substance research policy and strategies to improve the "prevention, treatment and recovery from the chronic disease of addiction".
Community Teams came together to draft LifeRing's response to their query and Sue has submitted it to HHS. Sue thanks all involved for their team effort.

Tech Team

Taresa presents information re: the resumption of the Tech Team (Taresa, Sue, Robert, Daniel E.) which has already met once in an effort to prioritize projects:
First priority is to update LifeRing's meetings on the secular lists and worldwide secular meeting lists; this is already in process.
Second priority is to make changes to the website design and create a map of all current in-person meetings.
Tech Help Sundays will continue going forward as will the Empower Your Cyber Self workshops.

Outreach and Community Engagement

Michael reports that he attended the Transplant Games of America which was a gathering of the transplant community; including recipients, living donors, donor families. It was both a chance to express appreciation for their contributions as well as an opportunity to raise awareness about LifeRing and The Liver Spot.

In addition, working with Anna and Michael M. (NJ convenor) on an “In-Person Initiative”, where the team plans to blanket a designated area of recovery facilities where LifeRing does not have much of a presence.

2026 Annual Conference and Congress

Sue reports that the Conference and Congress were a success; she is composing a newsletter summarizing the conference and expresses great appreciation for all who attended.

Upcoming Events

LifeRing Town Hall is scheduled for Thursday, July 30th, 2026 at 5 p.m. PST.

Adjournment of Open Board of Directors Meeting

Monica moved to adjourn the July 12, 2026 open meeting of the Board of Directors. Travis seconded the motion.

VOTE:: Approved unanimously.

Public Forum (Highlights)

Byron K. raises concerns regarding a “closed” LifeRing meeting at the Palo Alto VA Hospital that has never been listed on the LifeRing website. Michael thanked Byron and explained he would bring Byron’s concerns to the Outreach Committee meeting; commenting on how the facility aligns very closely with what LifeRing is committed to in terms of community and support.

Laura expresses appreciation for work the Board has been doing.

Public Forum concluded with thanks to all participants**.**

Executive Session:

- **BOD Chair:** Ongoing
- **LifeRing Executive Director:** Sue Betts appointed by the BOD
- **Election of Grievance Committee Representative:** Anna B., Bobbi C., Ivona S., Diane B., and Jad G. appointed by the BOD
- **New Focus Meeting Proposal:** Declined

- **Update from Grievance Committee:** Ongoing
- **Trademark Infringement:** Ongoing

<u>Report of Actions Taken Outside of Regular Session</u>:

- **Finalization of LifeRing Investment Policy:** Resolved, that on June 7, 2026 the LifeRing Investment Policy was unanimously adopted subject to minor revisions, and approved as final by LifeRing's Finance Committee, Chaired by Monica Foy, Board Director and Treasurer on July 30, 2026.

- **Issuance of Interim Suspension of Participation:** Resolved, that on August 3, 2026, the Board, by unanimous written consent, authorized the issuance of interim suspension of all LifeRing participation to a LifeRing meeting convenor.