



LifeRing BOD and Convenor Email Groups Terms of Use (TOU)

LifeRing's online venues offer opportunities to join a worldwide recovery community and to participate in a variety of online recovery groups.

Each of LifeRing's online venues is moderated by LifeRing volunteers and has a unique set of management standards and terms of use. This offers you and other members of the LifeRing community the flexibility to choose the venue(s) that best meet your needs at any point in time.

LifeRing's Board of Directors ("Board") takes great interest in maintaining a safe and supportive environment in all LifeRing venues. The very nature of online venues, and the attributes that make them attractive to many participants, also make these venues somewhat challenging to manage.

The Board wishes to take this opportunity to remind you of your responsibilities as a participant in any of LifeRing's online venues.

As a participant, you share in the commitment to keep LifeRing venues a safe and supportive environment. The Board encourages you to think before you speak or type. We also encourage you to be passionate about your recovery and your sober life, but in ways that perhaps err toward understatement in expressing yourself. We also encourage you to quickly apologize to an individual or group, and to take steps to remove/edit written posts, should you find you have "put your foot in it."

Behavior that cannot be tolerated, however, includes personal attacks; the use of belligerent or demeaning language; carrying arguments or personal concerns from one LifeRing venue to another; and a pattern of insensitivity to the abstinence issues of others and casual comments about the use of any addictive substance that may be the focus of another's recovery efforts. See also the [LifeRing Nondiscrimination Policy](#).

As the group responsible for stewarding the overall interests and mission of LifeRing, Inc., the Board, through Article 5.4 of the Bylaws empowers the Board Chair and Executive Director (working in



consultation) to intervene and take whatever prudent measures as are necessary to ensure that LifeRing's online venues remain safe for all participants and reflect the sober, secular, and self-empowered mission of LifeRing, Inc.

If you, as a participant, have a concern about your experience in any LifeRing meeting venue, please bring it to the immediate attention of the meeting convenor, venue moderator, a member of the Board, or the Executive Director.

On behalf of the Board of Directors, we thank you for your help in making our recovery community a place where diverse, sober voices may converse with courtesy, openness, honesty, and respect.

approved 11-2022