

**LifeRing Secular Recovery statement on
COVID-19: Updated August
13, 2021**

Since stay at home or shelter in place orders are modified or lifted, LifeRing is updating the previous in-person meeting guidelines. As always, the goal is to protect the health and safety of our members.

The revised guidance is:

Follow all applicable governmental requirements. This may include wearing a face mask, spacing of at least six feet between meeting participants, or limits on number of attendees.

Review and follow the requirements of the facility in which you attend your meeting.

Consider the CDC (Center for Disease Control) or WHO (World Health Organization) guidelines for minimizing the spread of the coronavirus.

Finally, assess your own comfort level as a group member as this is critical to restarting face-to-face LifeRing meetings.

Alternatively, you may continue attending online meetings. Our Online Meeting offerings have continued to grow over the last few months. Here is the link to the current meeting schedule <https://www.lifering.org/online-meeting-schedule>. Most meetings are on the Zoom platform where members may participate via video or phone. There are also text meeting options and oneIn the Rooms meeting.

LifeRing Secular Recovery makes its reasonable best efforts to remain in compliance with all relevant laws, orders, regulations, and guidance related to COVID-19 health and safety restrictions and business closures.

Links to check out:

- Daily CDC Updates: <https://www.cdc.gov/coronavirus/2019-ncov/index.html>
- CDC Guidance: <https://www.cdc.gov/coronavirus/2019-ncov/communication/guidance.html>
- OSHA Guidance: <https://www.osha.gov/coronavirus/safework>
- WHO: <https://www.who.int/emergencies/diseases/novel-coronavirus-2019/advice-for-public>

Sincerely,

The Board of Directors of LifeRing Secular Recovery